

# TELETHERAPY

## QUICK OVERVIEW

### WHAT IS TELETHERAPY?

Teletherapy is when speech services ( or other supports ) are provided using online video conferencing on a computer or tablet. The SLP supports the student through various activities, either digital or direction based, to target their goals. Teletherapy, for some children, can be just as effective as a traditional model.



#### HOW LONG?

Teletherapy sessions may vary in length depending on your child's age/ability. The average session is about 30 minutes. Minutes will add up to meet what is stated in their IEP or what has been agreed upon with your provider.



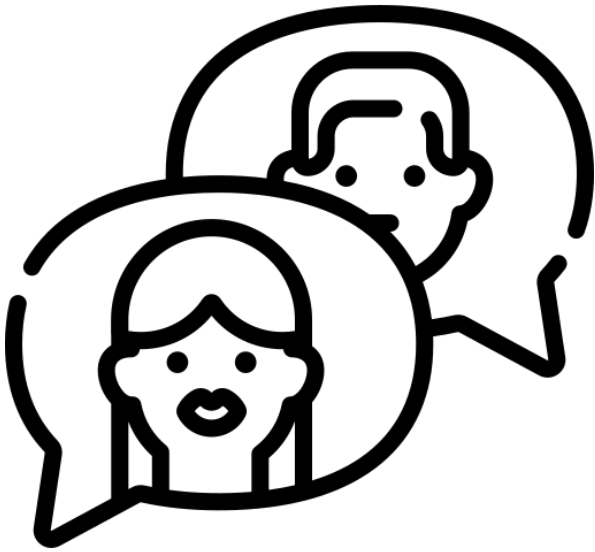
#### DO I NEED TO DO ANYTHING?

Depending on your child's age and needs, you may be required to stay with your child during their session to assist with any technical issues and/or help support them with tasks or behavior. Your support is vital to a successful teletherapy session.

## TIPS

- You may want to purchase or rent a pair of headphones for your child if possible.
- Make sure your device's microphone and webcam is turned on.
- Review participation expectations with your child.
- Try doing a 'practice' log in before your child's first session to familiarize yourself with the video conferencing layout.
- Make sure you have your SLP's contact info in case there are issues logging on or problems with the connection.





## SETTING UP FOR A SUCCESSFUL SESSION

Make sure your child has eaten and used the bathroom before he/she starts his/her session. Even though you are at home, wait until after the session to have snacks and drinks. Have the computer or tablet set up in a quiet part of your home and ask other family members to use quiet voices and low volume on electronics while the session is in progress.

- Make sure your computer or tablet is plugged into a power source during the session.

## WHAT IF I HAVE QUESTIONS ABOUT MY CHILD'S SESSION?

You are a critical part to your child's communication success. Questions are always welcome but please wait until after the session. Keep a notebook or your phone handy during the session and write down any questions that may come up. After the session, send your SLP an email with the questions. While they would love to answer them at the session, they most likely have other student's waiting for them to log on and need to be respectful of that time.