

How To Compliment Others

- Be honest and say something you really think is nice.
- Look them in the eye, so they see that you mean it.
- Remember that many people are not used to getting compliments and they might think you are kidding or teasing them. So, don't kid around. Be sincere.
- Give easy compliments. Say that you like their hair, clothes, shoes, new pencil, jewelry, attitude, finger nails, smile, eyes, style, grades, or book bag.
- Practice saying the compliment you want to say to yourself before you say it to someone. Breathe.
- Give a special compliment to someone. Say something that might make their day, like *"You are my best friend. You did a great job on your project or test. You are really funny—you always make me laugh."*
- Remember that they might feel embarrassed, especially if they are not used to receiving compliments. Be patient, it might take them a while. Don't give up on them. Feel proud of yourself for being nice to them.
- When someone compliments you, remember to:
 - 1) Listen to them
 - 2) Breathe
 - 3) Say "Thank you"



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