

# Help your child get into the homework habit

If your child hasn't kept regular homework routines in the past, now's the time to start. Here's how:

- **Find a place** for your child to do homework. Have him/her book bag there and work there every day. That's one way to tell him/her brain, "OK, now it's time to get down to work."
- **Provide a tool kit.** A child who has to get up every five minutes to look for a pencil or a piece of paper can't properly focus on homework. Have him/her put together a box with homework supplies. Include pens, pencils, erasers, a ruler, and glue. Add other supplies as your child needs them. Have your child get it out when it's time to start homework and put everything away at the end of study time.
- **Set a regular homework time.** Kids thrive on routines. If your child does homework at the same time every day, he/she will probably argue

less. There's no best time. Some kids need to let off energy after school. Others want to get right to work. Find the time that works for you.

- **Set homework goals.** At the start of each study period, ask your child to make a list of what he/she needs to do. He/she can check them off as each one is finished.

Source: "Putting Homework in its place" and "Getting kids to do their own homework," DiscoverySchool.com, [http://school.discovery.com/parents/teacherlink/articles/homework2\\_1.html](http://school.discovery.com/parents/teacherlink/articles/homework2_1.html).