Weekly Screen Time Log
Year _____
Week of_____

Child's Name	Date	Minutes	Developmental Domain from NC FELD	Technology Type Used	Other Comments

Note: Each child 3 years of age and older can be allowed up to a maximum of 30 minutes of screen time per day and no more than two and a half hours a week. (Rules .0510(d)(2)(B); .1718(b))

Developmental Domains- (**APL**- Approaches to Play and Learning; **ESD**- Emotional and Social Development; **HPD**- Health and Physical Development; **LDC**- Language Development and Communication; **CD**- Cognitive Development).

Technology Type - C=Computer; ST=Smart Table; SB=Smart Board; TV=Television; M=Movie; T=Tablet; O=Other

Teacher:_____ **Date:**_____