

RHYTHM KEY 4

Disc 1
Track 5

1 2 3 1 2 3 1 2 3 1 2 3

EXERCISE 4

3/4

RHYTHM KEY 5

Disc 1
Track 6

1 2 3 4 & 1 2 3 & 4 1 2 & 3 4 1 & 2 3 4

EXERCISE 5

4/4

RHYTHM KEY 6



Disc 1
Track 7

1 2 3 & 4 & 1 2 & 3 & 4 1 & 2 & 3 4 1 & 2 3 4 &

EXERCISE 6

RHYTHM KEY 7



Disc 1
Track 8

1 2 & 3 & 4 & 1 & 2 & 3 & 4 1 & 2 & 3 4 & 1 & 2 3 & 4 &

EXERCISE 7