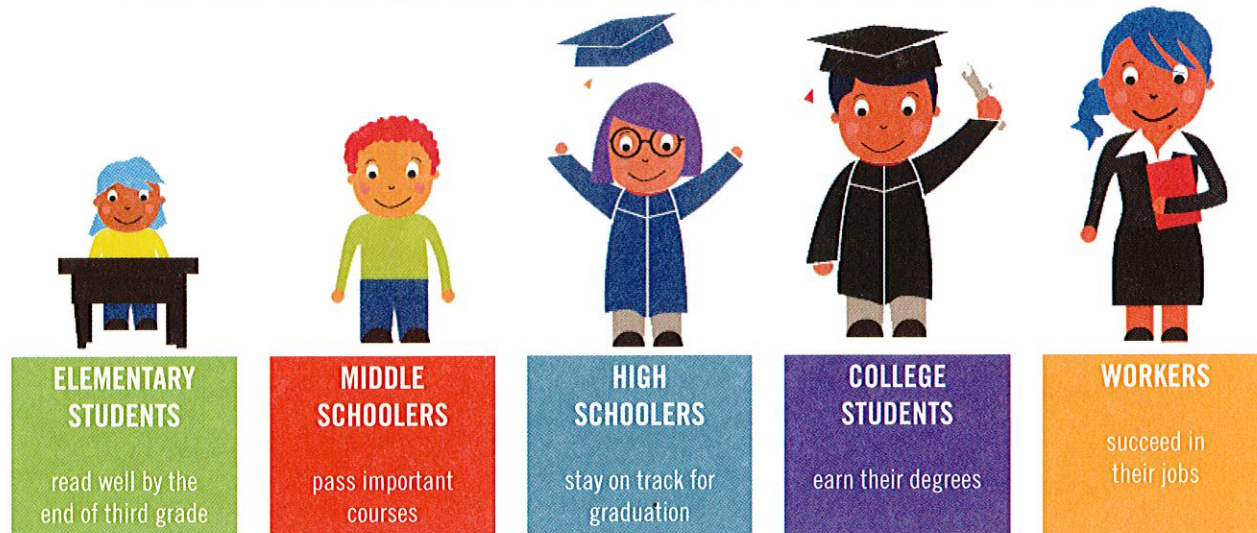


ATTEND TODAY, ACHIEVE TOMORROW

GOOD SCHOOL ATTENDANCE MEANS...



Too many absences — excused or unexcused — can keep students from succeeding in school and in life. How many are too many? 10% of the school year — that's 18 missed days or 2 days a month — can knock students off track.

Start building this habit early so students learn right away that going to school on-time everyday is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to teachers and classmates before school starts to help transitions.
- Don't let your child stay home unless truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make him or her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



CHRONIC ABSENCE
18 or more days

WARNING SIGNS
10 to 17 days

GOOD ATTENDANCE
9 or fewer absences



For more on school readiness, visit uwcentralcarolinas.org/attendance-works and attendanceworks.org