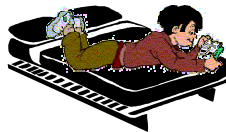
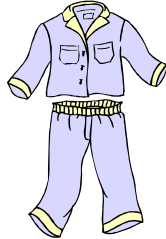
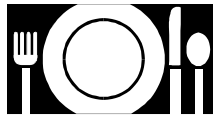


Bedtime Routine:

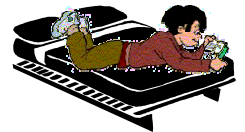
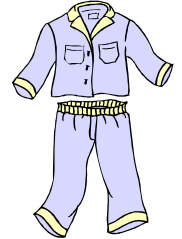
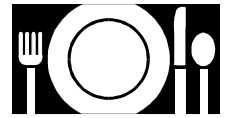
- Help set the table.
- Eat all of my dinner.
- Help clear the table (or other chores).
- Use the bathroom.
- Brush my teeth.
- Floss my teeth.
- Put on my pajamas.
- Put my dirty clothes away.
- Say my prayers.
- Write in my journal or diary.
- Go to bed by _____.
- Read
- Draw
- Lights out at _____.



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Bedtime Routine:

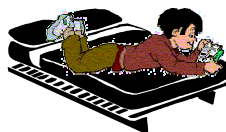
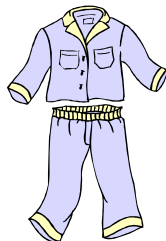
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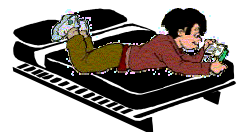
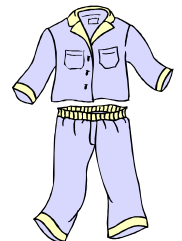
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