

Greetings all,

### **#CUHSDalwayslearning**

The first quarter of the year has passed and we are well into Q2. Fall sports are wrapping up and the winter season is just around the corner. This month I have been able to visit another 41 classrooms and talk with 72 students. I have heard it over and over from them that having the **Learning Targets and Success Criterion (LT/SC)** posted is helpful for them. The younger students liked it and it gave them direction. One student said, "I am never lost." The older students were almost annoyed by it, but really appreciated having the LT/SC items in their notes. They stated they used those LT/SC items to study more closely and that really helped them on tests. Please continue this practice as it is very helpful for students to learn the standards and know what success looks like. Well done to all of you who use this strategy regularly.

### **Noteworthy:**

- District wide, we had 2,472 (59%) students in September and 2,342 (56%) students in October with "Perfect Daily Attendance" AMAZING! Attendance Matters! Being here makes a difference. Next month, we will add staff to this data point.
- First Monday Coffee with the Superintendent will be Monday, Nov 4<sup>th</sup> from 7:30-9:00 at Starbucks on 4<sup>th</sup> and Wake.
- Thank you all who participated in the FREE Flu Shots provided by our Insurance Provider, SISC. A total of 147 shots were given to staff (about 36% of our staff.) We also had 12 who participated at Southwest High School from the donation of Dr. Kapoor. Dr. Kapoor donated 150 flu shots to the HOSA program which some of SHS employees were able to partake.
- Vaping is an ongoing issue for our students. Please be vigilant as we help our student make wise choices. Here are a few resources for you: [Today Show](#) story as teachers and parents try and identify vaping devices. California Public Health [video](#) and resources for students
- Southwest HOSA Chapter organized an assembly on Anti-vaping: <https://www.kyma.com/news/southwest-high-school-students-say-no-to-vaping/1130670860> There is more to come on this topic as the CUHSD is leading an effort to inform parents and families on the danger of Vaping. Out soon will be efforts at the schools to engage students directly about the dangers of vaping.
- The Pawsativity Club brings community awareness about our local orphaned pets. They work primarily with the Humane Society of Imperial County and collaborate with Helen Woodward Animal Center. Nearly 400 students signed up during rush club week to help.
- Our student athletes are remarkable. Too many scores, games, matches and details retell. Thanks to the coaches, ADs and teachers that support our Student Athletes. SHS Volleyball and Golf moved into the playoffs. CUHS Football is also headed to the playoffs.
- Two Blood Drives! Both schools hosted blood drives this month and were supported by students in leadership positions, then students gave blood too, along with many of you. Thank you! You have saved lives.

- The SHS library is coming to a completion. We are ordering new furniture in two phases, one now and one next year. New technologies will be installed soon for the Innovation Room and the larger meeting rooms. The Innovation Room is a space where teachers can help students explore problems and develop solutions.
- CUHS STEM building is progressing. The final concrete slab has been poured and more steel structures will be placed in November.

**For your consideration:**

As we head into the holidays, take care of yourself. Our jobs are demanding and expectations are high. Learn to pace yourself and plan ahead. Often a project seems overwhelming given the work we currently have. If you can plan it forward and implement it over time you can manage the change. The Holidays include time off from work. Recreation is really re-creation or renewing yourself. In the attached article, it references the seasons of a professional athlete. Now, I would love to only have to work a few months out of the year, but professional athletes work on their skills and fitness year-round. In the “off season” though they still train, they also take a break and recover. In essence, that is what we do on our vacation days and weekends. Find your balance so you can be your best for your family, your employer and for yourself.