

## Irving Elementary School

# Learning at Home

### Tips for Families

- **Keep emotional health as a top priority.** Make your relationship and connecting with your child your top priority. Model positivity and kindness.
- **You do not need to be an expert on every subject.** Learning at home is different. Be patient, kind, flexible, and ask questions from your child's teacher.
- **Create a consistent learning at home routine free of distractions.** Routines make children feel safe and are especially important in stressful times. Set a routine that works for your family. Your child's focus is influenced by noise, hunger, conversation, interest in activities.
- **Look for learning moments that are unique to the home environment.** This can include cooking, games, learning something new. Think about math, literacy, and science skills involved in day to day tasks and involve your child.
- **Provide encouragement and support.** If your child is feeling overwhelmed or confused reassure them that learning takes time and mistakes are okay.
- **Have your child teach you and encourage independence while in teacher zoom.** Give your child opportunities to teach you about what they are learning. Allow your child to build independence and responsibility for their learning.
- **Stay connected with your child's teacher and learning platforms.** Check Seesaw and Google Classroom Daily. Ask questions we are here to support you and your child while learning from home. Sign up for the Seesaw Parent App to view your child's work.

**Need Technology Help? Call 541-607-1450**

**Or call the Irving Office at 541-688-2620 We are here to help!**