Hello from Council Rock Extended Studies Services!

Most of us are in our homes a lot right now. Sometimes this can make people feel lonely. Maybe you could use this activity to help others feel connected.



or friends, relatives, community helpers, etc.

- 1. Print the pages that you'd like to use.
- 2. Cut on the dotted lines to separate the notes.

3. Choose a neighbor, friend, relative, community helper, etc. to whom you'd like to write.

4. Complete one of the notes and deliver (send by mail, leave inside a storm door, newspaper box, mail slot, etc.; avoid ringing the doorbell and calling someone to their door so that you can maintain a 6-foot distance).

We would love to hear from you if you choose to do this activity. You can leave a comment at this link: <u>https://www.bcsd.org/Page/15704</u> Scroll down, click on Comments, and tell us how many notes you wrote, to whom you wrote, or which note was your favorite to write.

Thank you for showing empathy for others.

Sending all the best, Mrs. Yawman and Miss Wegman Extended Studies Services Teachers Dear ____

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of

These are specific, positive words that I would use to describe you:

From,

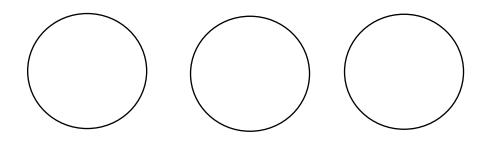
Dear ______,

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of



Thinking Flexibly

I am going to make these circles into 3 different things by adding details. They won't just be circles any longer because I am thinking flexibly. Enjoy! 😊





Dear _____

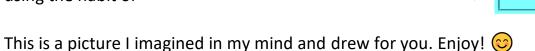
In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of

These are some questions that I have for you:

From,

Dear ______,

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of







Dear

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of



You amaze me because...

From,

Dear _____,

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of



This is a joke you might like. Enjoy! 😊

In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you using the habit of

I worked with at least one other person in	S
my family to create this poem about	Ρ
spring. We took turns writing a word or	R
phrase that starts with the letters that	I
spell SPRING.	Ν
From,	G

Dear,	Remaining Open to Continuous Learning
In school, we learn about Habits of Mind, which people need to use when they face challenges. I am writing this note to you	I have so much more to learn!
using the habit of	Having humility and pride when admitting we don't know; resisting complacency.

I wonder what you like to learn about. I would like to learn more about these topics:

