



I have seen a vast improvement in my children's emotional well-being. I attribute this change to [the military and family life counselor] and her support group.

It has been the key factor in getting my children through this terribly sad and emotional time in their lives.

Neither I nor my husband could even begin to thank her enough for what she has done for [my children]. My husband is due home in about two weeks, and we all are thankful for that day to come. When he does return, he will come to group to personally thank [the military and family life counselor], along with pictures of happy children welcoming home their Daddy, a United States Marine.

With utmost respect, a Military Spouse



CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELORS

MILITARY AND FAMILY LIFE COUNSELING PROGRAM





WHO ARE CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELORS AND WHAT DO THEY DO?

Child and youth behavioral military and family life counselors are:

- » Master's or doctorate-level licensed counselors specializing in child and youth behavioral issues
- » Available at no cost to assist children and youth, parents, family members and staff of child and youth programs
- » Available to provide short-term, non-medical counseling support

Services are private and confidential with the exception of child abuse or neglect, domestic abuse or any other duty-to-warn situations.

ISSUES ADDRESSED BY CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELORS

- » School adjustment
- » Deployment and separation
- » Reunion adjustment
- » Sibling and parent-child communication
- » Behavioral concerns
- » Fear, grief and loss

HOW DO CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELORS MAKE A DIFFERENCE?

Child and youth behavioral military and family life counselors provide a wide range of support to military children and youth, family members and staff who work with children by:

- » Engaging in activities with children and youth
- » Providing behavioral interventions in classrooms, at camps and in Child Development Centers to assist staff in setting and managing boundaries
- » Modeling behavioral techniques and providing feedback to staff
- » Being available to parents and staff to discuss interactions with children and other concerns
- » Facilitating psycho-educational groups

SERVICE PROVIDERS AND LEADERS

Military and Family Life Counseling services are available at installation Military and Family Support Centers.

If an installation is not nearby, military service providers and leaders can request non-medical counseling services for unit events at <https://supportrequest.militaryonesource.mil>.

