



# BRIDGEHAMPTON SCHOOL DISTRICT

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## **Comprehensive School Counseling Plan 2020-2021**





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## Acknowledgements

Bridgehampton would like to acknowledge the efforts and expertise of the following District Comprehensive School Counseling Plan Committee representatives who have contributed to a plan that supports the needs of our students, programs, and related services. The Counseling Advisory Council, (CAC) will develop and maintain a school counseling program with the purpose of providing feedback on program goals, reviewing program results, and making recommendations about the continuing school counseling program at least twice (2) per year. Thank you for your dedication and commitment to our school district.

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# **Bridgehampton School District Counseling Department**

## **School District Mission Statement**

- It is the mission of the Bridgehampton School to inspire lifelong intellectual curiosity and respectful individual expression by reaching beyond our school community and teaching all students the essential skills to actively participate in the global community and to flourish in the 21<sup>st</sup> Century.

## **Counseling Mission Statement**

- It is the mission of the Bridgehampton Counseling Center to provide appropriate guidance and support services and programs, to develop the holistic student. In order to actively participate in the global community, we must recognize our students' values and instill a sense of belonging within their school and community.

## **District School Counseling Philosophy**

- The Bridgehampton Counseling Plan is a reflection of the Part 100 Regulations of the Commissioner of the New York State Education Department (Part 100.2, section j) guidelines and the mission of the Bridgehampton Union Free School District. The primary purpose of these guidelines is to establish and maintain a school counseling program that fosters challenging academics, social/emotional support and development, and career exploration reinforcing the link between the K-12 educational program and postsecondary opportunities. The Bridgehampton School Counseling program strives to offer support and a program that aligns with the Part 100.2 regulations as well as meeting the needs of our school community.



## The Role of the School Counselor at Bridgehampton School

School counselors are a vital part of the educational community. Just as our society has changed greatly over the years, so has the role of our school counselors. In the Bridgehampton School District, we are fortunate to have school counselors who work within the framework of a comprehensive school counseling program. Our counselors work with students, parents, teachers, administrators and community members to provide for the needs of all students in the areas of social/emotional, academic and career development. Following the standards of the American School Counselor Association our counselors:

- Plan, organize and deliver the school counseling program.
- Implement the school counseling curriculum through classroom activities and lessons.
- Meet with individual students and small groups to establish goals and develop career plans.
- Provide a confidential, safe & supportive environments for all students.
- Work with teachers, parents and administrators as advocates for our students.
- Collect and interpret data to help students make informed academic choices.
- Monitor our students' academic progress.
- Help nourish the development of social & emotional learning.
- Continually strive to grow professionally.



## **New York State Part 100 Regulations - School Counseling Program**

*The Bridgehampton School Counseling Plan aligns with the amended Part 100 of the Commissioner's Regulations.*

### **The Program**

- The Bridgehampton School District's comprehensive developmental counseling program includes all students K-12.
- All Bridgehampton students K-12 have access to a certified school counselor.
- The Bridgehampton K-12 counseling program is designed in coordination with the teaching staff to prepare students to effectively participate in their current and future educational programs; address multiple student competencies including career/college readiness standards, academic, and social/emotional development standards.

### **The Services**

#### **The Bridgehampton K-12 counseling program is designed:**

1. To prepare students to participate effectively in their current and future educational programs.
  2. To provide information related to college and careers.
  3. To assist students who may exhibit challenges to academic success, including but not limited to attendance or behavioral concerns.
  4. To make referrals, where appropriate, to a properly licensed professional and/or certified pupil personnel service provider for more targeted supports.
- Certified school counselors provide students at Bridgehampton in grades 6-12 with an annual individual progress review plan, which reflects each student's educational progress and career plans; for a student with a disability, the plan shall be consistent with the student's individual education program.



**For students in all grades K-12 the program includes the following activities or services:**

- School counseling core curriculum instruction for the purpose of addressing student competencies related to career/college readiness, academic skills, and social/emotional development by a certified school counselor.
- Direct student services to enable students to benefit from the curriculum
  1. Responsive services
  2. Crisis response
  3. Individual counseling, assessment and advisement
  4. Group counseling
  5. Assisting students to develop and implement postsecondary education and career plans
  6. Assisting students who exhibit attendance, academic, behavioral or adjustment concerns
  7. Encouraging parental involvement
- Indirect student services that enable students to benefit from their education
  1. Referrals to appropriately licensed or certified individuals
  2. Consultation and/ or collaboration with others
  3. Leadership, advocacy, and teaming activities

**The Plan**

- The Bridgehampton School has developed a district-wide & building level comprehensive school counseling plan that complies with the regulation requirements and is in accordance with the following:
  1. Developed by or under the direction of a certified school counselor
  2. The plan will be updated annually & a report will be presented to the board of education
  3. The plan is filed in the district office and is available for review by any individual



4. The plan presents program objectives, which describe expectations of what students will learn
5. The plan presents a direct services chart created on the elementary, middle school, and secondary level that details specific activities or services designed to accomplish the school counseling objectives, district goals, and assessments for the year. Specifications of the staff members, student standards, and other resources are included to accomplish the objectives assigned.

### **Student Mindsets and Behaviors**

As a result of a comprehensive counseling program, students should demonstrate the following mindsets and behaviors as outlined by ASCA:

- **Academic Development** – Standards guiding school counseling programs to implement strategies and activities to support and maximize each student’s ability to learn.
- **Career Development** – Standards guiding school counseling programs to help students 1) understand the connection between school and the world of work and 2) plan for and make a successful transition from school to postsecondary education and/or the world of work and from job to job across the lifespan.
- **Social/Emotional Development** – Standards guiding school counseling programs to help students manage emotions and learn and apply interpersonal skills.

School counselors use these standards to assess student growth and development, guide the development of strategies and activities and create a program that helps students achieve their highest potential. To operationalize the standards, school counselors select competencies that align with the specific standards and become the foundation for classroom lessons, small groups and activities addressing student developmental needs. The competencies directly reflect the vision, mission and goals of the comprehensive school counseling program and align with the school’s academic mission.





## Bridgewater School District School Counseling Plan Elementary School K-5<sup>th</sup>

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Individual Counseling	Provide academic, social/emotional support. Goals, choices, feelings, problem solving	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Center	Build rapport, develop holistic student. Knowing there is someone safe to talk to	Student improvement in academics, behavior, social awareness & emotional functioning
Group Counseling	Focus on various topics (kindness, friendship, respect, academics, behavior, social / emotional learning)	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Center	Build peer relationships & help student success	Improvement in academics, behavior, decrease in SIR / ODRs. New friendships
Monitor students attendance	Monitor attendance and absence concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Quarterly	K-5 <sup>th</sup> grade students	School Counselor Administration Main Office	Help students who have attendance concerns	Monitor each quarter's attendance to see if there is an improvement in attendance
Lunch Bunch	Weekly lunch groups that focus on friendship building, feelings, self-esteem, & other social/emotional learning	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Center	Build peer relationships & help student success	Improvement in academics, behavior, decrease in SIR / ODRs. New friendships
Student Mediations	Mediations when necessary to resolve conflicts in a safe environment	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Center	Help mend & resolve student issues through problem-solving	Student behavior, decrease in SIR / ODRs. Decrease in student conflict



## Bridgehampton School District School Counseling Plan Elementary School K-5<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Crisis Counseling	Provide crisis counseling to students in need of emotional support	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Center	Document students, make referrals when needed	Data collection of crisis reports & student referrals
Check In / Check Outs	Provide morning check ins & afternoon check outs for students	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	School Counselor	Help students who need accountability, organization, etc.	Improvement in academics, behavior, social awareness & emotional functioning
IST Meetings	Weekly meetings to discuss students with various concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going (Tuesday / Thursdays)	K-5 <sup>th</sup> grade students	School Counselor Teachers Administration	Help students who need additional support	Improvement in academics, behavior, social awareness & emotional functioning.
CSE/ 504 Meetings	Attend CSE / 504 meetings to help advocate student support	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	Counseling Department PPS Director Teachers Parents	Help students who need additional support	Establish appropriate goals, improvement in academics, behavior & emotional functioning
Parent Meetings	Parent meetings with / without student to talk about concerns; academic, social / emotional, behavior, etc.	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-5 <sup>th</sup> grade students	School Counselor Administration Teachers Staff	Build trust & communication with parents, stakeholders & staff	Improvement in parental involvement, accountability of students at home



## Bridgehampton School District School Counseling Plan Elementary School K-5<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Career Awareness Lessons	Provide career awareness class-room push in lessons on the elementary level	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall-Spring	K-5 <sup>th</sup> grade students	School Counselor Teachers	Exposure to career awareness on the elementary school level	Feedback and increased conversations on careers
College Awareness Lessons	Provide college awareness class-room push in lessons on the elementary level	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall-Spring	K-5 <sup>th</sup> grade students	School Counselor Teachers	Exposure to college on the elementary school level	Feedback and increased conversations on college
Health & Wellness Class	Provide daily physical, social, & emotional lessons to students	Academic Social / Emotional Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	K-3 <sup>rd</sup> grade students	Teacher School Counselor	To develop a holistic elementary student	Improvement in physical activity, behavior, social awareness & emotional functioning
PBIS Assemblies	Monthly assemblies to promote positive choices & behaviors	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Monthly	K-5 <sup>th</sup> grade students	Administration PBIS Team School Counselor Teachers	Reward students for positive behaviors	Improvement in behavior, social awareness & emotional functioning



## Bridgehampton School District School Counseling Plan Middle School 6-8<sup>th</sup>

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Individual Planning Meetings (scheduling)	Meet about year; academics, goals, college/career interests	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	January - March	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor	Connect and build rapport with students	Performance on report cards, seeking help when needed; Self-advocacy
Individual Counseling	Provide academic, social/emotional support. Goals, choices, feelings, problem solving	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Build rapport, develop holistic student. Knowing there is someone safe to talk to	Student improvement in academics, behavior, social awareness & emotional functioning
Group Counseling	Focus on various topics (kindness, friendship, respect, academics, behavior, social / emotional learning)	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Build peer relationships & help student success	Improvement in academics, behavior, decrease in SIR / ODRs. New friendships
Quarterly review of students educational progress	Monitor students' quarterly academic progress	Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Quarterly	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Help students in need of academic support	Monitor each quarter's grades to see if there is an improvement in academics
Monitor students' attendance	Monitor attendance and absence concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Quarterly	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Administration Main Office	Help students who have attendance concerns	Monitor each quarter's attendance to see if there is an improvement in attendance



## Bridgewater School District School Counseling Plan Middle School 6-8<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Lunch Legends	Weekly lunch groups that focus on friendship building, feelings, self-esteem, & other social/emotional learning	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Build peer relationships & help student success	Improvement in academics, behavior, decrease in SIR / ODRs. New friendships
Character Education Lessons	Provide monthly character education classroom push-in lessons	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Help students build character & grow into mature individuals	Improvement in behavior, social awareness & emotional functioning. Pre-Post Assessments
Bullying / Respect Classroom Unit	Classroom lessons that focus on bullying & respect during "Bullying Awareness Month"	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	October / November	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Bring awareness to bullying & being an up stander	Student behavior, decrease in SIR / ODRs. Decrease in DASA reports
Self-Efficacy / Growth Mindset Classroom Unit	Classroom lessons that focus on believing in self, positive mindsets, taking responsibility of actions	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	October - December	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Motivate students & take ownership of actions	Student morale, improvement in academics, behavior, decrease in SIR/ODR
Goals (SMART) Classroom Unit	Classroom lessons that focus on goal setting	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	January / February	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Help students learn how to consistently set goals	Monitor student's short-term / long-term personal and school goals



## Bridgehampton School District School Counseling Plan Middle School 6-8<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Academic Success Groups	Academic success groups that focus on time management, study skills, organization, test taking etc.	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Help students who need additional academic support	Improvement in academics, decrease in test anxiety, increase in organization
Team Building Field Trips	Bring students together for team-building activities	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	Yearly	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers Staff Administration	Build rapport with students, staff, and stakeholders as a community	Improvement in behavior, social awareness & emotional functioning
Student Mediations	Mediations when necessary to resolve conflicts in a safe environment	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Help mend & resolve student issues through problem-solving	Student behavior, decrease in SIR / ODRs. Decrease in student conflict
Annual Reviews	Attend annual review meetings to help advocate student support	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Department PPS Director Teachers Parents	Evaluate students who need additional support	Establish appropriate goals, improvement in academics, behavior & emotional functioning



## Bridgehampton School District School Counseling Plan Middle School 6-8<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Crisis Counseling	Provide crisis counseling to students in need of emotional support	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center	Document students, make referrals when needed	Data collection of crisis reports & student referrals
Check In / Check Outs	Provide morning check ins & afternoon check outs for students	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor	Help students who need accountability, organization, etc.	Improvement in academics, behavior, social awareness & emotional functioning
Academic Probation / Ineligibility Meetings	Individually student meetings with students on academic probation or ineligibility	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Every 5 weeks	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Decrease amount of students on probation / ineligibility	Monitor data; number of students each 5 week period on probation / ineligibility
IST Meetings	Weekly/monthly meetings to discuss students with various concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers Administration	Help students who need additional support	Improvement in academics, behavior, social awareness & emotional functioning.
CSE/ 504 Meetings	Attend CSE / 504 meetings to help advocate student support	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Department PPS Director Teachers Parents	Help students who need additional support	Establish appropriate goals, improvement in academics, behavior & emotional functioning



## Bridgeton School District School Counseling Plan Middle School 6-8<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Middle School Career Day	Provide a career day of various professions to explore career awareness	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Administration Teachers Staff	Enhance exploration and awareness of occupations and careers	Data collection of student interests, align with future high school college / career exploration
Maialearning Implementation	Provide comprehensive program for social / emotional, academic, & college career planning	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Administration Teachers	Platform to help augment the comprehensive guidance plan	Monitoring academics, goals, college / career exploration, & assessments
Learning & Productivity Assessment (Maialearning)	Provide an opportunity for students to assess & understand their learning style	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	7 <sup>th</sup> grade students	School Counselor	Increase awareness of students learning style	Improvement in academics, using data to motivate students learning style
Intelligences Assessment (Maialearning)	Provide an opportunity for students to assess & understand multiple intelligence	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	8 <sup>th</sup> grade students	School Counselor	Increase awareness of students multiple intelligences	Improvement in academics, using data to motivate students & to match interests & career choices to their unique MI.
Holland Interest Profiler Assessment (Maialearning)	Provide a career exploration interest inventory at the middle school level	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	8 <sup>th</sup> grade students	School Counselor	Enhance career awareness and exploration of career interests based off of personality assessment	Data collection of student interests, align with future high school college / career exploration





## Bridgehampton School District School Counseling Plan Middle School 6-8<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
PSAT 8 / 9	Offer a PSAT 8 / 9 in school to 8 <sup>th</sup> grade students	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	8 <sup>th</sup> grade students	School Counselor	Provide exposure and practice for the SAT	Data collection of PSAT 8 results. Analyze student strengths & challenges from test
College Awareness Lessons	Provide various college awareness class-room push in lessons	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall-Spring	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Exposure to the college process on the middle school level	Motivate students to research colleges, track college data up to 12 <sup>th</sup> grade via Maialearning
Career Awareness Lessons	Provide various career awareness class-room push in lessons	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall-Spring	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Teachers	Exposure to career awareness on the middle school level	Motivate students to research colleges, track career data up to 12 <sup>th</sup> grade via Maialearning
Parent Meetings	Parent meetings with / without student to talk about concerns; academic, social / emotional, behavior, etc.	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	School Counselor Administration Teachers Staff	Build trust & communication with parents, stakeholders & staff	Improvement in parental involvement, accountability of students at home
Day of Achievement	Day that honors & acknowledges students for outstanding academics and effort	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	End of Year	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> grade students	Counseling Center Administration Teachers	Increase students motivation to want to succeed	Data collection of students and the amount of awards given



## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup>

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Individual Planning Meetings (scheduling)	Meet about year; academics, goals, college/career interests	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	January - March	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor	Connect and build rapport with students	Performance on report cards, seeking help when needed; Self-advocacy
Individual Counseling	Provide academic, social/emotional support. Goals, choices, feelings, problem solving	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Center	Build rapport, develop holistic student. Knowing there is someone safe to talk to	Student improvement in academics, behavior, social awareness & emotional functioning
Group Counseling	Focus on various topics including academic support and social/emotional learning.	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Center	Build peer relationships & help student success	Improvement in academics, behavior, decrease in SIR / ODRs. New friendships
Quarterly review of students educational progress	Monitor students' quarterly academic progress	Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Quarterly	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Teachers	Help students in need of academic support	Monitor each quarter's grades to see if there is an improvement in academics
Monitor students' attendance	Monitor attendance and absence concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Quarterly	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Administration Main Office	Help students who have attendance concerns	Monitor each quarter's attendance to see if there is an improvement in attendance



## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Crisis Counseling	Provide crisis counseling to students in need of emotional support	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Center	Document students, make referrals when needed	Data collection of crisis reports & student referrals
Check In / Check Outs	Provide morning check ins & afternoon check outs for students	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor	Help students who need accountability, organization, etc.	Improvement in academics, behavior, social awareness & emotional functioning
Academic Probation / Ineligibility Meetings	Individual student meetings with students on academic probation or ineligibility	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Every 5 weeks	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Teachers	Decrease amount of students on probation / ineligibility	Monitor data; number of students each 5 week period on probation / ineligibility
IST Meetings	Weekly/monthly meetings to discuss students with various concerns	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Teachers Administration	Help students who need additional support	Improvement in academics, behavior, social awareness & emotional functioning.
CSE/ 504 Meetings	Attend CSE / 504 meetings to help advocate student support	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Department PPS Director Teachers Parents	Help students who need additional support	Establish appropriate goals, improvement in academics, behavior & emotional functioning



## Bridgewater School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
High School Career Day	Provide a career day of various professions to explore career awareness	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Administration Teachers Staff	Enhance exploration and awareness of occupations and careers	Data collection of student interests, align with future high school college / career exploration
Maialearning Implementation	Provide comprehensive program for social / emotional, academic, & college career planning	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Administration Teachers	Platform to help augment the comprehensive guidance plan	Monitoring academics, goals, college / career exploration, & assessments
Personality Assessment (Maialearning)	Provide an opportunity for students to take a personality assessment	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	9 <sup>th</sup> grade students	School Counselor Teachers	Understand students' unique traits & personalities	Collecting data to match students' personalities to job interests
Intelligences Assessment (Maialearning)	Provide an opportunity for students to assess & understand multiple intelligences	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	11 <sup>th</sup> grade students	School Counselor	Increase awareness of students' multiple intelligences	Improvement in academics, using data to motivate students & to match interests & career choices to their unique MI.
Learning & Productivity Assessment (Maialearning)	Provide a career exploration interest inventory at the high school level	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	10 <sup>th</sup> grade students	School Counselor	Understand students' unique traits & personalities	Collecting data to match students' personalities to job interests



## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
PSAT / NMSQT	Offer a PSAT in school to 10 <sup>th</sup> & 11 <sup>th</sup> grade students	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	10 <sup>th</sup> & 11 <sup>th</sup> grade students	School Counselor	Provide exposure and practice for the SAT	Data collection of PSAT results. Analyze student strengths & challenges from test
SAT/ACT	Work with students to plan for SAT and ACT administrations and assist with registration.	Social / Emotional Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	11 <sup>th</sup> & 12 <sup>th</sup> grade students	School Counselor	Increase SAT and ACT participation	Data collection of SAT/ACT results. Analyze student strengths & challenges from test
Student Mediations	Mediations when necessary to resolve conflicts in a safe environment	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Center	Help mend & resolve student issues through problem-solving	Student behavior, decrease in SIR / ODR's. Decrease in student conflict
Junior College Planning Meetings	Provide guidance and support to assist students with the college search and application process	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	11 <sup>th</sup> grade students	School Counselor	Help prepare students for the college application process	Increase in college awareness, college search lists and college applications



## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Financial Aid Night	Inform parents and students about the financial aid process such as the FASA, loans and grants.	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Center	Help families navigate the financial aid process	Increase in FAFSA completion, Financial Aid award letters
College Visits	Have students meet with admissions counselors from various colleges and universities	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	12 <sup>th</sup> grade students	Counseling Center	Exposure to various colleges and careers	Increase in student participation, increase in college awareness
On-site college admissions	On-spot interviews and admissions decisions from local colleges for students.	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	12 <sup>th</sup> grade students	Counseling Center	Exposure to various colleges and careers	Increase in student participation, increase in college acceptances
College Fairs	College fairs where students can learn about different schools and programs of interest	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall/Spring	11 <sup>th</sup> and 12 <sup>th</sup> grade students	Counseling Center	Exposure to various colleges and careers	Increase in student participation, increase in college acceptances
Leadership Seminar	Annual leadership seminar where students attend a series of workshops on social responsibility and character	Social / Emotional	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	9 <sup>th</sup> -11 <sup>th</sup> grade students	School Counselor	Exposure to character education and model citizenship	Student behavior, decrease in SIR / ODR's. Decrease in student conflicts



## Bridgewater School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
PSAT 8/9	Offer a PSAT in school to 8 <sup>th</sup> & 9 <sup>th</sup> grade students	Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	9 <sup>th</sup> grade students	School Counselor Teachers	Provide PSAT during school hours to increase PSAT exposure	Data collection of PSAT results. Analyze student strengths & challenges from test
SAT School Day	Offer an SAT exam in school to 11 <sup>th</sup> grade students	Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	11 <sup>th</sup> grade students	Counseling Center	Provide SAT during school hours to ensure student participation	Increase in SAT administrations and participation
Advanced Placement Exams	Offer students AP courses and exams	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	11 <sup>th</sup> and 12 <sup>th</sup> grade students	Counseling Center Teachers Administration	Increase exposure to rigorous AP classes	Data collection of AP results. Analyze student strengths & challenges from test
Transcript evaluation and edits	Assure transcripts are accurate and ready for college application submissions	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Fall	12 <sup>th</sup> grade students	School Counselor	Students' transcripts are college-ready	Increase in college acceptances and scholarship recipients
Letters of recommendation	Prepare letters of recommendation for all students applying to college and/or scholarships	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On going	12 <sup>th</sup> grade students	School Counselor	Display students' overall achievements and success to colleges	Increase in college acceptances and scholarship recipients



## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
Scholarships	Coordinate and assist students in applying for and completing scholarship applications	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	12 <sup>th</sup> grade students	Counseling Center Teachers	Advocate for students to receive various scholarships	Increase in scholarship applications and recipients
College applications	Assist students with their college applications	Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On going	12 <sup>th</sup> grade students	School Counselor	Help students with college/career readiness	Increase in college acceptances, increase in college exposure
Credit evaluation	Review students' earned credits and track credits for graduation	Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On going	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor	Make sure all students are on track for graduation	Increase graduation rates and cohorts
Annual Reviews	Attend annual review meetings to help advocate student support	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	Counseling Department PPS Director Teachers Parents	Evaluate students who need additional support	Establish appropriate goals, improvement in academics, behavior & emotional functioning
Parent teacher conferences	Meet with parents and teachers to discuss student progress	Social / Emotional Academic	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor Administration Teachers Parents	Build trust & communication with parents, stakeholders & staff	Improvement in parental involvement, accountability of students at home





## Bridgehampton School District School Counseling Plan High School 9-12<sup>th</sup> (continued)

Delivery	Foundation			Management		Accountability		
PROGRAM ACTIVITY OR SERVICE	PROGRAM OBJECTIVE	ASCA DOMAIN	STUDENT STANDARD	TIMELINE	STUDENT FOCUS	STAFF & RESOURCES	DISTRICT/ PROGRAM GOAL	ASSESSMENT
MaiaLearning College Search	Provide students the ability to search for colleges and save their favorite colleges to their Maialearning account	Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	11 <sup>th</sup> grade students	Counseling Center	Enhance college awareness and exploration of college searches	Increase in college understanding, increase in students attending college
BOCES Liaison	Provide students with information and opportunities to participate in CTE programs	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	10 <sup>th</sup> -12 <sup>th</sup> grade students	School Counselor	Increased student exposure to various careers and trades	Increase in BOCES participation, increase in career related fields of study
Senior exit survey (Maialearning)	Provide students with an exit survey in 12 <sup>th</sup> grade	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	12 <sup>th</sup> grade students	School Counselor	Track future goals and accomplishments	Track and collect data of seniors each year
Holland Interest Profiler Assessment (Maialearning)	Provide a career exploration interest inventory at the high school level	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	Spring	10 <sup>th</sup> grade students	School Counselor	Enhance career awareness and exploration of career interests based off of personality assessments	Data collection of student interests, align with future high school college / career exploration
Career List (Maialearning)	Provide students the ability to research various careers and save their favorite careers to their Maialearning account	Academic Career	B-LS 1-10 S-MS 1-10 B-SS 1-10	On-going	9-12 <sup>th</sup> grade students	School Counselor	Enhance career awareness and exploration of career interest	Data collection of student interests, align with future high school college / career exploration



## Annual School District Counseling Goals 2020-2021

1. It is the goal of the Bridgehampton School Counseling Center to ensure that all students gain a deeper understanding and knowledge of college & career readiness.

### Evidence of Success

- Maialearning Implementation
- Increase in student assessments (interest inventories, personality, intelligences etc.)
- Increase in college & career exposure

2. It is the goal of the Bridgehampton School Counseling Center to promote and increase a positive school culture where students feel safe and supported.

### Evidence of Success

- Reduction in SIR's and ODR's
- Increase in student self-efficacy and self-advocacy
- Increased student participation in SEL school programs



## References

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