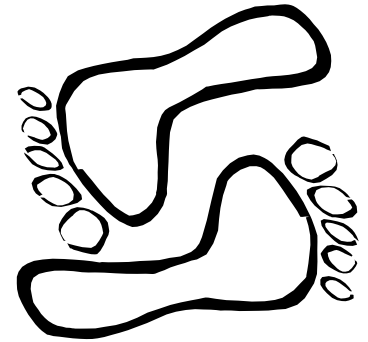
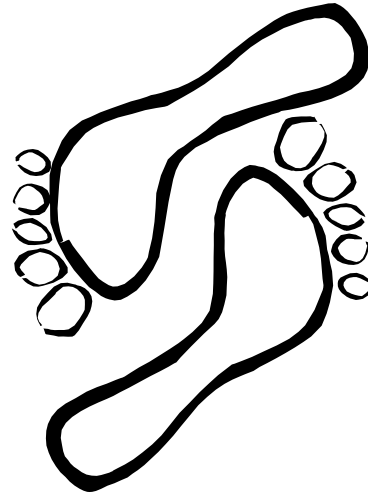
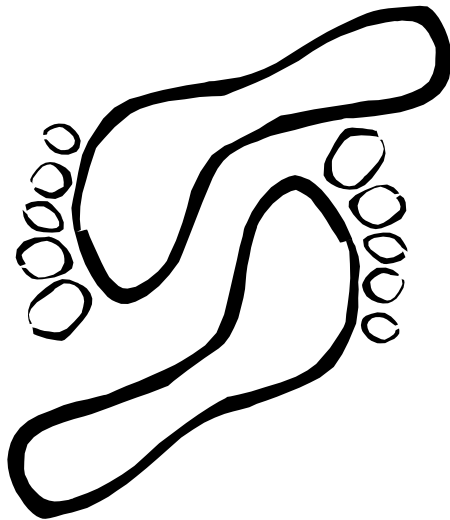
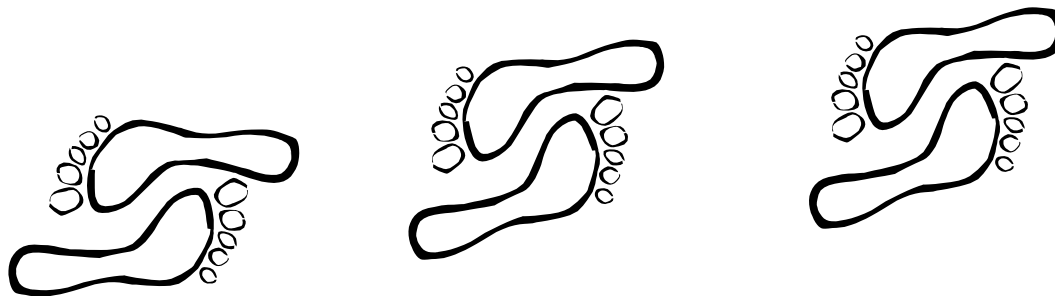


1.01 C The Pathway to Kitchen Safety



Seven Types of Kitchen Accidents

- Kitchen accidents lead to injuries that could be **prevented** by not taking shortcuts.
- Kitchen hazards are conditions that lead to accidental injuries.
- There are seven types of kitchen accidents.





Seven Types of Kitchen Accidents

1. Cuts
2. Burns and Fires
3. Falls
4. Electrical
5. Chemical Poisoning
6. Choking
7. Clothing / Hair

Cuts: Guidelines for Prevention

KNIVES:

- Keeps knives sharp. Sharp knives make clean, safe cuts. A person is less likely to cut themselves with a sharp knife.
- Wash knives separately.
- Never cut toward yourself.
- Never point a knife at someone.
- Store knives in proper holders.



Cuts: Guidelines for Prevention

cont.

SMALL APPLIANCES

- Never put fingers near blades of blenders or food processors. Unplug when not in use.

GLASS

- Dispose of broken glass properly with a broom. Blot up glass splinters with a wet towel.



First aid for Cuts



- Cover the wound and apply pressure until bleeding stops.
- Wash with soap and water, then apply antiseptic, and a sterile bandage.
- If cut is severe, continue to apply pressure and take the victim to the doctor or hospital.

Burns and Fires: Guidelines for Prevention

POTS, PANS, and LARGE APPLIANCES

- Use potholders to handle hot utensils.
- Open lids of pans and microwave containers away from you.
- Turn handles of pans away from the edge of the range to avoid tipping.
- Keep ranges and drip pans free from grease.
- Do not put out grease fires with water. Water will spread the fire.



Burns and fires: Guidelines for Prevention cont.

- Keep towels away from heat sources.
- Extinguish fires with a fire extinguisher or baking soda. Use water if the fire is not a grease fire and it is small fire.



First Aid for Burns and Fires

- If clothing catches fire, smother the flames.
 - **Stop, Drop, and Roll**
- Place burned area under cold running water.
Do not apply ointment.
- Do not break blisters.



Falls: Guidelines for Prevention

- Always use a stepstool or ladder to reach high places.
- Secure loose area rugs.
- Wipe up spills immediately.
- Spray pan over the sink rather than over the floor to prevent slick floors.



First Aid for Falls

- If someone has fallen, do not move the victim. Make the person comfortable and call for help.



Electrical Issues: Guidelines for Prevention



- Avoid working with water and electrical appliances at the same time.
- Unplug appliances by the plug not the cord.
- Replace frayed cords. If not possible, buy a new appliance.
- Do not use damaged appliances.
- Do not overload outlets.

First Aid for Electrical Injuries

- Do not touch someone who is experiencing an electrical shock.
- Remove the source of the shock with a nonconductive material, such as wood or plastic.



Chemical Poisoning: Guidelines for Prevention

CHEMICALS and MEDICINES

- Keep all hazardous products and medications out of the reach of children.
- Keep all chemicals in their original container clearly labeled.
- Keep all chemicals away from food.



First Aid for Chemical Poisoning

- Call Poison Control Center. Have the container of the poison with you so you can give the poison control center any information listed on the bottle to assist the operator in giving first aid information.



Choking: Guidelines for Prevention

- Chew food thoroughly before swallowing.
- Do not give children small round pieces of food such as hot dogs or carrots.
- Avoid talking or laughing when you have food in your mouth.



First Aid for Choking

- The abdominal thrust is a procedure used to save choking victims.
- The abdominal thrust can injure a choking victim. Make sure that the victim sees a doctor as soon as possible after the rescue.



Clothing and Hair Safety Issues...Guidelines for Prevention

- Do not wear jewelry.
- Keep hair restrained.
- Do not wear loose clothing.
- Wear closed-toed shoes.



First Aid for Other Safety Issues

- If jewelry gets caught in a small appliance try to remove it to prevent cutting the victim.
- Try to release hair if caught in appliance.
- Smother hair with a cloth if it catches fire.

