

At-Home Activities & Resources





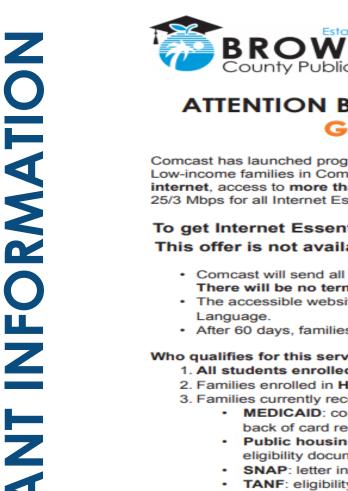
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Remember, your CARD clinician is still here to help you and virtually support your family during this hectic time!

Please reach out to your clinician if you are in need of resources including respite, meal assistance, etc.









ATTENTION BROWARD COUNTY PUBLIC SCHOOLS FAMILIES: **GET TWO MONTHS OF INTERNET FREE**

Comcast has launched program enhancements to help students access the Internet during the Coronavirus crisis. Low-income families in Comcast service areas who sign up as new customers can receive 60 days of complimentary internet, access to more than 200,000 hot spots nationwide, and an increase in internet speeds from 15/2 Mbps to 25/3 Mbps for all Internet Essentials customers.

To get Internet Essentials, please visit internetessentials.com or call toll-free 1-855-846-8376. This offer is not available in stores, so please do not go to a Comcast store for this program.

- Comcast will send all new customers a self-installation kit including a cable modem and Wi-Fi router. There will be no term contract or credit check and no shipping fee.
- The accessible website also includes the option to video chat with customer service agents in American Sign.
- After 60 days, families will need to call Comcast to cancel the service, or keep it for \$9.95/month.

Who qualifies for this service?

- All students enrolled in Title I schools. Please see the list at bit.ly/2lQncxB.
- 2. Families enrolled in HUD Housing and/or Free or Reduced lunch programs
- 3. Families currently receiving support from these federal programs must provide proof of participation:
 - MEDICAID: copy of card or most recent eligibility letter for an adult in your household (copy of front and back of card required.)
 - Public housing assistance: documentation such as lease, housing assistance payment (HAP) contract, or eligibility documentation from HUD.
 - **SNAP**: letter indicating you are approved for Supplemental Nutrition Assistance Program benefits.
 - **TANF**: eligibility letter for Temporary Assistance for Needy Families.
 - SSI: eligibility letter for Supplemental Security Income.
 - NSLP/Head Start: copy of a letter indicating participation in the National School Lunch Program or Head Start, with child's name, school name, and address of where you are requesting service.
 - LIHEAP: letter confirming eligibility for Low Income Home Energy Assistance Program.
 - WIC: eligibility letter for the Women, Infants, and Children program.
 - VA Pension: pension eligibility determination letter from the Veterans Administration.
 - Tribal assistance: eligibility letter, including TTANF, FDPIR, etc.

Once the customer calls or applies online, Comcast will provide an application number, and the customer will be asked to submit the document with the application number written on it to ieapplication@comcast.com. The quickest way to apply and upload the necessary documents is online at internetessentials.com. Customers may also fax documents to 1-888-294-7113 with the application number written on it.

> For questions please visit internetessentials.com or call 1-855-846-8376 for English or 1-855-765-6995 for Spanish.

Click on the blue text to follow links

If you need assistance, feel free to reach out to your CARD clinician for support.



Dealing with Covid-19

Resources for Special Educators, Therapists, & Families

Curated resources for those working with individuals who have developmental disabilities.

Thanks to all the creators from around the globe whose work is listed here. Your generosity in making these resources freely available is greatly appreciated.



Handwashing Poster

Download this resource from Angle S by clicking here.



Wash Your Hands

You can download the resource here.



Handwashing with Core Vocabulary

You can access the file for this resource here. It was created by <u>Autism Speech Talkies</u>.

Click on the image to follow the link for this ever-growing resource list

YOU **8** EFO

How to prepare for extended school closings—and not lose your mind

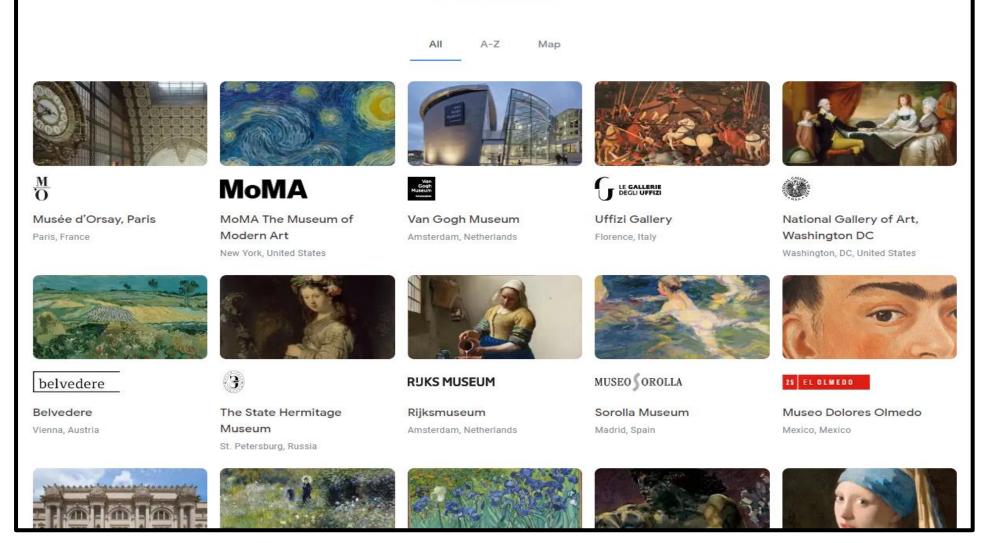
By Liz Faria 03.12.20



Click here for even more virtual museum resources



Collections

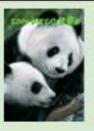


Click on the image to follow the link and access over 2,500 galleries worldwide

Click here for a virtual field trip lesson plan

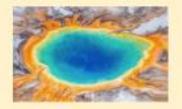


San	Diego
Z	00



The <u>San Diego Zoo</u> has a website just for kids with amazing videos, activities, and games. Enjoy the tour!

Yellowstone National Park Virtual Field Trip



Mud Volcano, Mammoth Hot Springs, and so much more.

Tour Yellowstone National Park!

MARS!!!



Explore the surface of Mars on the Curiosity Rover.

They are updating from WEBVR to WEBXR now, but 360 Mode offers a digital view!

Animal Cameras



Live Cams at the San Diego Zoo

Monterey Bay Aquarium live cams

Panda Cam at Zoo Atlanta
6 Animal Cams at Houston Zoo

Georgia Aquarium has Jellyfish, Beluga Whales, and more

Virtual Farm Tour



This Canadian site <u>FarmFood 360</u> offers

11 Virtual Tours of farms from minks, pigs, and cows, to apples and eggs.

Click on the colored words to follow the link



U.S. Space and
Rocket Museum
in Huntsville, AL



See the <u>Saturn 5 Rocket</u> on <u>YouTube</u> and more on this tour thanks to a real father/son outing.

Discovery Education Virtual Field Trips



A few of the field trip topics include
Polar Bears and the Tundra
Social Emotional Skills
STEM
manufacturing

The Louvre



Travel to Paris, France to see amazing works of art at <u>The Louvre</u> with this virtual field trip.

The Great Wall of China



This <u>Virtual Tour</u> of the <u>Great Wall of China</u> is beautiful and makes history come to life.

Boston Children's Museum

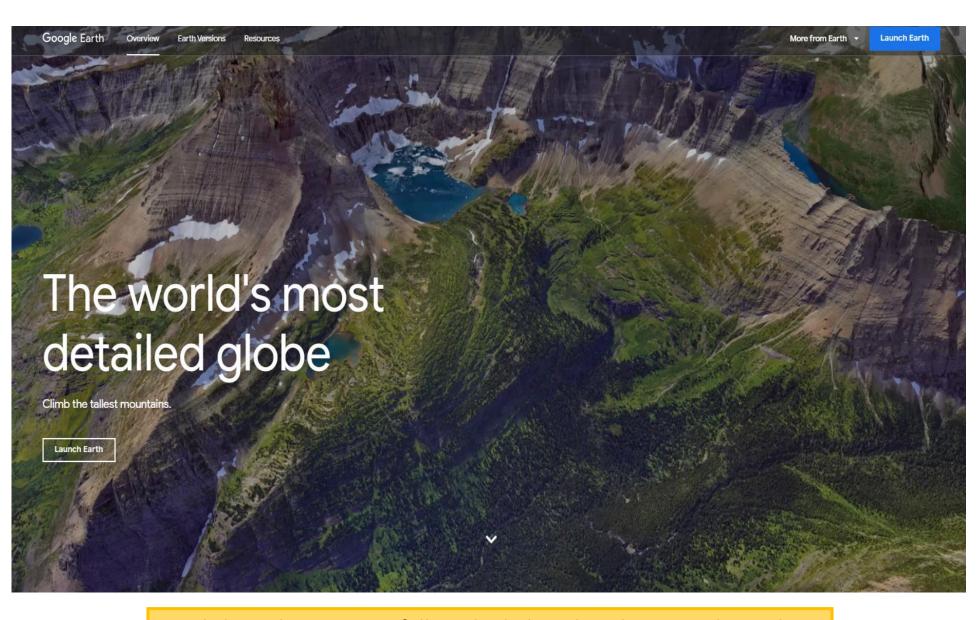


Walk through the <u>Boston Children's Museum</u> thanks to Google Maps!

This virtual tour allows kids to explore 3 floors of fun.

Click on the colored words to follow the link





Click on the image to follow the link and explore Google Earth



- 1. Acadia National Park
- 2. Arches National Park
- 3. Badlands National Park
- 4. <u>Big Bend National Park</u>
- 5. <u>Black Canyon of the Gunnison</u> National Park
- 6. <u>Bruce Canyon National Park</u>
- 7. Canyonlands National Park
- 8. Channel Islands National Park
- 9. <u>Cuyahoga Valley National Park</u>
- 10. <u>Death Valley National Park</u>
- 11. Denali National Park
- 12. Dry Tortugas National Park
- 13. Everglades National Park
- 14. Glacier National Park
- 15. Grand Canyon National Park
- 16. <u>Grand Teton National Park</u>
- 17. <u>Great Smoky Mountain National Park</u>
- 18. <u>Guadalupe Mountains National Park</u>
- 19. <u>Joshua Tree National Park</u>
- 20. Mesa Verde National Park

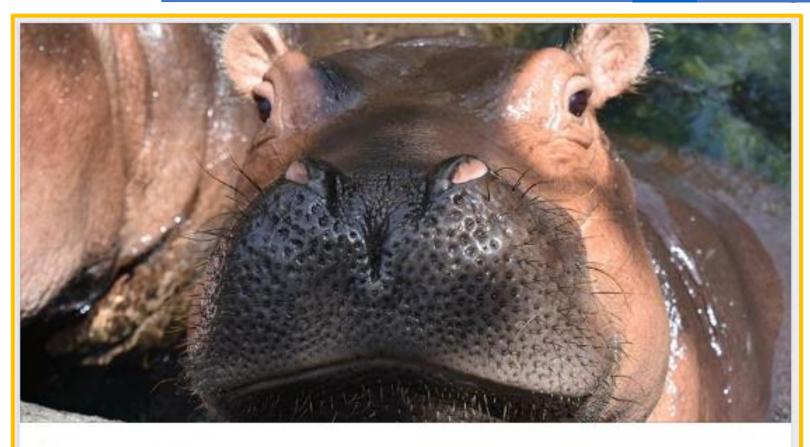


- 21. Mount Rainier National Park
- 22. Olympic National Park
- 23. Redwood National and State Parks
- 24. Rocky Mountain National Park
- 25. Seguoia National Park
- 26. Shenandoah National Park
- 27. <u>Virgin Islands National Park</u>
- 28. <u>Wind Cave National Park</u>
- 29. <u>Yellowstone National Park</u>
- 30. <u>Yosemite National Park</u>
- 31. Zion National Park

Click on the colored words to follow the link

Click here to visit Cincinnati Zoo's Home Safari webpage





Home Safari Facebook Lives

Public · 26 instances · 35,582 people · by Cincinnati Zoo & Botanical Garden

More Zoo Live Cams

- 1. <u>Smithsonian National</u> <u>Zoo</u>
- 2. Reid Park Zoo
- 3. Explore Live Cams
- 4. Zoo Atlanta Panda Cam
- 5. YouTube Zoo Live Cams

Zoo Field Trip Lesson
Plan Worksheets

Click on the image to follow the link



QUARANTIME

Online school with Science Mom and Math Dad! M-F 8-10 a.m. Pacific, 11-1 p.m. EST



Science Lessons

Engineering Challenges

Crafts Games

Livestreamed to YouTube and Facebook



FREE FACEBOOK LIVE CLASS! 3/19 IPM EST

"MINON"

SUPPLY LIST:

8X10 CANVAS/CANVAS BOARD
PAINT BRUSHES, SMALL,
MED,LARGE
ACRYLIC/TEMPURA PAINT COLORS:
TEAL,YELLOW,BLACK, WHITE,
PURPLE, BROWN, NAVY BLUE
GLASS OF WATER
PAPER TOWEL OR RAG

A SMILE AND AN OPEN MIND!





Click on the image to follow the link









Click on the images to follow each link





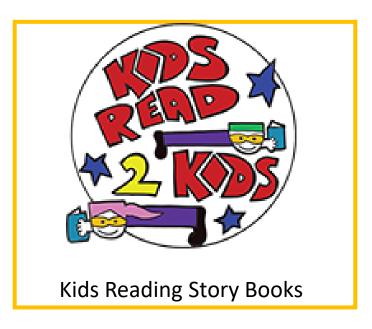






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Click on the image to follow the link

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Click Here for a Complete list of Educational Companies Providing Free Resources during School Closures – Updated Every Few Hours





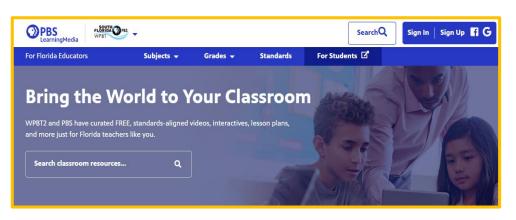


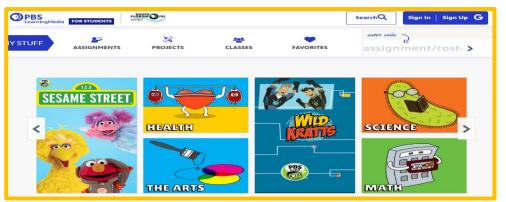














PBS Learning Center, Parents and Students

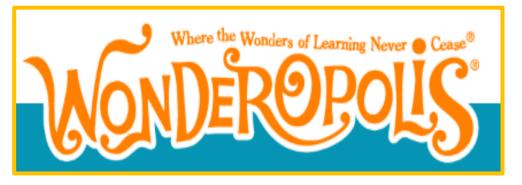




NASA STEM for Students







Click on images to follow each link





Brain POP

BrainPOP (all) username: Fulbrightfalcon password: fulbright1

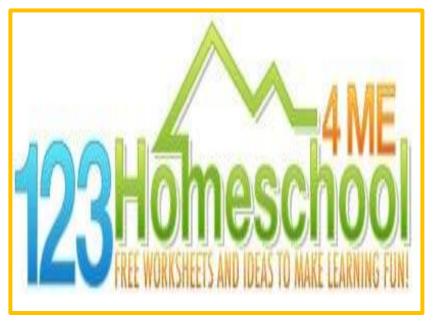
- 1. <u>BrainPop</u>
- 2. BrainPop Jr. (K-3)
- 3. <u>BrainPop English Language Learner</u>
- 4. BrainPop Español





Home Schooling Worksheets

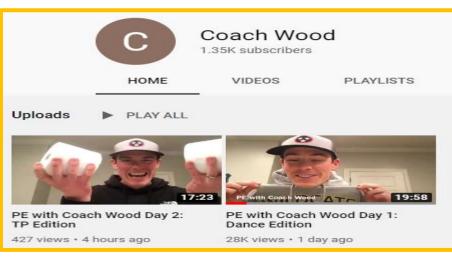




















- 1. Good Morning Yoga
- 2. Good Night Yoga: A
 Pose by Pose Bedtime
 Story
- 3. You are a Lion and Other Fun Yoga Poses
- 4. Frozen Inspired Yoga
- 5. <u>Children's Yoga with</u> Ally Ford
- 6. <u>Kid's Yoga Crab Pose</u>
- 7. <u>Sun Dance Kids Yoga</u>
- 8. <u>Kickapoo the</u> <u>Kangaroo</u>
- 9. Yoga for Kids
- 10. 6 Minute Yoga
- 11. Parsnip the Cat
- 12. Tiny the T-Rex
- 13. Wake-Up Routine
- 14. Zen Meditation
- 15. Alphabet Yoga

FLUENCY & FITNESS°

Helping students exercise their brains and bodies!

Click on the images to follow each link









GIANT LIST OF IDEAS FOR BEING HOME WITH KIDS

(for: actual quarantine, school closures, weekend social distancing, anytime!)

Thanks to the Princess Awesome & Boy Wonder Community for the amazing suggestions!!

Click on the images to follow each link

Puzzle



Playing Cards



Math Foam



Learning Bingo

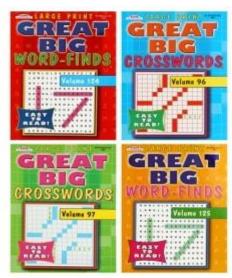


Jenga



Character Domino

Foam Dice



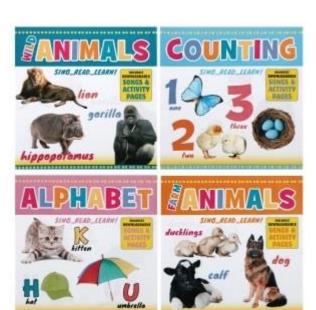
Crossword and Sudoku Workbooks



Educational



Relaxing
Coloring Books



Early Learning



Academic Workbooks

Click here for a DIY craft ideas and tutorials















Non-screen activities you can do at home

CRAFTS

SALT PAINTING

FINGER PAINT

PAINT LEAVES

BUTTERFLY

STAMP WITH CELERY

DRAW A SELF PORTRAIT

USE RUBBER STAMPS

DO SCRAPE PAINTING

PAINT A RECYCLED JAR

MAKE PUFFY SIDEWALK PAINT

MAKE SUPERHERO COSTUMES

MAKE CHALK ICE

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.



different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them. Thanks! 3 Get building! You could build a Lego model, a tower of playing cards or something

4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to tru and crack it?

5 Start a nature dlary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

Learning from home is fun'

Hold a photo session. Use a camera or a mobile shone to take some snaps. What will you photograph? Your ets or toys perhaps?





8 Use an old sock to create a puppet. Can you put on a puppet show for someone?









Do something kind for

someone. Can you pay them a compliment, make them something or help them with a

12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well. known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.



A Design and make an obstacle course at home or in the garden. How fast can you complete it?



15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.

20 Get sketching!

photograph or picture

of a person, place or

object and sketch it.



dance routine to your



17 Write a play script. Can you



19 Write a song or Read out loud to someone. rap about your Remember to read favourite subject.



24 Draw a view. Look out of your window and draw what you see.



25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?





23 Write a postcard to your teacher. Can you tell them what you like most about their class?



Pobble.com - More writing, More progress,

100 INDOOR ACTIVITIES

ACTIVITIES MAKE PAPER AIRPLANES MAKE PLAYDOUGH MAKE SLIME MAKE SUNCATCHERS MAKE PLAY MUD MAKE SALT DOUGH MAKE RAINBOW RICE MAKE SPONGE STAMPS MAKE FAKE SNOW MAKE A CEREAL BOX AQUAIRIUM MAKE A SENSORY BIN MAKE SCRATCH ART MAKE A SENSORY BAG MAKE YOUR OWN BOOKMARKS **BUILD A FORT** PAINT PET ROCKS HAVE A PILLOW FIGHT MAKE RECYCLED CRAYONS WRITE A STORY MAKE PAPER BOATS MAKE ICE CREAM IN A BAG MAKE GUMMY BEARS MAKE FRIENDSHIP BRACELETS MAKE FRUIT ROLL-UPS MAKE A BIRD FEEDER HAVE A MOVIE DAY MAKE PAPER BAG PUPPETS PUT ON A FASHION SHOW BAKE CUPCAKES OR MUFFINS MAKE HANDPRINT ART MAKE A SCRAPBOOK DO YOGA **DECORATE T-SHIRTS BUILD AN OBSTACLE COURSE** MAKE A THANKFUL JAR MAKE DINNER TOGETHER PLAY WITH MAGNETIC TILES MAKE A TIME CAPSULE BUILD SOMETHING WITH LEGO MAKE BUTTON ART **USE DOT MARKERS** PAINT WITH WATERCOLORS **BUILD A STACK OF CARDS** COLOR IN A COLORING BOOK PUT ON A PUPPET SHOW MAKE PAPER CRAFTS MAKE A TREASURE HUNT **BUILD A CARDBOARD CASTLE** INDOOR BOWLING MAKE TISSUE BOX MONSTERS LEARN TO DRAW MAKE A TOILET PAPER ROLL PUT ON A PLAY MAKE INDOOR HOPSCOTCH

GAMES

PLAY WOULD YOU RATHER PLAY I SPY PLAY SIMON SAYS PLAY BOARD GAMES PLAY HIDE AND SEEK INDOOR SCAVENGER HUNT PLAY BINGO PLAY CARD GAMES DO A PUZZLE **PLAY CHARADES** BUILD YOUR OWN GAME PLAY FREEZE DANCE PLAY HOT POTATO PLAY MARBLES KEEP THE BALLOON UP **PLAY DOMINOES** PLAY HANGMAN PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS DO A SCIENCE PROJECT LEARN ORIGAMI LEARN ABOUT A NEW ANIMAL LEARN A NEW CARD GAME LEARN TO SEW LEARN TO KNIT DO BRAIN TEASERS LEARN A NEW LANGUAGE LEARN ABOUT A COUNTRY

THEBESTIDEASFORKIDS.COM

DO A FAMILY CHORE TOGETHER

HAVE A DANCE PARTY

SET UP A PLAY STORE

WRITE IN A JOURNAL

PLAY WITH WATER IN A BIN

MAKE A SOCK TOSS GAME

MAKE PERLER BEAD ART

HAVE A TEA PARTY

Activity OOLS Non-Screen QS

30 Day LEGO Challenge

						-0
Follow the instructions for each			Day 1	Day 2	Day 3	Day 4
day. The only rule is to have fun and use your imagination!		You were hired by an amusement park to create a new roller coaster.	NASA needs you to build a new rocket.	Your parents want to build a new home and they want you to build it.	Hollywood hires you to build a movie set for a new Star Wars movie.	
Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11
You enter a contest to build the world's tallest tower. Will you win?	You are stuck on Mars and need to build a new ship to get home.	Ford hires you to create the toughest pick up truck in the world.	You and 4 friends are stranded on an island. Build a boat to find a way home.	Captain Hook needs a new pirate ship and wants you to build it.	You and your friends decide to build a tree house.	Prince Charming hires you to build a castle for him & Cinderella.
Day 12	Day 13	Day 14	Day 16	Day 16	Day 17	Day 18
Dr. Who hires you to build a new TARDIS.	You are asked by the President to build a new monument to George Washington.	Mr. Hilton hires you to build a new hotel.	There is a circus in town. Build a place for the performance.	Help your fellow pioneers build a wagon to make it across the country.	Build the fastest car around and join the big car race.	Do you wanna build a snowman? Get in the winter mood and build a snow scene.
Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	Day 25
The city wants you to build a bridge to connect one side of the town to the other.	up to you to make	You are hired to build a brand new hospital.	The fence is broke and the dog keeps escaping. Build one he can't get out of.	You are now in medieval times. You are commis- sioned to build a jousting arena.	The local bank keeps getting robbed. Build a safe no one can crack.	Design and build your dream bedroom.
Day 26 You are elected ruler. Build a flag for your land.	Day 27 Aliens are invading and you need to build a war robot to defeat them.	Day 28 The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is bilzzard. You will need to build a snowmobile		What was your favorite day?



SCHOOL IS OUT! READING CHALLENGE

Directions: Mark a square each time you complete the activity. Can you do them all?

				Sec. 1112-1112-1112-1112-1112-1112-1112-111
Read in your pajamas.	Build a fort. Then read in itl	Read outside.	Read with a flashlight.	Read a book online.
Read to a family member.	Read to a pet (real or fake)I	Read while eating breakfast.	Read a nonfiction book!	Read a book in a spooky voice.
Read on a beach towel.	Turn on the TV. Mute it and turn on the captions. Read the captionsl	Read a book in a whisper:	Read a book with sunglasses onl	Find a recipe. Read It1
Read to a stuffed animal.	Borrow a book from someone and read it.	Read during a picnic.	Read a book in bed.	Read a book two times in a rowl
Let someone else pick a book for you to read.	Read a book pretending that you are a teacher reading aloud to your class.	Read while eating your favorite snack.	Read in a robot voice.	Read to someone on the phone.

WRITING EXTENSION: Keep a journal about each activity that you dol Include the book title and details about your experience.





11 Independent Reading Responses That Can be Done with Any Book No Technology Required



Character Analysis – Choose a character from the story and draw a picture of the character in the center of the paper. Around the character write/draw about the character's personality traits, actions, special words, thoughts and feelings, problems & challenges, and accomplishments.

Create a Comic Strip – Choose a scene in the book and create a four-panel comic strip about that scene. Include colorful pictures with dialogue balloons for what each character is saying.

Make a Connections Map – Choose parts of the book that can be compared to the real world, another book, or yourself. Write down or draw these connections.

Make a New Book Cover – Create a new cover for the book with your own artwork and a blurb (short summary).

Make a Diorama – Using a shoebox or another box recreate a scene from the book using things from around the house such as scrap paper and small toys.

Create a Story Map – Draw 6 boxes on a sheet of paper. Put one of the following in each box: Title and author, characters, action, setting, problem, and solution. Write about the parts of the books in each box.

Write a Letter – Write a letter to your teacher or best friend telling him/her if you liked/disliked this book and why.

Create a Play – Either write or act out what this story would look like as a live action play.

Compare and Contrast – Create two circles that intertwine and make of list of how two books are different in the outer circle and how they are the same in the overlapping circle. Your child may know this as a Venn Diagram.

What's Next - Write about what you think would happen next if the story continued.

Story Chart – Divide a sheet of paper into 3 parts. Choose an important event from the beginning, middle, and end. Write/draw about that part.

1. Perform a puppet show with 28. Learn to crochet sock puppets 29. Play house 2. Make a magazine collage 30. Have a movie marathon 3. Play a board game and eat flavored popcorn 4. Take a bubble bath 31. Have a tea party 5. Have a dance party 32. Make a car wash for toy cars 33. Make shadow puppets 6. Listen to an audio book 7. Make a paper chain 34. Make marshmallow-and-8. Make a blanket fort toothpick towers

9. Build a box car or boat

11. Play dress-up

14. Blow bubbles

12. Go to the library

13. Play a card game

15. Do a jigsaw puzzle

17. Design a crown or

superhero mask

18. Invent a game with

16. Have a picnic indoors

blown-up balloons

19. Build a house of cards

20. Plan a scavenger hunt

24. Make paper airplanes

23. Make a tissue box guitar or

25. Make your own play dough

 Make friendship bracelets
 Create a hopscotch course out of bubble wrap

paper towel roll rain stick

Make a music video
 Draw a picture

10. Bake a cake or cupcakes

- 35. Learn origami
- 36. Make Christmas tree ornaments
- 37. Read a storybook
- 38. Make fresh fruit popsicles
- 39. Finger paint
- 40. Play in puddles
- Make a ball pit in an inflatable pool
- 42. Learn sign language
- 43. Play hide-and-go-seek
- 44. Build a shoe box city
- 45. Play charades
- 46. Make a scrapbook
- Create cards to send to a far-away friend
- 48. Decorate sugar cookies
- 49. Write a story
- 50. Tie-dye T-shirts

CARSON-DELLOSA

35 FUN THINGS TO DO IN YOUR BACKYARD

- 1. Have a picnic
- 2. Read a book
- 3. Draw with sidewalk chalk
- 4. Paint with shaving cream
- 5. Toss water balloons
- 6. Run through the sprinkler
- 7. Splash in the kiddie pool
- 8. Play in the water table
- 9. Jump rope
- 10. Play hopscotch
- 11. Play tic tac toe
- 12. Play scrabble with giant tiles
- 13. Make an obstacle course
- 14. Dig in the sandbox
- 15. Plant a garden
- 16. Make a bird feeder
- 17. Paint rocks



- 18. Fly a kite
- 19. Make & fly paper airplanes
- 20. Play fetch with your dog
- 21. Teach your dog new tricks
- 22. Learn to hula hoop
- 23. Set up a bean bag toss
- 24. Play croquet
- 25. Play baseball
- 26. Play kickball
- 27. Set up a net and play badminton
- 28. Blow bubbles
- 29. Try an egg and spoon race
- 30. Do a sack race with pillowcases
- 31. Take a popsicle break
- 32. Build a fort
- 33. Set up an outdoor movie night
- 34. Look for constellations in the sky
- 35. Have a camp out for the night



<u>Printable Princess – Outdoor Game Ideas for Kids</u>
<u>Kid Activities – 35 Outdoor Games for all Ages</u>
How We Learn – Ridiculously Fun Outdoor Games