

# Summarizing

## Nonfiction

Read the passage below. Come up with an appropriate title for the passage. Then, use the information from the passage to complete the activities on the next page.

Title: \_\_\_\_\_

The last time you got a check up, your doctor probably asked you to stick out your tongue. Have you ever wondered why the doctor wanted to look at your tongue? It is because your tongue can tell a lot about your overall health.

Healthy tongues are supposed to be a nice pink color. If your tongue is not the right shade of pink, then doctors know that something is probably wrong – you might be sick.

For example, a bright red tongue could mean you have a sore throat or a fever. Or, a bright red tongue could mean you need more Vitamin B12.



People who have white spots or patches on their tongue might be dehydrated and need to drink more water, or they might have an infection. People who don't brush or floss their teeth enough, or people who smoke, might also get white patches on their tongue.

A tongue can also get swollen, become black and hairy, or get bumps and ridges on it. If you notice your tongue is changing color or texture, it is probably time to visit your doctor.

Dogs and cats are also supposed to have a pink tongue. If you notice your pet has a different colored tongue, this is a clue that it is time to take your dog to the vet. Veterinarians sometimes use the color of an animal's tongue to help them diagnose what is wrong with your pet.

Since your tongue is such an important clue about your overall health, be sure to take care of it! When you brush your teeth, make sure you also spend some time brushing your tongue. While you are at it, make sure your pet gets their teeth brushed as well.

# Summarizing

## Nonfiction

Read the passage below. Come up with an appropriate title for the passage. Then, use the information from the passage to complete the activities on the next page.

Title: \_\_\_\_\_

The last time you got a check up, your doctor probably asked you to stick out your tongue. Have you ever wondered why the doctor wanted to look at your tongue? It is because your tongue can tell a lot about your overall health.

Healthy tongues are supposed to be a nice pink color. If your tongue is not the right shade of pink, then doctors know that something is probably wrong – you might be sick.

For example, a bright red tongue could mean you have a sore throat or a fever. Or, a bright red tongue could mean you need more Vitamin B12.



People who have white spots or patches on their tongue might be dehydrated and need to drink more water, or they might have an infection. People who don't brush or floss their teeth enough, or people who smoke, might also get white patches on their tongue.

A tongue can also get swollen, become black and hairy, or get bumps and ridges on it. If you notice your tongue is changing color or texture, it is probably time to visit your doctor.

Dogs and cats are also supposed to have a pink tongue. If you notice your pet has a different colored tongue, this is a clue that it is time to take your dog to the vet. Veterinarians sometimes use the color of an animal's tongue to help them diagnose what is wrong with your pet.

Since your tongue is such an important clue about your overall health, be sure to take care of it! When you brush your teeth, make sure you also spend some time brushing your tongue. While you are at it, make sure your pet gets their teeth brushed as well.