

# Bullying Prevention & Internet Safety



Sallie Jones Elementary

# Bullying Prevention Theme



Lighting

THE WAY WITH

Leadership



# SCHOOL WIDE EXPECTATIONS

## R.O.A.R. Expectations



**R**esponsible

We follow school expectations and put forth effort to meet goals.

**O**ptimistic

We face each day with positivity and confidence to tackle challenges.

**A**ttentive

We are attentive by having the right tools and right mindset.

**R**espectful

We show kindness by listening and responding with our eyes, ears and heart.





# HOW DO WE TEACH RESILENCY?

Beginnning this year, the online, **Navigate Suite 360 program** is used to meet the standards.

It has over 100 lessons that are age- and grade-level appropriate, for K-5, that teaches core values such as character, responsibility, success skills, trustworthiness, respect and citizenship.

Lessons are available to be completed in the classroom, in small groups, or individually.



Suite360/Evolution

# Definition of Bullying/Harassment

- Bullying/Harassment means physically, verbally or emotionally hurting someone on purpose. It is unwanted and repeated.



# BE A BUDDY, NOT A BULLY!



● BULLY

● VICTIM

● BYSTANDER OR  
UPSTANDER



# WHO ARE BULLIES?

Anyone can be a bully, including a stranger, a friend, a brother or sister, a young adult.

Some examples of bullying include:

- Calling names
- Teasing
- Pushing or shoving
- Hitting, kicking or attacking
- Spreading rumors or gossip
- Ignoring someone to make him or her feel left out
- Forcing others to hand over possessions or money
- Attacking others because of their beliefs, religion or race



# Bullies are people with real problems, such as:

- ⦿ Feelings of not fitting in
- ⦿ Problems at home, including divorce and abuse
- ⦿ Being bullied by parents, older siblings or others
- ⦿ Fear of being picked on
- ⦿ Wanting to seem tough and invincible
- ⦿ Feelings of anger, pain and low self-worth

# Characteristics of Bullying

## RIP

Repeated  
Imbalance of Power  
Purposeful

# What Is Normal Conflict?

- ◉ Can we disagree with our friends?
- ◉ When does normal conflict become bullying?



# Topics People Tease About:

- ◎ Skin Color
- ◎ Religion
- ◎ Way They Live
- ◎ Family
- ◎ Walk, talk, dress
- ◎ Where you live
- ◎ Grades
- ◎ Choice of Friends



# What should students do if they are bullied?

- ◎ Say something to an adult
- ◎ Ask for help
- ◎ Find a friend
- ◎ Exit the area



# HOW TO BE A FRIEND



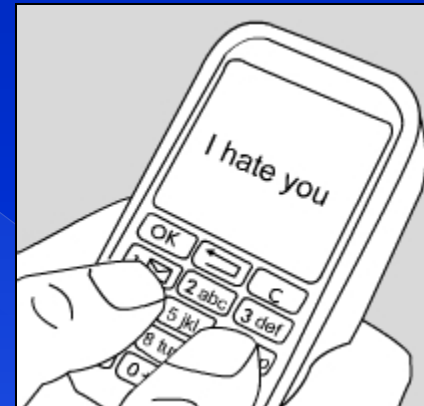
- Refuse to join in
- Never fight the bully
- Get others to help you speak out against the bullying
- Report all bullying to administration

# Ways For Students To Report

- **Verbal Reports to Any Adult**
- **Written Reports to Adults**
- **Anonymous Reports: Use our online school website- the “Bully Button”**



# Cyberbullying





# What is Cyber Bullying?

- ⦿ Harassments, Insults, Threats, Name-Calling, etc.
- ⦿ Provoking Fights (flaming)
- ⦿ Gossiping, Spreading Rumors, etc.
- ⦿ Pretending to be Someone Else

# Tools Used for Cyber Bullying:

- Cell Phones; Text Messages; Cell Phone Photos
- Instant Message; Email
- Online Games
- Chat Rooms; Blogs
- Profile Pages- including creating a false profile pretending to be someone else
- Sony PlayStation & Xbox Live



# Internet Safety Strategies

- ⦿ Know who you are talking with
- ⦿ Don't give out your passwords
- ⦿ Think about what you say on the internet
- ⦿ Do not send or receive pictures without permission from your parent/guardian

# Internet Safety Reminder

- Remember once you put something out on the internet, it is there forever.



# SJE Mission Statement



Sallie Jones Tigers will be innovative leaders, striving for excellence through high expectations and a **commitment** to success!

# Say NO to Bullying!





Lighting

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Leadership

