



Parent Guide

K-5th Grade



Burton School District

College and World Ready



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DOWNLOAD THE PARENT SQUARE APP

Get connected and stay connected with the ParentSquare app. Stay up to date on the latest news and events at your child's school site.

- Visit the **iTunes app store** or **Google Play** and look for **"ParentSquare."**



2023-2024

Parent/Guardian Annual Notification-English

- **Scan here to access the complete annual notification**
- **These forms are also available at your school site**

SCA Mathew



Welcome to Summit Charter Academy - Mathew

It is our pleasure to welcome everyone back to Summit Charter Academy Mathew for another great year! To all the new families joining us for the 2022-23 school year, we know that you will find staff that are eager to make every child feel welcomed, connected, and a part of the SCA-Mathew family.

We have a community of teachers, parents, and students that care for each other and strive to build positive relationships that support academic and social growth. Should you ever have any compliments, questions or concerns, please feel free to contact us.

We're Here to Help



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More About Us

- We are a 90/10 Dual-Immersion Program
- We have early dismissal on Wednesdays at 1pm.
- Our mascot is a bear cub named Mateo
- Our school colors are Forest Green and Gold
- Spirit day is every Friday, you can purchase spirit shirts in the school office.
- We have an on campus Wellness Council that meets twice a year.

Connect With Us



www.summitcharter.org



[@scamathew](https://twitter.com/scamathew)



(559) 782-5902



Summit Charter Academy Mathew



District Vision and Mission

Vision

We will be state leaders in building relationships and providing an innovative education to meet our Mission for all students.

Mission

Empowering the whole student to be confident and successful in college and the world.

Strategic Plan

The District Strategic Plan to reach our vision and mission consists of 4 Pillars and 11 action plans.



PILLAR 1: STUDENT SUCCESS

All students will learn in a safe and engaging environment and graduate college and career ready



PILLAR 2: EMPLOYEE ENGAGEMENT

All employees of the Burton School District will be engaged and valued



PILLAR 3: FAMILY & COMMUNITY PARTNERSHIPS

All school families and community partners will be engaged and feel valued



PILLAR 4: IMPROVEMENT, EFFICIENCY, AND INNOVATION

All of our district and school processes and operations will be evident and lead to innovation



K-6th Grade Dress Code

All students are expected to dress and groom in a manner that is conducive to the learning process, demonstrates respect for themselves and others, and promotes cleanliness and safety. Any clothing, hairstyle, or accessory (even if not specifically mention) that creates a safety or health concern, draws undue attention to the wearer, or distracts from the education process is prohibited. Clothing must be neat, clean, without holes or rips, and acceptable in appearance; therefore, students, visitors, and volunteers will follow these guidelines:

Accessories

- Sunglasses and hats must be worn correctly (bill in front) and are not permitted indoors.
- Piercings may be worn in ears only. Other piercings are prohibited and must be removed at school.
- Permanent and temporary tattoos must be covered at all times. Writing and/or drawing on the body is prohibited.
- Clothing, jewelry, or other accessories may not advocate, promote, or advertise prejudice of any kind (racial, ethnic, religious, etc.), unlawful acts, weapon display, crude and obscene language or graphics, or the use of tobacco, drugs, or alcohol.
- Clothing and accessories that may be potential weapon may not be worn (steel-toed shoes, chains on wallets or belts, and items with spikes or studs are prohibited).
- Hair must be cleaned and groomed and may not interfere with the educational process. No unnatural hair coloring (permanent, temporary, or extensions) or distracting hairstyles (mohawk, fohawk).

Clothing

- Modesty should be key to dress. No backless, bare midriff, strapless, or see through/net type tops are to be worn. Tank tops must have at least a one-inch thick strap. Shirts must be long enough to extend below the waistline when hands are raised above the head. Shirts longer than the fingertips must be tucked in (if shorts are covered, the shirt is too long).
- NO BAGGING..NO SAGGING. Pants must fit at the waist, hips, crotch, and thighs. Pants and shorts that are too baggy or show underwear are not allowed.
- Shorts, skorts, skirts and dresses must cover the underwear when sitting, standing or bending. Shorts must have a minimum 2-inch inseam. Skirts and dresses must be longer than extended fingertips.
- Under garments may not be exposed at any time.
- Pajamas and slippers are not allowed (except for designated dress up days).
- Shoes that are appropriate for school activities must be worn at all times. Shoes must have a back strap (no flip flops) and cannot have high heels. Appropriate shoes are required for safe participation in physical activity.
- No clothing, hats, jewelry, or other accessories that, by virtue of its color, arrangement, trademark, or any other attribute, denotes affiliation with or promotes membership in a gang. No bandanas of any form are allowed.

Inappropriate dress will cause students to be sent to the office to call home for appropriate clothing. Multiple violations will result in consequences. The principal reserves the right to make decisions about the appropriateness of dress items that may not be covered by the above policy.



Burton District Transportation

Qualifying for Transportation

Students who reside beyond the minimum transportation distances listed below shall be eligible for transportation service to their home school attendance area.

- Kindergarten: 1/2 mile
- Grades 1st-3rd: 3/4 mile
- Grades 4th-8th: 1.5 miles

Notice to Kindergarten Parents

It is the parents' responsibility to make sure someone is at the bus stop when your child is transported to his/her bus stop. If no one is available we will bring your child back to school site to be picked up by parent.*

**If this occurs three times in a school year, your child will lose bus riding privileges for the rest of the year.*

Foggy Day Schedule

School bus operations shall be limited when atmospheric conditions reduce visibility to 200 feet or less. If a foggy day schedule is designated the district will send out a message on the Parent Square App to notify parents of the delay.

Top Ten Bus Safety Rules:

- Respect the bus driver and listen his/her instructions.
- Be at the bus stop early. Students not regularly scheduled to ride the bus will not be allowed to ride to or from school unless prior arrangements are made between parents and a school administrator.
- Take your seat right away after boarding the bus. No horseplay with other students.
- Stay seated at all times. Refrain from unnecessary noise or boisterous conduct.
- Always get on and off the bus at your bus stop.
- Leave the bus carefully using the handrail.
- Keep your head, arms, legs, and hands inside the bus at all times.
- Look both ways before crossing the road.
- Wait for the bus in a safe place away from the road.
- No eating, drinking, or chewing gum on the bus.

Disciplinary Procedures:

- Students violating the safety rules above could lose their bus privilege.
- Bus violators will be warned by the driver. If the warning is not heeded, the driver will report student to school site administration.
- A student may be temporarily suspended from riding the bus, and parents will be notified.
- A student who continues to violate bus conduct may be suspended from riding the bus for an indefinite period of time.

Nutrition Services



Nutrition Services

Our goal is to serve attractive nutritious meals, prepared under sanitary conditions to the greatest number of students.

Applications for Free/Reduced Price Meals

During the 2022-23 school year, all students will be offered breakfast and lunch at no charge during their school day through California's new Universal meal Program.

To help continue providing students with the maximum amount of resources we ask that each family fill out the survey link below www.burtonschools.org/lunch

Breakfast in the Classroom

Studies show that good nutrition leads to improved classroom performance, higher test scores, and better behavior. Breakfast is an important part of good nutrition and helps to set students up for success. Each morning, breakfast is delivered to the classroom and available for students to eat in the classroom before instruction begins.

Lunches at Burton

During lunch the students are served:

- an entrée of lean meats and whole-grains
- a fruit or a vegetable
- a visit to our salad bar to choose from a variety of fresh produce.



"I love what I do. I am thankful for the opportunity to serve students, it is truly a privilege. The Nutrition Services staff is always eager to answer any questions from parents, please give us a call at (559) 782-5948."

Linnett Cazares

Director of Nutrition Services

Be a Volunteer!

Burton School District encourages parent and family volunteers, while ensuring that steps are taken to protect the safety and interests of our students. Due to COVID-19 pandemic, visitors on campus will only be allowed on an as needed basis. Please note that all field trips are different and therefore have different guidelines. Our primary goal is the safety of our children. The following are the volunteer procedures, which are followed by the Burton School District.



Level 1 Clearance

Adults who only volunteer in the classroom and class parties/events for no more than 10 hours per month.

Requirements:

- Approval of principal
- Complete volunteer form
- Driver's License/ID copy

**Volunteers are under direct supervision of certificated employees*



Level 2 Clearance

Adults who volunteer in the classroom more than 10 hours per month; cannot ride on school transportation and are not clear to be chaperones. (i.e., outdoor education, field trips supervising only their child, night excursion, parent provides their own transportation)

Requirements:

- Approval of principal
- Complete volunteer form
- Driver's License/ID copy
- TB test

**Volunteers are under direct supervision of certificated employees*



Level 3 Clearance


Designated volunteers: adults who participate in a school activity unsupervised by a certificated employee (i.e. outdoor education, field trips supervising small groups of students, overnight field trips, authorized to ride on school transportation)

Requirements:

- Approval of principal
- Complete volunteer form
- Driver's License/ID copy
- TB test
- Fingerprint Clearance

Additional Procedures

- After completion of the volunteer form, participants will need approval of the Principal (they sign off on the form) and submit it to the site secretary.
- Only TWO family members per child/family will be paid for by the district as Level 3 volunteers. Additional volunteers may fingerprint at their own expense, in the amount of \$15 before Dec 1st. After Dec 31st, the full cost of fingerprints is the responsibility of the participant.
- Volunteers with a felony conviction or pending conviction will not be approved as a level 3 volunteer. Misdemeanor convictions or pending convictions will be approved on a case by case basis.
- Human Resources will notify the respective school secretary and principal regarding clearance. Teachers will receive a list of volunteers who have been cleared.



Daily school attendance is critical to your child's academic success. Our goal is that each student have at least 96% attendance. Arriving on time each day and staying at school for the full day insures that your child does not miss out on valuable classroom instruction.

Every Day Counts at Burton

- Any student arriving late or leaving early must be checked in at the school office.
- If a student arrives late or leaves early, or is absent, for a medical or dental appointment, please provide a doctor's note to the school office within 5 school days to verify their absence.
- Students arriving late or leaving early will be marked as tardy.
- We ask that you schedule all appointments after school hours when possible.

Attendance Procedures

- **Excused Absences/Tardies:** Limited to verified illness, medical or dental appointments, funeral or immediate family member, court appearance, religious holiday, etc. as approved by Ed. Code.
- **Unexcused Absences/Tardies:** Any absence or tardy for a reason not defined as an excused absence/tardy.
- **Truancy:** More than three unexcused absences or tardies over 30 minutes in any school year.
- **Chronic Absenteeism:** Any student who is absent or tardy over 30 minutes, for reasons that are excused or unexcused, for 10 percent or more of the school year.
- Students who are truant or chronically absent/tardy will be referred to the School Attendance Review Board.

Excused/Unexcused Absences

Regular attendance is extremely important to to your child's success in school:

- If your child must be absent, please call the school office by 10am to verify their absence.
- Excessive absences and/or tardies will need to be excused with a doctor's note.
- More than 3 absences/tardies will be brought to the attention of the site administrator who will contact you to inquire how we may assist in helping improve your child's attendance.

Regular Attendance

- Non-Charter School students who need to be absent for a minimum of five or more school days may be placed on Independent Study.
- Charter School students who need to be absent for any number of school days may be placed on Independent Study.
- A signed Independent Study contract must be completed prior to the first day of absence. Contact your school office for more information. Please provide two weeks notice when possible.
- If your child has a chronic illness that causes him/her to frequently miss school, please contact the school nurse.

Additional Information

Please Note: Students who are truant or chronically absent/tardy will be referred to the School Attendance Review Board (SARB).

Additional Information



In order to promote a safe environment for all students, parents will not be allowed on the campus without checking into the office first. In addition, all gates and classroom doors will remain locked throughout the school day. Thank you for understanding that safety is a high priority in our district.

Arrival and Departure

- Students eating breakfast at school are to report to the cafeteria no earlier than 7:45 a.m.
- All other students who arrive before 8:00 must report to the cafeteria or to the appropriate playground.
- After school, students are to go directly home, ride the bus, or be picked-up. Younger students are not allowed to wait until their older siblings are dismissed.
- Our playground is not available immediately after school for your child's enjoyment.
- Remember that there is early dismissal every Wednesday at 1:00 p.m. for all students. Supervised after school care may be available on campus through the Porterville City Parks & Leisure Services/and or Boys and Girls Club after school program.

4th - 6th Graders

Fourth, fifth, and sixth grade students may ride their bicycles to school if they reside within the walking-to-school perimeter for their grade level. Appropriate helmets are required by law. Bicycle riding privileges may be revoked for students who ride unsafely to or from school. Students may not ride skateboards or scooters on school grounds. Roller skates and roller blades are prohibited.

Medication During School

The school health office supervises students who are required to take medication during the school day:

1. A signed written statement from the doctor detailing the method, amount, time and frequency by which such medication is to be taken. Parents must also sign the form "Medication in School" to indicate they agree with the school administering it.
2. The form "Medication in School" can be found on the BSD website under Health Services.

In addition to the State Education Code for administering prescription medication, please read the following information regarding medication at school:

- All prescription medication must come in the original bottles and kept in the health office with the exception of medications that. Physician requests the pupil be allowed to carry (e.g., inhalers, Epi-pens or insulin. Doctor's orders are required to be kept on file at the school for any student authorized to carry medication.
- **No over-the-counter medication may be sent to school without a doctors prescription and clearance from the site nurse.** (Over the counter medications include ibuprofen, Tylenol, cough drops, etc.).



Each school year, parents and doctors will need to fill out new forms to take medication in school, even if it is the same medicine your child took last year. It is your child's responsibility to come to the office and get his/her medicine at the correct time.

SCA Mathew



Dual Immersion

The purpose of our dual-immersion program is to develop and prepare students with linguistic and academic competencies in two languages, to be high engaged and contributing global citizens.

Students will:

- Have high levels of proficiency in first language
- Have high levels of proficiency in second language
- Show academic performance in both languages
- Demonstrate positive cross-culture attitudes and behaviors enjoyment.

Summit Charter Programs

Dual Immersion

Our mission is to encourage the development of bi-literacy skills that prepare students to participate in the global market, affirm the value of diversity, promote civic participation and honor the cultures of our community, while establishing high standards for academic achievement, multi-literacy, innovation and problem solving.

International Baccalaureate (IB)

It focuses on the development of the whole child as an inquirer, both in the classroom and in the world outside. The IB Programme aims to develop knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

IB Programme

Founded in 1968, the International Baccalaureate (IB) Programme prepares students to become more active, caring, lifelong learners who demonstrate respect for themselves and others and have the capacity to participate in the world around them.

The Primary Years Programme (PYP) is underpinned by six trans-disciplinary themes around which learning is planned:

- Who we are
- Where we are in place and time
- How we express ourselves
- How the world works
- How we organize ourselves
- Sharing the planet.



SCA Lombardi


SCA Discipline Steps

All students are expected to practice and model good character, as well as follow rules set forth in the Parent Guide, at all times.

If you do not conduct yourself in a manner consistent within this guide, or at the discretion of the school administration, here's what will happen (serious offenses will go directly to step 3, step 4, or step 5). For a full description of the SCA discipline process you can obtain a copy from the front office or at www.burtontschools.org


STEP 2 Second Behavior Referral

- You will have a conference with the principal or designee.
- You, your teacher(s), and your parents must complete and sign a Behavior Action Plan.

 *If you go 10 consecutive school days with no more referrals, you will move back to STEP 1.*


STEP 4 Fourth Behavior Referral

- You will have a conference with the principal.
- Your parent(s) will be contacted by phone or in person immediately and receive oral or written notice, an explanation of the reason for the suspension, and an explanation of your child's basic rights.
- You will be suspended from school for a minimum of 5 days and may be involuntarily assigned to the Community Day School to serve a minimum suspension of 10 days.
- You will appear in front of the SCA Board for a hearing where you will be able to present testimony, evidence, and witnesses. You may also bring legal council. Notification of the hearing will be provided in the native language of the pupil no less than five school days before the board meeting. Upon the decision of the board, your attendance MAY be revoked.

 *If you go 10 consecutive school days with no more referrals, you will move back to STEP 3, unless you are sent to the Community Day School a second time. If that's the case you will not be able to regress to a step lower than STEP 3 for the remainder of the school year.*


STEP 1 First Behavior Referral

- You will have a conference with the principal or designee.
- Your parents will be called.

 *If you go 10 consecutive school days with no more referrals, you will be removed from the Discipline Track (a clean start).*

STEP 3 Third Behavior Referral

- You will have a conference with the principal/designee and receive oral or written notice and explanation of the reason for the suspension.
- Your parent(s) will be contacted by phone or in person immediately.
- Your Behavior Action Plan will be modified.
- You will serve a school suspension for a minimum of 1 day or up to 5 days. If you are sent to the Community Day School you will serve a minimum suspension of 10 days.

 *If you go 10 consecutive school days with no more referrals, you will move back to STEP 2, unless you are sent to Community Day School a second time. If that's the case you will not be able to regress to a step lower than STEP 3 for the remainder of the school year.*

STEP 5 Last Behavior Referral

- Your parent(s) will be contacted by phone or in person immediately.
- You may be recommended for Expulsion from Burton School District and/or you may be involuntarily assigned to the Community Day School.
- Your enrollment at Summit Charter Academy WILL be revoked, Board approval is not necessary for revoking enrollment at this step. Notification of the removal will be provided in the native language of the pupil no less than five school days before the effective date of the action. If you would like to appeal Administration's decision to revoke your enrollment, you may ask to be placed on the next available board agenda before the effective date of action to present testimony, evidence, and witnesses. You may also bring legal council.
- You and your parents may be required to attend an Expulsion Hearing.

SCA Admission Requirements



Admission Requirements

The Burton School District reserves the right to establish the maximum number of students enrolled in the charter school. The only admission requirements are:

- *the student resides in California*
- *the student and parent/guardian sign and maintain their commitment to the “Student/Parent/School Compact”.*

Admissions applications may also be rejected if the student has been expelled or is facing a pending expulsion from another district or the Burton School District or has severe discipline/behavioral issues at their current school.



Parent Hours

Each family is recommended to contribute at least 30 hours of work to support the school. Opportunities include field trip or classroom support, donations of supplies or equipment, and campus work projects.

Continued Enrollment with SCA

Continued enrollment at the school may be contingent upon fully honoring the terms of the School Compact. Family members who violate the terms of the Compact may lose their child(s) attendance privileges.

Students will be allowed to continue their attendance at the school in the following year if all terms of the School Compact have been substantially met by March 15th of the current year, as determined by the Board of Directors.

Reasons for Denying Continued Enrollment

The Board may deny automatic continued enrollment for these reasons:

- *There is documentation that the student has not maintained his/her responsibilities for academic performance, behavior, or attendance.*
- *The parent/guardians have not completed a majority of their service hours by March 15th, or have not met the full 30 hours by the end of the school year.*
- *The Board of Directors reserves the right to deny continued enrollment for reasons not listed here.*

***All disagreements will be heard by the Board of Trustees.*

One School Under Four Roofs

Summit Charter Academy is one school under four roofs:

1. *Summit Charter Academy Mathew*
2. *Summit Charter Academy Lombardi*
3. *Summit Charter Intermediate Academy*
4. *Summit Charter Collegiate Academy*

If enrollment is denied at one site, students may not enroll at another site unless decided differently by the Board of Directors due to extenuating circumstances.

If granted the ability reapply for admission, the procedures for new applicants would need to be followed. The Board will attempt to open enrollment for the following year by January 15th. If, during enrollment signups for the following school year, more students apply than can be admitted, the normal admission process will be followed.

Continued attendance at the school will be contingent upon fully honoring the terms of the compact. In order to attain a racially, economically, and geographically diverse population, the admissions process will be designed to reach out to all families in the greater Porterville community and to enable the school to have a diverse student body. If more students than can be admitted apply, the following admission processes will be followed:



SCA Admission Process

Admission Process Priorities

- First priority will be given to students who currently attend the school and wish to continue attendance
- Siblings of currently enrolled students will be admitted if space is available and other Charter Policies have been met.
- Students in grades 1-12 will then be permitted based on space availability. Enrollment deadline for the following year is March 1st. At that time, all students will be placed into classes if space is available.
- If student cap is exceeded at any grade level, a lottery will be held to determine enrollment (excluding siblings, unless there are more siblings than space permits).
- If grades are not full, students will continue to be admitted after March 1st, on a first come first serve basis.

Kindergarten

Kindergarten students will be admitted as follows:

Based on:

- Program Requirements
- Siblings
- Attendance of Kindergarten Open Enrollment Day (if numbers exceed that of space, an initial lottery will be held based on programs and space available. Students not admitted into the program requested will be given the option to enroll in alternative program if space is available).

Additional Information

Note: Children of founders, district employees and charter teachers are exempt from the lottery by federal law-up to the 10% threshold.

Movement between the K-6 sites will be based on availability and program requirements. If there is a waiting list, they will be added accordingly.



The Summit Charter Academy will be non-sectarian in its programs, admissions, policies, employment practices and all other operations. The school shall not charge tuition and shall not discriminate on the basis of race, ethnicity, national origin, gender, or disability.

Further, the school will ensure that a free and appropriate education is provided to all children with exceptional needs.

Statewide Testing Notification

Every year, California students take several statewide tests.

When combined with other measures such as grades, class work, and teacher observations, these tests give families and teachers a more complete picture of their child's learning. You can use the results to identify where your child is doing well and where they might need more support.

Your child may be taking one or more of the following California Assessment of Student Performance and Progress (CAASPP), English Language Proficiency Assessments for California (ELPAC), and Physical Fitness Test assessments. Pursuant to California *Education Code* Section 60615, parents/guardians may annually submit to the school a written request to excuse their child from any or all of the CAASPP assessments. This exemption does not exist for the ELPAC or Physical Fitness Test.

CAASPP: Smarter Balanced Assessments for English Language Arts/Literacy (ELA) and Math

Who takes these tests?

- Students in grades 3-8 and grade 11.

What is the test format?

- The Smarter Balance assessments are computer-based.

Which standard are tested?

- The California Common Core State Standards

CAASPP: California Alternate Assessments (CAAs) for ELA and Math

Who takes these tests?

- For students in grades 3-8 and grade 11 whose individualized education program (IEP) identifies the use of alternate assessments.

What is the test format?

- Computer-based tests that are administered one-on-one by a test examiner who is familiar with the student.

Which standards are tested?

- The California Common Core State standards through the Core Content Connectors.

CAASPP: California Science Test (CAST)

Who takes this test?

- Students take the CAST in grades 5 and 8 and once in high school either in grade 10, 11 or 12.

What is the test format?

- The CSA is computer-based.

Which standards are tested?

- The California Common Core State Standards en Español.

CAASPP: California Spanish Assessment (CSA)

Who takes the test?

- Optional test for students in grades 3-12 that tests their Spanish reading, listening, and writing mechanics.

What is the test format?

- The CSA is computer-based.

Which standards are tested?

- The California Common Core State Standards en Español.

ELPAC

Who takes the test?

- For students who have a home language survey that lists a language other than English will take the Initial test, which identifies students as an English learner student or as initially fluent in English. Students who are classified as English learner students will take the Summative ELPAC every year until they are reclassified as proficient in English.

What is the test format?

- ELPAC assessments are computer-based.

Which standards are tested?

- Tests the 2012 California English Language Development Standards.

Alternate ELPAC

Who takes the test?

- Students whose IEP identifies the use of an alternate assessment and who have a home language survey that lists a language other than English will take the Alternate Initial ELPAC, which identifies students as an English learner student or as initially fluent in English. Students who are classified as English learner students will take the Alternate Summative ELPAC every year until they are reclassified as proficient in English.

What is the test format?

- Alternate ELPAC assessments are computer-based.

What is the test format?

- Alternate achievement standards derived from the 2012 California English Language Development Standards.

Physical Fitness Test

Who takes the test?

- For students in grades 5, 7, and 9 will take the FITNESSGRAM®, which is the test used in California.

What is the test format?

- Consists of five performance components: aerobic capacity, abdominal strength, trunk strength, upper body strength, and flexibility.

Which standards are tested?

- The Healthy Fitness Zones, which are established through the FITNESSGRAM®.

CAASPP: California Alternate Assessment (CAA) for Science

Who takes the test?

- Students whose IEP identifies the use of an alternate assessment take the CAA for Science in grades 5 and 8 and once in high school, either in grade 10, 11, or 12.

What is the test format?

- The CAA for Science is a series of four performance tasks that can be administered throughout the year as the content is taught.

Which standards are tested?

- Alternate achievement standards derived from the CA NGSS.



HOT WEATHER GUIDELINES FOR P.E.

According to the American Academy of Pediatrics, most healthy children and adolescents can safely participate in outdoor physical activities in warm to hot weather conditions, as long as appropriate preparation, modifications, and monitoring are provided.

Students are encouraged to wear light-weight clothing, bring a water bottle, and may bring a towel to sit on during exercises and stretching.

In accordance with BP 6142.7 modifications will be made when temperatures reach 90 degrees or more. Modifications include:

- Increasing the frequency of breaks for water and resting
- Reducing the duration and/or intensity of activity
- Select appropriate level of intensity for physical activity as defined in Administrative Regulation 6142.7
- Limit physical activity of students who were recently ill
- Closely monitor students for signs of developing heat illness
- Review signs, symptoms, and prevention of heat related illness with students

Physical Education Activity Guidelines

90 to 95 degrees: All outdoor activities are acceptable. The teacher will ensure the modifications above are being implemented.

96 to 99 degrees: All outdoor activities are acceptable, but the temperatures can rise and should be monitored every 30 minutes. The teacher will ensure the modifications above are being implemented. Additional considerations should be made in regards to the environment of the activity (i.e. blacktop vs field).

100 to 104 degrees: Outside activities are not suggested. The teacher will re-check the temperature every 30 minutes when students are outdoors and ensure the modifications above are being implemented. Indoor activities are highly recommended.

105 degrees or more: All outdoor activities are to be stopped, activities can continue indoors.