



# Harvest Lab 101

Harvest

Weigh & Record

Prepare

Harvest Lab 101





# Harvest

1

Gather  
Materials



Harvest Lab 101







# Harvest

2

Pick Produce Properly



Harvest Lab 101







# Harvest

3

Rinse / Wash



Harvest Lab 101





# Harvest

There are many methods to harvesting the wide variety of produce in the ATA garden. Some produce requires gloves and/or tools while others can be harvested with your bare hands. Always keep the produce varieties separated in different containers as you harvest. This will help save time when you are ready to weigh & record each variety. It also prevents damage as some produce is more tender than others and we would not want to damage our produce. To learn more about harvesting the plants in your adopted bed click [HERE \(Plants 411\)](#) and [HERE \(Grade-Level List\)](#).

## Harvest Lab 101







# Weigh & Record

1

Separate Produce Varieties



Harvest Lab 101





# Weigh & Record

2

Prepare the Scale



lb = pounds

oz = ounces

tare

Harvest Lab 101







# Weigh & Record

3

Access Weigh-In Recording Sheet

OUR SCHOOL FACULTY/STAFF WEBSITES PROGRAMS PARENTS RESOURCES STAFF LINKS

### Garden Club

- > Welcome
- > Garden Club Registration
- > Green Thumbs Volunteers
- > ATA Adopt-A-Bed
- > Weigh-In Recording Sheet
- > Garden LABS
- > ATA Garden Guidebook
- > ATA Garden Lesson Archive
- > GRADE-LEVEL PLANTS LIST & BED MAPS
- > SEASONAL PLANTS LIST
- > PLANTS - 411
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**ATA Garden Weigh-In and Recording Sheet - 2016**  
[https://docs.google.com/spreadsheets/d/1-FXFBJlu27z5kVp41yw3Dt1\\_XCDXFBP8nGo7nGzpk/edit#usp=sharing](https://docs.google.com/spreadsheets/d/1-FXFBJlu27z5kVp41yw3Dt1_XCDXFBP8nGo7nGzpk/edit#usp=sharing)

**ATA Garden Weigh-In Recording Sheet - Summer 2017**  
[https://docs.google.com/a/apps.caharrus.k12.nc.us/spreadsheets/d/1-KTdlwhmKWfFaAk3r7U8t-R7a\\_Csn7wKAfTDOWrA1Dvedlt#usp=sharing](https://docs.google.com/a/apps.caharrus.k12.nc.us/spreadsheets/d/1-KTdlwhmKWfFaAk3r7U8t-R7a_Csn7wKAfTDOWrA1Dvedlt#usp=sharing)

Harvest Lab 101





# Weigh & Record



**Enter Data**  
(Weigh-Recording Sheet)

ATA Garden Weigh-In Recording Sheet - 2017

File Edit View Insert Format Data Tools Add-ons Help Last edit was on November 2, 2017

Date	Produce Name	Pounds	Ounces	GRAND TOTAL
7/3/16	cucumbers	6	13.5	
7/3/16	tomatoes		12.7	
7/3/16	butternut squash	1	6.8	
5/15/17	lettuce mix	1		

Date	Produce Name	Pounds	Ounces	GRAND TOTAL
		299.1	1293.5	379.94375

# Harvest Lab 101

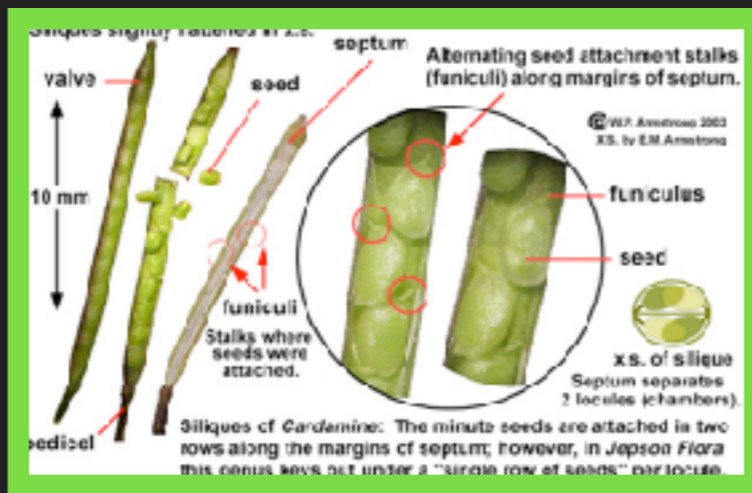






# Prepandre

Enjoy OR Distribute



Student Raffle  
OR  
School Office  
OR  
Local Food Bank



Class Tasting



Investigation

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