Pay attention to your preschooler's good behavior

Children want the attention of their parents and other adults they love. They will behave in the ways that gain them the most attention.

So when your child is behaving the way you want him/her to, be sure to give him/her lots of attention.

Here are some ways to do this:

- Notice his/her efforts.
 "You already have your coat on. How helpful!"
- Reward good behavior
 by spending extra time.
 "You were quiet while
 Mommy talked on the telephone. Now that I'm free,
 let's read your favorite
 book."

- Put his/her actions into words. "You shared your truck with Eric. I bet that made him feel great."
- Thank him/her for picking up his/her toys.

Source: Elizabeth Crary, Love & Limits Guidance Tools for Creative Parenting, (Parenting Press, Inc., PO box 75267, Seattle, WA 98125, 1-800-992-6657), ISBN: 1-884734-04-09, paperback, 47 pp., \$6.95