

2017-2018 French Road Elementary School
Physical Education Curriculum

FALL UNITS

ORIENTATION/COOPERATIVE GAMES

GOLF SKILLS/LONG-HANDLED IMPLEMENTS

LACROSSE SKILLS

FOOTBALL SKILLS/THROWING GAMES

SOCCER SKILLS/KICKING GAMES

WINTER UNITS

JUMP ROPE/RHYTHMS

GYMNASTICS APPARATUS

VOLLEYBALL SKILLS

BASKETBALL SKILLS

FITNESS TRAINING

FLOOR HOCKEY SKILLS

COOPERATIVE GAMES/ CIRCUS ARTS

MULTICULTURAL GAMES

SPRING UNITS

TRACK & FIELD

SOFTBALL/BASEBALL SKILLS

ORIENTEERING/GEOCACHING

RECREATIONAL YARD GAMES

"Jump-Rope-For-Heart" NATIONAL CHAMPIONS
1999-2017