

Wellness Advisory Committee

The district has a wellness committee that meets four times a year.

The purpose of this committee is to establish and define goals to promote student wellness. We encourage all to participate in developing a healthy environment for students. For more information please visit <https://www.cuhsd.net/ParentsStudents/Wellness-Advisory-Committee/index.html>

Contact Info

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**WELCOME TO
CUHSD
Nutrition Services
Department**

**This institution is an Equal
Opportunity Provider**

Some items we offer:

Whats Happening

Items for purchase:

Breakfast:

- Yogurt Parfaits
- Cinnamon Rolls
- Muffins
- Breakfast Burritos
- Cereal
- Breakfast Sandwiches

Lunch:

- Carne Asada Fries
- Buffalo Popcorn Chicken
- Pulled Pork Burger
- Variety of Burgers & Pizzas
- Fresh Made Salads

- Breakfast and Lunch are free to all enrolled students
- Coming soon: Meal vending machines on campus
- Please make sure to scan your finger with the Nutrition Department. This is used to get your meals

- Cookies
- Ice Cream Bars
- G2 Gatorade
- Baked Chips
- Rice Krispie Treats
- Fruit Roll Ups
- Brownies

SHS:

- Frozen Yogurt
- Central:
 - Slushies

You must have cash or money on your cafeteria account to purchase these items