Milk

Chocolate: 120/20 Strawberry: 110/19 1% White: 110/19 Skim: 90/13 Lactose Free: 90/13 Soy: 150/21

Condiments:

Ketchup: 10/2
Mayonnaise: 30/1
Mustard: 5/0
BBQ Packet: 20/5
Texas Pete: 1.7/0
Taco Sauce: 0/1
Sour Cream: 60/1
Salsa (2 TBSP): 15/3
Buttermilk Ranch (1oz cup): 210/3
Honey Mustard (1oz cup): 40/

Margarine: 60/0

Homemade Ranch (1oz): 137/2

KCAL/C	HO HS QUIC	K BITES &	PIZZA	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>PIZZA</u>	<u>PIZZA</u>	<u>PIZZA</u>	<u>PIZZA</u>	<u>PIZZA</u>
6" Pepperoni Pizza 338/29	Big Daddy's Pepperoni Pizza 360/33	Fiestada Pizza 360/43	6" Cheese Pizza 344/29	Buffalo Chicken Pizza 318/25
Big Daddy's Cheese Pizza 360/35	Big Daddy's Cheese Pizza 360/35	Cheesy Garlic French Bread 340/29 w/Marinara 40/7	Big Daddy's Pepperoni Pizza 360/33	Big Daddy's Cheese Pizza 360/35
QUICK BITES	QUICK BITES	QUICK BITES	QUICK BITES	QUICK BITES
Beacon Street Café Stuffed Sticks 290/28 w/Marinara 40/7	Premium Chicken Fillet Sandwich Regular or Spicy (301/36) (301/41)	Premium Chicken Bites 191/13 w/ Breadstick 100/15	Double Cheeseburger 461/39	Honey Sriracha Glazed Boneless Chicken Wings 285/21 w/ Breadstick 100/15

VEGGIES

Potato Wedges 133/19 Fresh Broccoli Cup 9/2 w/Ranch 137/2 **VEGGIES**

Tater Tots 110/17 Black Beans 108/20 **VEGGIES**

Potato Wedges 133/19 Baby Carrots 30/7 w/Ranch 137/2 **VEGGIES**

Curly Fries 265/44 Lettuce Tomato/Pickle 7/1 **VEGGIES**

Potato Wedges 133/19 Fresh Veggie Cup 18/4 w/Ranch 137/2

Cabarrus County Schools

TO PUBLIC INSTRUCTION

FRUIT

Same as Main Line
Please see mainline
menu for fruit
KCAL/CHO counts

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