



Healthy Youth Survey 2016

Report of Results

Statewide Results

Grade 6

March 1, 2017

Looking Glass Analytics
215 Legion Way SW
Olympia, WA 98502

More information about the Healthy Youth Survey is available at www.AskHYS.net

Report Contents

Introduction and Overview	2
Survey Participation in this Report	2
Caution about Participation Rates and Bias	2
Small Numbers: Caution about Number of Students Participating	2
Key to the Notes	2
Highlights of the Local Results	3
Selected Results by Gender	4
Understanding Your Report	5
N's	5
Confidence Intervals	6
More Information	6
Individual Question Results	7
Demographics and General Information (Questions 1-15)	7
Alcohol, Tobacco, and Other Drug (ATOD) Use	8
Lifetime Use (Questions 16-25)	8
30-Day Use (Questions 26-36)	8
Other Tobacco-Related Questions (Questions 37-47)	10
Other Electronic Cigarette- and Vaping Related Questions (Questions 48-51)	10
Other Alcohol-Related Questions (Questions 52-62)	11
Other Marijuana-Related Questions (Questions 63-69)	11
Other Alcohol- and Drug-related Questions (Questions 70-75)	11
Other Health Concerns	11
Nutrition and Fitness (Questions 76-96)	11
Health Conditions and Health Care (Questions 97-102)	13
Sexual Behavior (Questions 103-106)	14
Behaviors Related to Unintentional Injuries (Questions 107-117)	14
Behaviors Related to Intentional Injuries (Questions 118-124)	15
Physical, Emotional and Sexual Abuse (Questions 125-129)	15
Mental Health (Questions 130-140)	15
Social and Emotional Learning (Questions 141-144)	16
Gambling (Question 145)	16
School Climate (Questions 146-161)	16
Quality of Life (Questions 162-168)	17
Risk and Protective Factors	17
Risk and Protective Factor: Reporting Schedule	17
Risk and Protective Factor: Domain Scale Results and Graphs	18
Risk and Protective Factor: All Scale Graph	23
Risk and Protective Factor: Individual Question Results	24
Community Domain (Questions 169-185)	24
Family Domain (Questions 186-203)	26
School Domain (Questions 204-221)	27
Peer and Individual Domain (Questions 222-252)	30
Questions by Topic	33
Core Questions	34

For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

Statewide Results

Grade 6

Introduction and Overview

This report presents results from the fall 2016 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: <http://www.askhys.net/Reports/Additional>.

Survey Participation in this Report

Number of students surveyed:	9,897
Number of valid responses:	9,722
Number of enrolled students*:	12,592
Your survey participation rate**:	77%

* The estimate of enrolled students is based on figures from the 2016-2017 school year, provided by OSPI.

** The survey participation rate is the number of valid responses divided by the number of enrolled students.

Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.

See the Understanding Your Report section later in this report for a discussion of "confidence intervals" to help guide your interpretation of the results.

Key to the Notes

Three versions of the survey were used in the administration of the 2016 HYS. Forms A and B were given to secondary students (grades 8, 9, 10, 11 and 12 in some small school districts). Six questions on sexual orientation, behavior and abuse were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. Form C was given to elementary students (grade 6 and 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions are asked on both Forms A and B, a list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

A = wording on Form A; B = wording on Form B; C = wording on Form C

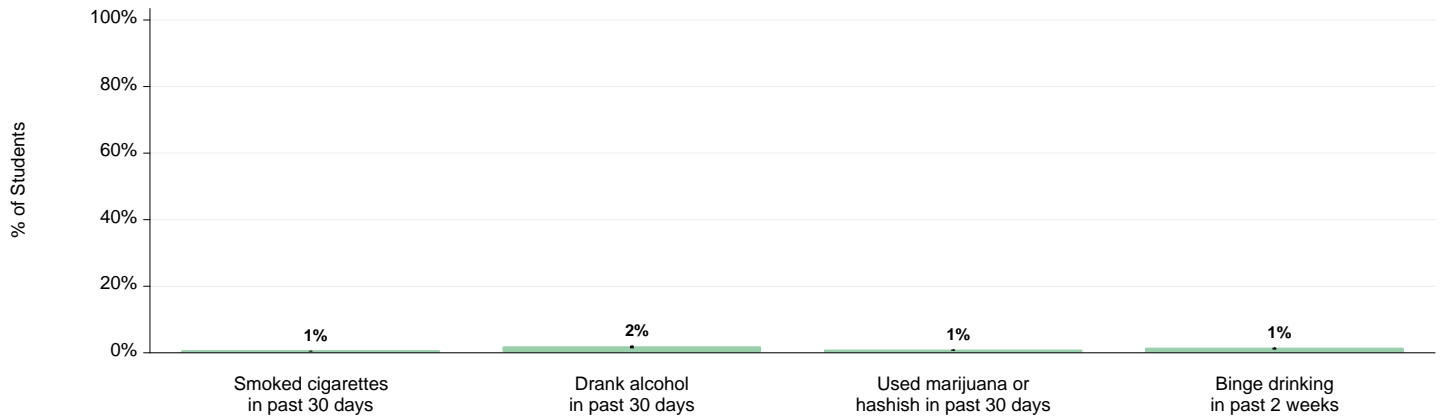
† = optional questions

Highlights of the Local Results

Your students and students statewide reported the following behaviors and attitudes:

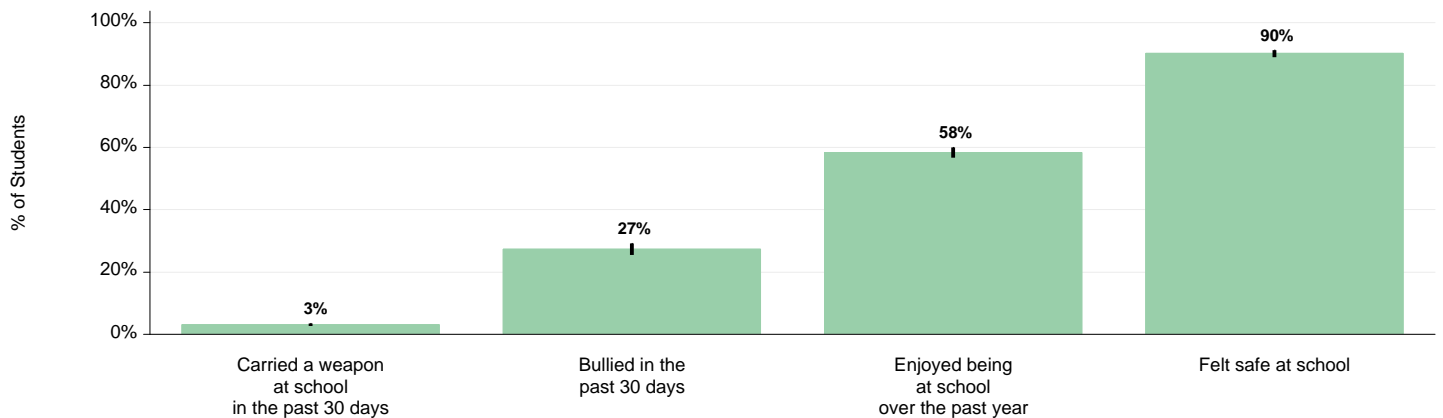
Substance Use

	Statewide % (±CI)
Smoked cigarettes in past 30 days	0.5% (±0.2)
Drank alcohol in past 30 days	1.8% (±0.4)
Used marijuana or hashish in past 30 days	0.8% (±0.2)
Binge drinking in past 2 weeks	1.3% (±0.3)



Bullying and School Climate

	Statewide % (±CI)
Carried a weapon at school in the past 30 days	3.1% (±0.4)
Bullied in the past 30 days	27.3% (±1.9)
Enjoyed being at school over the past year	58.4% (±1.6)
Felt safe at school	90.1% (±1.2)



For more information on specific HYS topics, see the Fact Sheets at www.AskHYS.net, under HYS Results – Fact Sheets

Selected Results by Gender

Selected survey questions are presented by gender to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by gender for any question unless a minimum of students answer each response option. These results are “suppressed”.

For your student results by gender, a minimum of 10 students need to answer each response option:

For example, to report smoking cigarettes in the past 30 days for your students by gender – surveys are needed for at least 10 females who smoke, 10 females who don't smoke, 10 males who smoke, and 10 males who don't smoke.

For state results by gender, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks “*”. Many small counties, districts and schools may not have enough students to report results by gender for all or some questions.

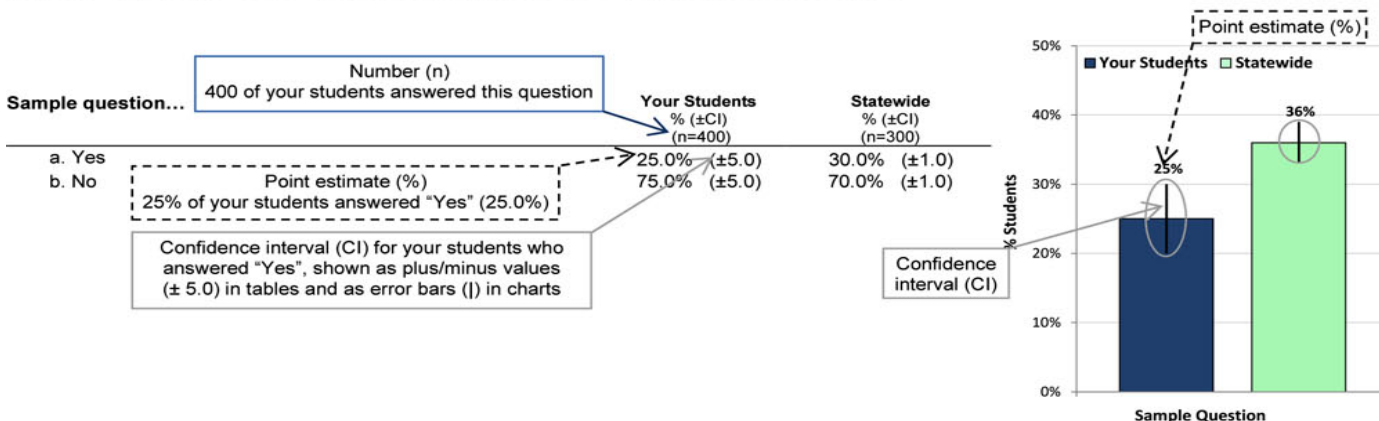
	Statewide		
	Female %	Male %	p-value
Smoked cigarettes in past 30 days	(n=9,276) 0.4%	0.7%	0.0266
Drank alcohol in past 30 days	(n=9,202) 1.3%	2.1%	0.0020
Used marijuana or hashish in past 30 days	(n=9,165) 0.6%	1.0%	0.0183
Binge drinking in past 2 weeks	(n=9,117) 1.2%	1.4%	0.5575
Carried a weapon at school in the past 30 days	(n=9,144) 2.6%	3.6%	0.0054
Bullied in the past 30 days	(n=9,086) 28.3%	26.1%	0.0183
Enjoyed being at school over the past year	(n=9,645) 64.2%	52.6%	<.0001
Felt safe at school	(n=9,588) 91.0%	89.3%	0.0063

Understanding Your Report

N's

In this report "n" is shorthand for "number"—the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey – Form A and B. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less.
- Some schools chose to take the questions about sexual orientation, behavior and abuse. Schools that chose to not ask those additional questions will have no responses for those questions. [District and county reports may include some schools that DID ask those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

19. Have you ever, even once in your life: Used marijuana?	(n=398)	(n=4,000)	N for a core question (almost all students)
a. Yes	49.0% (±3.0)	46.0% (±1.0)	
b. No	51.0% (±3.0)	54.0% (±1.0)	
20. Have you ever, even once in your life: Used inhalants (things you sniff to get high)?	(n=200)	(n=2,000)	N for a question on only one version (about half the students)
a. Yes	11.0% (±4.0)	12.0% (±2.0)	
b. No	89.0% (±4.0)	88.0% (±2.0)	
104. How old were you when you had sexual intercourse for the first time?†	(n=100)	(n=1,500)	N for an optional sexual behavior question (about half, or less if some schools chose not to ask those questions)
a. I have never had sexual intercourse.	70.0% (±8.0)	75.0% (±4.0)	
b. 11 years old or younger	2.0% (±2.0)	2.0% (±1.0)	
c. 12 years old	2.0% (±2.0)	1.0% (±1.0)	
d. 13 years old	5.0% (±2.0)	4.0% (±1.0)	
e. 14 years old	8.0% (±6.0)	7.0% (±2.0)	
f. 15 years old	9.0% (±5.0)	8.0% (±2.0)	
g. 16 years old	3.0% (±3.0)	2.0% (±1.0)	
h. 17 years old or older	1.0% (±1.0)	1.0% (±1.0)	
155. Does your school have a counselor	(n=375)	(n=3,750)	N for a core question near the end of the survey (almost all, except students who don't finish the survey)
a. Yes	90.0% (±3.0)	95.0% (±1.0)	
b. No	5.0% (±2.0)	2.0% (±1.0)	
c. Not sure	5.0% (±2.0)	3.0% (±1.0)	

How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants (200×0.10).

Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is *exactly* the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% ($\pm 1.5\%$), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

How can you "use" confidence intervals?

CIs help you to decide if the differences between your students and the state are statistically significant.

*For an example, let's say your students report 25% $\pm 5\%$. That means that the CI is between 20% and 30%
Here is the math: $25\% - 5\% = 20\%$, and $25\% + 5\% = 30\%$*

Using CIs, you can decide if the difference between your students and the state results are statistically significant:

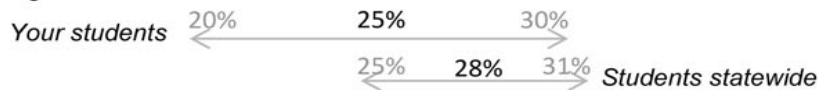
1. A significant difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Students statewide report 36% $\pm 3\%$, so the point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap, so the difference is significant



2. Not a significant difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 28% $\pm 3\%$, so the point estimate is 28% and the CI is 25% to 31%
- The CI for your students overlaps the point estimate for students statewide, so the difference is not significant



3. Not sure if there is a difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 32% $\pm 3\%$, so the point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.



More information about interpreting CIs is available on the HYS Training web page at www.AskHYS.net/Training. The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

More Information

Much of the information on the Healthy Youth Survey is available online at www.AskHYS.net.

- Under HYS Results, you can find these "Frequency Reports". Also included is the 2012 Interpretive Guide with a detailed overview of the reports, information on statistical issues and how to use your data. There are also topical fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.

Frequency Results

Demographics and General Information

[Question 1 appears only on the secondary version of the survey.]

	Statewide % (±CI) (n=9,718)
2. How old are you?	
a. 10 or younger	1.8% (±0.3)
b. 11	76.0% (±1.1)
c. 12	21.8% (±1.3)
d. 13	0.3% (±0.1)
e. 14	0.0% (±0.0)
f. 15 or older	0.0% (±0.0)
3. Are you:	
a. Female	50.9% (±1.1)
b. Male	49.1% (±1.1)
4. How do you describe yourself? (Select one or more responses.)	
a. American Indian or Alaskan Native	6.2% (±0.9)
b. Asian or Asian American	10.1% (±3.0)
c. Black or African-American	4.0% (±1.0)
d. Hispanic or Latino/Latina	12.6% (±3.3)
e. Native Hawaiian or other Pacific Islander	1.7% (±0.4)
f. White or Caucasian	38.3% (±3.7)
g. Other	17.9% (±1.4)
More than one race/ethnicity marked	9.2% (±0.9)

[Questions 5-6 appear only on the secondary version of the survey.]

	(n=9,690)
7. What language is usually spoken at home?	
a. English	81.8% (±3.5)
b. Spanish	9.7% (±2.7)
c. Other	8.6% (±2.3)

[Questions 8-13 appear only on the secondary version of the survey.]

	(n=9,668)
14. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?	
a. No	66.7% (±2.2)
b. Yes	22.0% (±2.1)
c. Not sure	11.3% (±1.1)
15. How honest were you in filling out this survey?	
a. I was very honest.	86.1% (±0.7)
b. I was honest pretty much of the time.	12.7% (±0.8)
c. I was honest some of the time	1.2% (±0.3)
d. I was honest once in a while.	surveys pulled
e. I was not honest at all.	surveys pulled

Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

Lifetime Use

[Questions 16-17 appear only on the secondary version of the survey.]

Have you ever, even once in your life:

	Statewide % (±CI) (n=9,121)
18. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 18 or 228)	
a. No	78.8% (±1.3)
b. Yes	21.2% (±1.3)
19. Used marijuana? (Computed from question 19 or 226)	(n=9,149)
a. No	97.6% (±0.4)
b. Yes	2.4% (±0.4)
20. Used inhalants (things you sniff to get high)?	(n=9,136)
a. No	98.0% (±0.4)
b. Yes	2.0% (±0.4)

[Questions 21-24 appear only on the secondary version of the survey.]

25. Have you ever, even once in your lifetime: Used other illegal drugs?	(n=9,133)
a. Yes	2.0% (±0.3)
b. No	98.0% (±0.3)

30-Day Use (Use in the Past 30 Days)

During the past 30 days, on how many days did you:

	(n=9,297)
26. Smoke cigarettes?	
a. None	99.5% (±0.2)
b. 1-2 days	0.3% (±0.1)
c. 3-5 days	0.1% (±0.1)
d. 6-9 days	0.1% (±0.1)
e. 10-29 days	0.0% (±0.0)
f. All 30 days	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.5% (±0.2)

	Statewide % (\pm CI) (n=9,257)	
27. Use chewing tobacco, snuff, or dip?		
a. None	99.5%	(\pm 0.2)
b. 1-2 days	0.3%	(\pm 0.1)
c. 3-5 days	0.1%	(\pm 0.1)
d. 6-9 days	0.1%	(\pm 0.1)
e. 10-29 days	0.0%	(\pm 0.0)
f. All 30 days	0.1%	(\pm 0.0)
<i>Any use in past 30 days</i>	0.5%	(\pm 0.2)

[Question 28 appears only on the secondary version of the survey.]

	(n=9,228)	
29. Use an electronic cigarette, also called e-cigs, or vape pens?		
a. None	98.8%	(\pm 0.3)
b. 1-2 days	0.7%	(\pm 0.2)
c. 3-5 days	0.2%	(\pm 0.1)
d. 6-9 days	0.1%	(\pm 0.1)
e. 10-19 days	0.0%	(\pm 0.0)
f. 20-29 days	0.1%	(\pm 0.1)
g. All 30 days	0.1%	(\pm 0.1)
<i>Any use in past 30 days</i>	1.2%	(\pm 0.3)

[Question 30 appears only on the secondary version of the survey.]

During the past 30 days, on how many days did you:

	(n=9,222)	
31. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?		
a. None	98.2%	(\pm 0.4)
b. 1-2 days	1.3%	(\pm 0.3)
c. 3-5 days	0.1%	(\pm 0.1)
d. 6-9 days	0.1%	(\pm 0.1)
e. 10 or more days	0.2%	(\pm 0.1)
<i>Any use in past 30 days</i>	1.8%	(\pm 0.4)

	(n=9,184)	
32. Use marijuana or hashish (weed, hash, pot)?		
a. None	99.2%	(\pm 0.2)
b. 1-2 days	0.4%	(\pm 0.2)
c. 3-5 days	0.1%	(\pm 0.1)
d. 6-9 days	0.1%	(\pm 0.1)
e. 10-19 days	0.0%	(\pm 0.0)
f. 20-29 days	0.0%	(\pm 0.0)
g. All 30 days	0.1%	(\pm 0.1)
<i>Any use in past 30 days</i>	0.8%	(\pm 0.2)

	Statewide % (\pm CI) (n=9,153)	
33. Not counting alcohol, tobacco, or marijuana, use another illegal drug?		
a. None	99.4%	(\pm 0.2)
b. 1-2 days	0.3%	(\pm 0.1)
c. 3-5 days	0.1%	(\pm 0.1)
d. 6-9 days	0.0%	(\pm 0.1)
e. 10 or more days	0.2%	(\pm 0.1)
<i>Any use in past 30 days</i>	0.6%	(\pm 0.2)
34. Use any illegal drug, including marijuana? (Computed from questions 32 and 33)		
None	98.9%	(\pm 0.3)
Any use in past 30 days	1.1%	(\pm 0.3)

[Questions 35-36 appear only on the secondary version of the survey.]

Other Tobacco-Related Questions

37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
	(n=8,639)	
a. 0 days	83.2%	(\pm 1.3)
b. 1-2 days	10.3%	(\pm 0.8)
c. 3-4 days	2.6%	(\pm 0.4)
d. 5-6 days	0.9%	(\pm 0.3)
e. 7 days	3.0%	(\pm 0.5)
38. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?		
	(n=8,646)	
a. 0 days	90.6%	(\pm 1.4)
b. 1-2 days	4.9%	(\pm 0.8)
c. 3-4 days	1.5%	(\pm 0.4)
d. 5-6 days	0.7%	(\pm 0.2)
e. 7 days	2.2%	(\pm 0.4)

[Questions 39-47 appear only on the secondary version of the survey.]

Other Electronic Cigarette- and Vaping-Related Questions

[Questions 48-51 appear only on the secondary version of the survey.]

Other Alcohol-Related Questions

52. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)	Statewide % (±CI) (n=9,138)
a. None	98.7% (±0.3)
b. Once	0.8% (±0.2)
c. Twice	0.3% (±0.1)
d. 3-5 times	0.1% (±0.1)
e. 6-9 times	0.0% (±0.0)
f. 10 or more times	0.1% (±0.1)
53. Drinking Categories Variable (computed from questions 31 and 52)	(n=9,071)
No drinking past 30 days and no binge past 2 weeks	97.3% (±0.4)
1-2 days drinking past 30 days and no binge past 2 weeks	1.1% (±0.2)
3-5 days drinking past 30 days and/or 1 binge past 2 weeks	0.8% (±0.2)
6+ days drinking past 30 days and/or 2+ binge past 2 weeks	0.8% (±0.2)

[Questions 54-62 appear only on the secondary version of the survey.]

Other Marijuana-Related Questions

[Questions 63-69 appear only on the secondary version of the survey.]

Other Alcohol- and Drug-Related Questions

[Question 70 appears only on the secondary version of the survey.]

71. During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?	(n=8,627)
a. Never	25.9% (±2.4)
b. Once	21.6% (±1.5)
c. 2-3 times	24.4% (±1.7)
d. 4 or more times	28.0% (±3.2)

[Questions 72-75 appear only on the secondary version of the survey.]

Other Health Concerns

Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, depression, and gambling behavior. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors, such as wearing a seat belt when in a moving vehicle, can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

[Questions 76-77 appear only on the secondary version of the survey.]

	Statewide % (\pm CI) (n=8,469)	
78. How often do you eat dinner with your family?		
a. Never	2.8%	(\pm 0.4)
b. Rarely	7.4%	(\pm 0.8)
c. Sometimes	11.8%	(\pm 0.9)
d. Most of the time	30.8%	(\pm 1.2)
e. Always	47.3%	(\pm 1.4)

[Questions 79-80 appear only on the secondary version of the survey.]

	(n=8,768)	
81. Did you eat breakfast today?		
a. Yes	80.9%	(\pm 1.8)
b. No	19.1%	(\pm 1.8)

[Questions 82-84 appear only on the secondary version of the survey.]

	(n=8,736)	
85. How many sodas, sports drinks (such as Gatorade) and other sweetened drinks (such as Snapple or SoBe) did you drink yesterday?		
a. None	53.4%	(\pm 2.1)
b. 1	33.8%	(\pm 1.4)
c. 2	8.6%	(\pm 0.8)
d. 3	2.0%	(\pm 0.4)
e. 4 or more	2.2%	(\pm 0.4)

	(n=8,674)	
86. Did you buy sodas, sports drinks, or other flavored sweetened drinks at school yesterday?		
a. I did not drink sodas, sports drinks or other flavored sweetened drinks yesterday.	38.8%	(\pm 1.8)
b. Yes	10.8%	(\pm 1.0)
c. No	50.4%	(\pm 1.6)

[Question 87 appears only on the secondary version of the survey.]

	(n=9,511)	
88. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)		
a. 0 days	6.1%	(\pm 0.8)
b. 1 day	5.3%	(\pm 0.5)
c. 2 days	7.2%	(\pm 0.6)
d. 3 days	10.6%	(\pm 0.7)
e. 4 days	12.5%	(\pm 0.7)
f. 5 days	18.3%	(\pm 1.0)
g. 6 days	11.6%	(\pm 0.8)
h. 7 days	28.3%	(\pm 1.5)

[Question 89 appears only on the secondary version of the survey.]

	Statewide % (\pm CI) (n=9,672)	
90. On average how many days a week do you walk to or from school?		
a. Never	69.5%	(\pm 4.2)
b. 1-2	8.9%	(\pm 1.4)
c. 3-4	6.2%	(\pm 1.1)
d. I walk every day.	15.4%	(\pm 2.4)
91. On average how many days a week do you ride a bicycle to or from school?		
(n=9,635)		
a. Never	93.0%	(\pm 1.1)
b. 1-2	4.0%	(\pm 0.7)
c. 3-4	1.6%	(\pm 0.3)
d. I bike every day.	1.4%	(\pm 0.4)
92. On an average school day, how many hours do you watch TV?		
(n=9,593)		
a. I do not watch TV on an average school day.	19.5%	(\pm 1.7)
b. Less than 1 hour per day	26.3%	(\pm 1.1)
c. 1 hour per day	18.9%	(\pm 0.9)
d. 2 hours per day	18.7%	(\pm 1.0)
e. 3 hours per day	8.6%	(\pm 0.8)
f. 4 hours per day	3.3%	(\pm 0.5)
g. 5 or more hours per day	4.7%	(\pm 0.7)
93. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on such things as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)		
(n=9,606)		
a. I do not play video games or use a computer for fun on an average school day.	12.9%	(\pm 1.0)
b. Less than 1 hour per day	24.0%	(\pm 1.6)
c. 1 hour per day	18.9%	(\pm 1.0)
d. 2 hours per day	17.6%	(\pm 1.0)
e. 3 hours per day	11.0%	(\pm 1.0)
f. 4 hours per day	6.0%	(\pm 0.7)
g. 5 or more hours per day	9.8%	(\pm 1.4)

[Questions 94-96 appear only on the secondary version of the survey.]

Health Conditions and Health Care

	(n=9,678)	
97. Has a doctor or nurse ever told you that you have asthma?		
a. Yes	14.0%	(\pm 0.8)
b. No	75.6%	(\pm 1.2)
c. Not sure	10.5%	(\pm 0.8)

	Statewide % (\pm CI) (n=9,646)
98. Do you still have asthma?	
a. I have never had asthma.	64.7% (\pm 1.5)
b. Yes	10.3% (\pm 0.8)
c. No	14.5% (\pm 0.9)
d. Not sure	10.5% (\pm 0.7)

[Questions 99-100 appear only on the secondary version of the survey.]

	(n=9,620)
101. During the past year, did you miss any time from school because of toothache? (Do not include toothache due to braces or an injury.)	
a. Yes	5.2% (\pm 0.8)
b. No	86.8% (\pm 1.2)
c. Not sure	8.0% (\pm 0.7)

[Question 102 appears only on the secondary version of the survey.]

Sexual Behavior

[Questions 103-106 appear only on the secondary version of the survey.]

Behaviors Related to Unintentional Injury

[Question 107 appears only on the secondary version of the survey.]

	(n=9,690)
108. Have you ever taken formal swimming lessons?	
a. Yes	58.8% (\pm 4.3)
b. No	34.3% (\pm 4.1)
c. Not sure	6.9% (\pm 0.5)

	(n=9,701)
109. How good a swimmer do you think you are?	
a. Good	57.4% (\pm 2.3)
b. So-so	32.2% (\pm 1.3)
c. Not good	5.6% (\pm 0.7)
d. Can't swim	4.7% (\pm 0.9)

[Question 110 appears only on the secondary version of the survey.]

	(n=9,583)
111. During the past 30 days, did you ride in a car or other vehicle driven by someone who was texting or emailing?	
a. Yes	21.8% (\pm 1.1)
b. No	60.6% (\pm 1.4)
c. Not sure	17.6% (\pm 1.0)

[Questions 112-113 appear only on the secondary version of the survey.]

	(n=8,757)
114. In the last 30 days, have you ridden in a car driven by someone who had been drinking alcohol?	
a. Yes	5.6% (\pm 0.6)
b. No	87.0% (\pm 0.8)
c. Not sure	7.4% (\pm 0.6)

[Questions 115-117 appear only on the secondary version of the survey.]

Behaviors Related to Intentional Injury

[Question 118 appears only on the secondary version of the survey.]

119. During the past 30 days, did you carry a weapon such as a gun, knife, or club on school property?	Statewide % (±CI) (n=9,162)
a. Yes	3.1% (±0.4)
b. No	96.9% (±0.4)

[Question 120 appears only on the secondary version of the survey.]

121. During the past 12 months, how many times were you in a physical fight?	(n=9,064)
a. 0 times	76.1% (±1.4)
b. 1 time	12.4% (±0.8)
c. 2-3 times	6.3% (±0.7)
d. 4-5 times	1.5% (±0.3)
e. 6 or more times	3.7% (±0.5)

[Questions 122-124 appear only on the secondary version of the survey.]

Physical, Emotional and Sexual Abuse

[Questions 125-129 appear only on the secondary version of the survey.]

Mental Health

[Questions 130-133 appear only on the secondary version of the survey.]

134. Have you ever seriously thought about killing yourself?	(n=8,982)
a. Yes	14.6% (±1.3)
b. No	85.4% (±1.3)

135. Have you ever tried to kill yourself?	(n=8,999)
a. Yes	4.8% (±0.7)
b. No	95.2% (±0.7)

[Questions 136-137 appear only on the secondary version of the survey.]

138. When you feel sad or hopeless, are there adults that you can turn to for help?	(n=8,990)
a. I never feel sad or hopeless.	20.5% (±0.9)
b. Yes	62.2% (±1.8)
c. No	7.3% (±0.7)
d. Not sure	9.9% (±0.9)

[Questions 139-140 appear only on the secondary version of the survey.]

Social and Emotional Learning

	Statewide % (\pm CI) (n=8,220)	
141. I know how to disagree without starting a fight or argument.		
a. Strongly agree	38.8%	(\pm 1.4)
b. Agree	46.4%	(\pm 1.4)
c. Disagree	10.4%	(\pm 0.9)
d. Strongly disagree	4.4%	(\pm 0.6)
142. When I have problems at school, I am good at finding ways to solve them.	(n=8,288)	
a. Strongly agree	34.1%	(\pm 1.3)
b. Agree	52.3%	(\pm 1.3)
c. Disagree	10.6%	(\pm 1.0)
d. Strongly disagree	3.0%	(\pm 0.5)
143. When I make a decision, I think about what might happen afterward.	(n=8,254)	
a. Strongly agree	36.4%	(\pm 1.1)
b. Agree	49.2%	(\pm 1.3)
c. Disagree	11.4%	(\pm 0.8)
d. Strongly disagree	3.0%	(\pm 0.5)
144. I try to understand how other people feel and think.	(n=8,216)	
a. Strongly agree	45.3%	(\pm 1.4)
b. Agree	45.8%	(\pm 1.3)
c. Disagree	6.7%	(\pm 0.6)
d. Strongly disagree	2.2%	(\pm 0.4)

Gambling

[Question 145 appears only on the secondary version of the survey.]

School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

	(n=9,105)	
146. A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?		
a. I have not been bullied.	72.7%	(\pm 1.9)
b. Once	14.6%	(\pm 1.0)
c. 2-3 times	6.9%	(\pm 0.7)
d. About once a week	2.3%	(\pm 0.4)
e. Several times a week	3.5%	(\pm 0.6)

[Questions 147-161 appear only on the secondary version of the survey.]

Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

[Questions 162-167 appear only on the secondary version of the survey.]

	Statewide % (±CI) <small>(n=9,517)</small>
168. Do you have goals and plans for the future?	
a. No	14.6% (±0.8)
b. Yes	85.4% (±0.8)

Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2004	2006	2008	2010	2012	2014	2016
Community Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X	X	X ^E	X ^E	X ^E	X ^E
Community Risk Factors							
Transitions and Mobility	X ^S						
Perceived Availability of Handguns	X ^S	X ^S	X ^S	X ^S	X ^S		
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
Low Neighborhood Attachment		X ^S	X ^S	X ^S			
Perceived Availability of Drugs	X	X	X	X	X	X	X
Family Protective Factors							
Opportunities for Prosocial Involvement	X ^{E, †}	X [†]	X [†]	X [†]	X [†]	X	X
Rewards for Prosocial Involvement	X ^{E, †}	X [†]	X [†]	X [†]	X [†]	X ^E	X ^E
Family Risk Factors							
Poor Family Management	X ^{S, †}	X ^{S, †}	X ^{S, †}	X ^{S, †}	X ^{S, †}	X ^S	X ^S
Parental Attitudes Favorable towards Drug Use	X ^{S, †}		X ^{S, †}	X ^S	X ^S	X ^S	X ^S
Parental Attitudes Favorable to Antisocial Behavior	X ^{S, †}						
Antisocial Behavior Among Familiar Adults							
Peer-Individual Protective Factors							
Social Skills	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Interaction With Prosocial Peers	X	X	X	X ^S	X ^S	X ^S	X ^S
Belief in the Moral Order	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Prosocial Involvement	X	X	X ^E	X ^E	X ^E	X ^E	X ^E
Peer-Individual Risk Factors							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Early Initiation of Antisocial Behavior	X ^S	X ^S	X ^S	X ^S	X ^S		
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X ^S	X ^S	X ^S	X ^S			
Rewards for Antisocial Involvement	X ^S	X ^S	X ^S				
Friends' Use of Drugs	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Interaction With Antisocial Peers	X ^S	X ^S	X ^S	X ^S	X ^S		
Intentions to Use	X ^S	X ^S	X ^S	X ^S	X ^S		
School Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
School Risk Factors							
Low Commitment to School	X	X	X	X	X	X	X
Academic Failure	X	X	X	X	X	X	X

Note: X^S = Included only on the secondary version; X^E = Included only on the elementary version.

Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington’s Social Development Research Group.

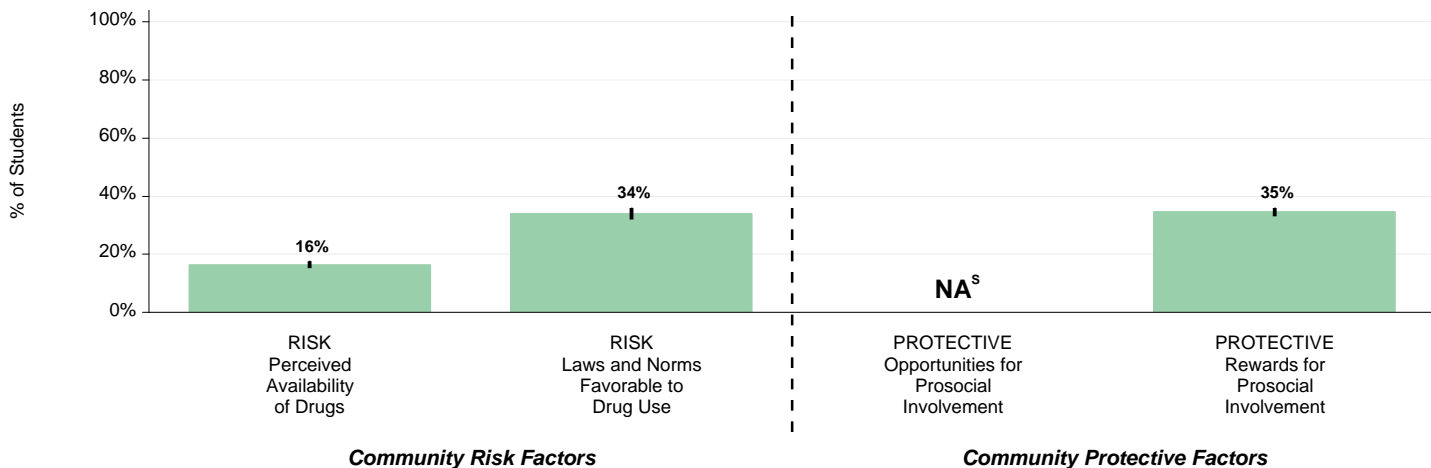
Community Domain

Risk Factors

	Statewide % (±CI) (n)
Perceived Availability of Drugs (Questions 169-172)	16.4% (±1.2) (n=8,927)
Laws And Norms Favorable to Drug Use (Questions 173-178)	34.0% (±2.0) (n=9,407)

Protective Factors

Opportunities for Prosocial Involvement (Questions 179-182)	NA ^S
Rewards for Prosocial Involvement (Questions 183-185)	34.6% (±1.4) (n=9,368)



Note: NA^S = Included only on the secondary version; NA^E = Included only on the elementary version.

For more information, see the History of Risk and Protective Factor Report on www.AskHYS.net, under HYS Results – Frequency Reports - Additional Reports

Family Domain

Risk Factors

**Statewide
% (±CI)**

Poor Family Management (Questions 186-193)

NA^s

Parental Attitudes Favorable Towards Drug Use (Questions 201-203)

NA^s

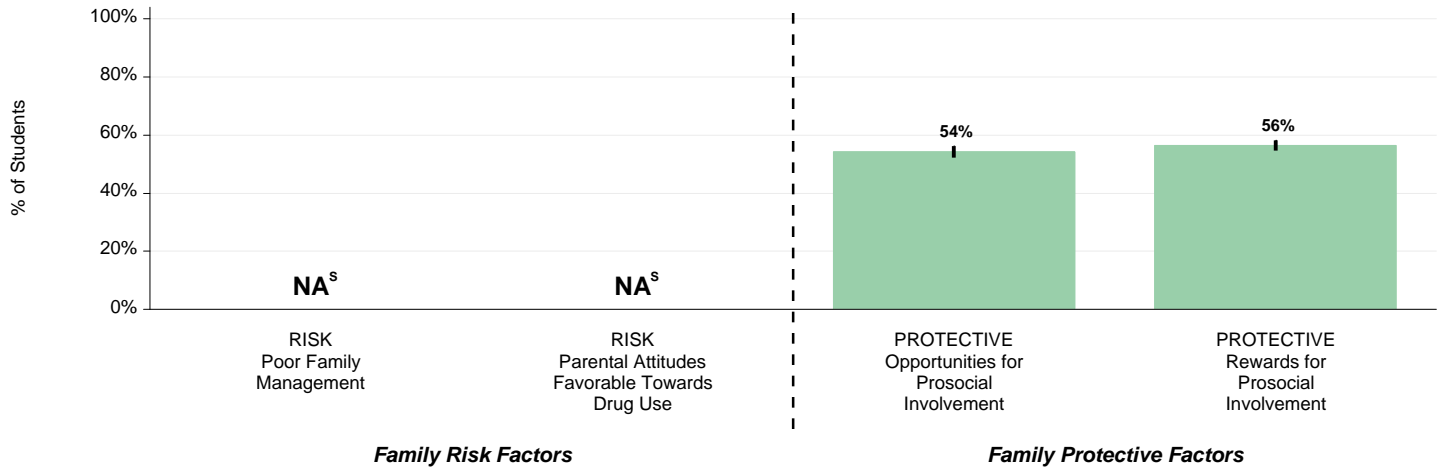
Protective Factors

Opportunities for Prosocial Involvement (Questions 194–196)

(n=8,549)
54.1% (±2.0)

Rewards for Prosocial Involvement (Questions 197–200)

(n=8,485)
56.4% (±1.7)



School Domain

Risk Factors

Statewide

% (±CI)

(n=8,831)

Academic Failure (Questions 204–205)

38.3% (±1.9)

Low Commitment to School (Questions 206–212)

(n=9,579)
40.5% (±1.4)

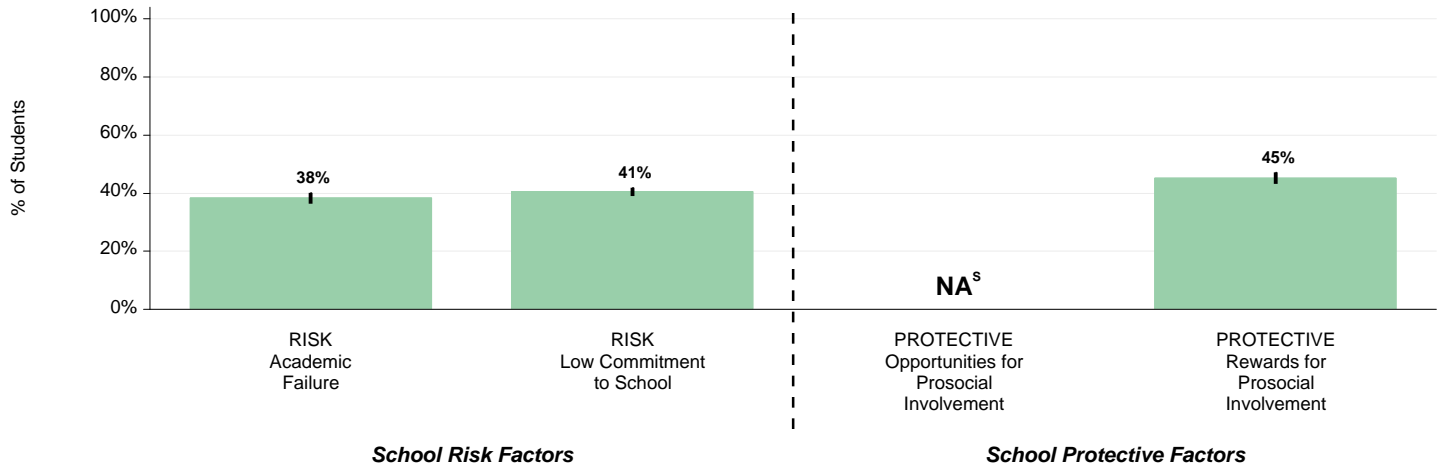
Protective Factors

Opportunities for Prosocial Involvement (Questions 213–217)

NA^s

Rewards for Prosocial Involvement (Questions 218–221)

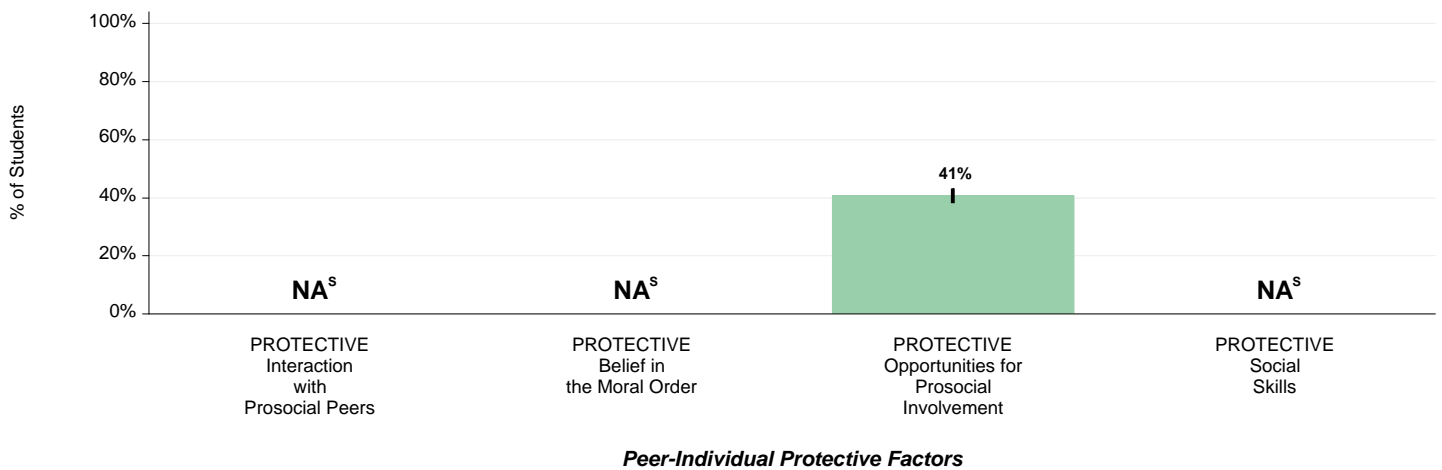
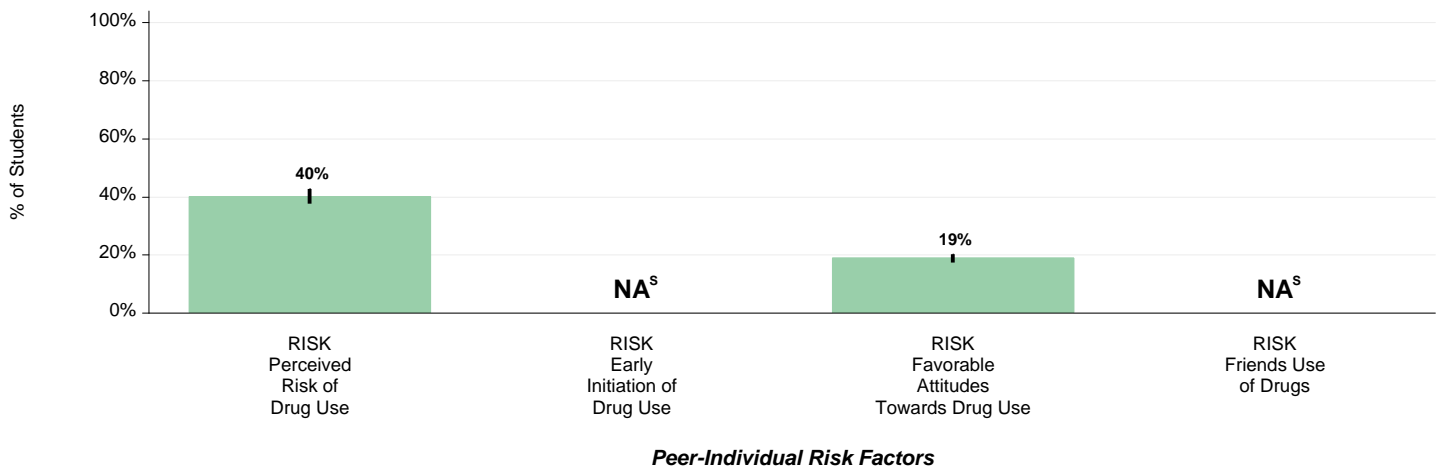
(n=9,495)
45.2% (±2.0)



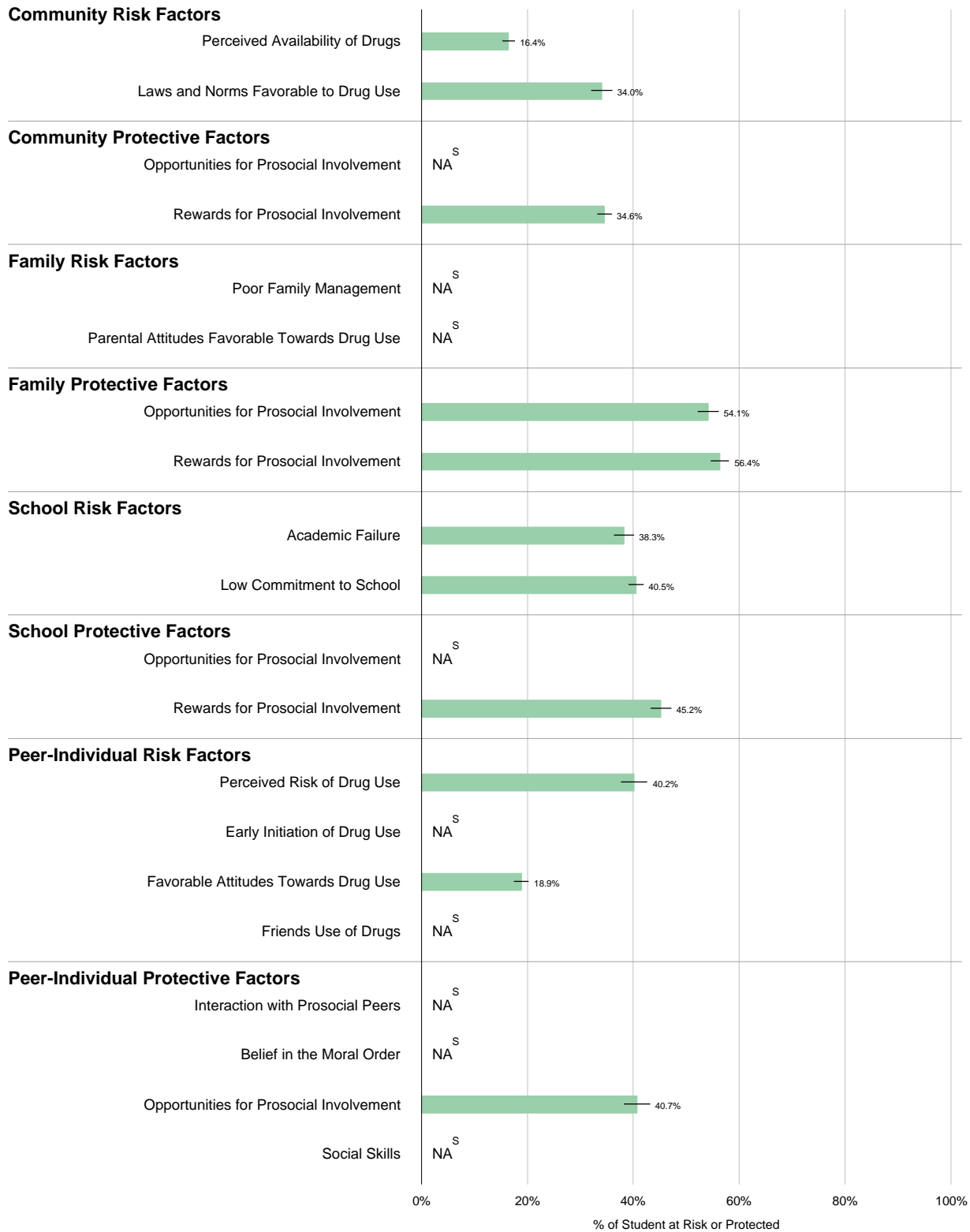
Peer-Individual Domain

Risk Factors

	Statewide % (±CI) (n=7,780)
Perceived Risk of Drug Use (Questions 222–225)	40.2% (±2.5)
Early Initiation of Drug Use (Questions 226-229)	NA ^s
Favorable Attitudes Towards Drug Use (Questions 230-233)	(n=8,771) 18.9% (±1.4)
Friends' Use of Drugs (Questions 234-237)	NA ^s
Protective Factors	
Interaction With Prosocial Peers (Questions 238-242)	NA ^s
Belief in the Moral Order (Questions 243-246)	NA ^s
Opportunities for Prosocial Involvement (Questions 247-249)	(n=9,398) 40.7% (±2.5)
Social Skills (Questions 250-252)	NA ^s



Risk and Protective Factor Graph of All Scale Results



Note: NA^S = Included only on the secondary version; NA^E = Included only on the elementary version.

Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

Community Domain

Perceived Availability of Drugs (Questions 169-172)

	Statewide % (±CI) (n=8,992)
169. If you wanted to get some beer, wine, or hard liquor (for example vodka, whiskey, or gin), how easy would it be for you to get some?	
a. Very hard	72.7% (±1.1)
b. Sort of hard	14.4% (±0.8)
c. Sort of easy	7.8% (±0.6)
d. Very easy	5.1% (±0.5)
170. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=8,985)
a. Very hard	79.2% (±1.3)
b. Sort of hard	11.1% (±0.7)
c. Sort of easy	5.4% (±0.6)
d. Very easy	4.4% (±0.6)
171. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=8,894)
a. Very hard	88.1% (±1.2)
b. Sort of hard	6.5% (±0.7)
c. Sort of easy	2.6% (±0.5)
d. Very easy	2.7% (±0.4)
172. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=8,904)
a. Very hard	92.5% (±0.8)
b. Sort of hard	4.7% (±0.5)
c. Sort of easy	1.3% (±0.3)
d. Very easy	1.6% (±0.3)

Laws and Norms Favorable to Drug Use (Questions 173-178)

	(n=9,140)
173. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To use marijuana?	
a. Very wrong	83.0% (±1.8)
b. Wrong	10.1% (±1.1)
c. A little bit wrong	4.2% (±0.6)
d. Not wrong at all	2.7% (±0.5)

	Statewide % (±CI) (n=9,285)
174. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To drink alcohol?	
a. Very wrong	78.7% (±1.5)
b. Wrong	14.4% (±1.0)
c. A little bit wrong	4.9% (±0.5)
d. Not wrong at all	2.1% (±0.3)
175. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To smoke cigarettes?	(n=9,269)
a. Very wrong	82.9% (±1.5)
b. Wrong	11.6% (±0.9)
c. A little bit wrong	3.4% (±0.5)
d. Not wrong at all	2.1% (±0.4)
176. If a kid drank some beer, wine, or hard liquor (for example vodka, whiskey, or gin) in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=9,051)
a. NO!	9.0% (±1.0)
b. No	28.1% (±1.1)
c. yes	34.9% (±1.4)
d. YES!	28.0% (±1.2)
177. If a kid carried a handgun in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=9,116)
a. NO!	8.5% (±0.8)
b. No	10.8% (±0.9)
c. yes	28.7% (±1.3)
d. YES!	52.0% (±2.0)
178. If a kid used marijuana in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=8,996)
a. NO!	7.2% (±0.8)
b. No	19.2% (±1.0)
c. yes	36.3% (±1.1)
d. YES!	37.3% (±1.4)

Opportunities for Prosocial Involvement (Questions 179-182)

[Questions 179-182 appear only on the secondary version of the survey.]

Rewards for Prosocial Involvement (Questions 183-185)

	(n=9,379)
183. My neighbors notice when I am doing a good job and let me know.	
a. NO!	38.3% (±1.7)
b. No	38.5% (±1.3)
c. yes	17.6% (±1.0)
d. YES!	5.7% (±0.5)

	Statewide % (±CI) (n=9,375)
184. There are people in my neighborhood who encourage me to do my best.	
a. NO!	26.2% (±1.5)
b. No	30.8% (±1.1)
c. yes	30.3% (±1.2)
d. YES!	12.7% (±0.8)
185. There are people in my neighborhood who are proud of me when I do something well.	(n=9,260)
a. NO!	26.2% (±1.5)
b. No	32.3% (±0.9)
c. yes	31.7% (±1.3)
d. YES!	9.8% (±0.7)

Family Domain

Poor Family Management (Questions 186-193)

[Questions 186-193 appear only on the secondary version of the survey.]

Opportunities for Prosocial Involvement (Questions 194-196)

194. If I had a personal problem, I could ask my mom or dad for help.	(n=8,513)
a. NO!	4.4% (±0.7)
b. No	6.7% (±0.7)
c. yes	31.2% (±1.1)
d. YES!	57.7% (±1.7)
195. My parents give me lots of chances to do fun things with them.	(n=8,580)
a. NO!	4.2% (±0.5)
b. No	13.2% (±1.0)
c. yes	42.8% (±1.0)
d. YES!	39.8% (±1.5)
196. My parents ask me what I think before most family decisions affecting me are made.	(n=8,381)
a. NO!	8.5% (±0.9)
b. No	21.1% (±1.3)
c. yes	41.7% (±1.2)
d. YES!	28.7% (±1.5)

Rewards for Prosocial Involvement (Questions 197-200)

197. My parents notice when I am doing a good job and let me know about it.	(n=8,495)
a. Never or almost never	6.4% (±0.7)
b. Sometimes	21.0% (±1.4)
c. Often	30.6% (±1.1)
d. All the time	42.0% (±1.4)

	Statewide % (±CI) (n=8,472)
198. How often do your parents tell you they're proud of you for something you've done?	
a. Never or almost never	5.4% (±0.6)
b. Sometimes	19.6% (±1.2)
c. Often	33.1% (±1.2)
d. All the time	41.9% (±1.3)
199. Do you enjoy spending time with your mom?	(n=8,471)
a. NO!	1.8% (±0.3)
b. No	2.6% (±0.4)
c. yes	23.6% (±1.2)
d. YES!	72.0% (±1.4)
200. Do you enjoy spending time with your dad?	(n=8,356)
a. NO!	4.0% (±0.6)
b. No	4.2% (±0.5)
c. yes	24.7% (±1.3)
d. YES!	67.1% (±1.7)

Parental Attitudes Favorable Towards Drug Use (Questions 201-203)

[Questions 201-203 appear only on the secondary version of the survey.]

School Domain

Academic Failure Questions (Questions 204-205)

204. Putting them all together, what were your grades like last year?	(n=9,223)
a. Mostly As	46.0% (±3.2)
b. Mostly Bs	39.6% (±2.2)
c. Mostly Cs	11.2% (±1.4)
d. Mostly Ds	2.2% (±0.5)
e. Mostly Fs	1.0% (±0.3)
205. Are your school grades better than the grades of most students in your class?	(n=9,107)
a. NO!	5.2% (±0.7)
b. No	29.0% (±1.1)
c. yes	53.3% (±1.6)
d. YES!	12.6% (±0.9)

Low Commitment to School (Questions 206-212)

	Statewide % (\pm CI) (n=9,541)	
206. How often do you feel the schoolwork you are assigned is meaningful and important?		
a. Almost always	28.7%	(\pm 1.5)
b. Often	30.2%	(\pm 1.1)
c. Sometimes	28.6%	(\pm 1.3)
d. Seldom	8.5%	(\pm 0.5)
e. Never	4.1%	(\pm 0.5)
207. How interesting are most of your courses to you?		
	(n=9,266)	
a. Very interesting and stimulating	14.0%	(\pm 0.9)
b. Quite interesting	38.6%	(\pm 1.4)
c. Fairly interesting	33.6%	(\pm 1.2)
d. Slightly dull	10.1%	(\pm 0.7)
e. Very dull	3.8%	(\pm 0.6)
208. How important do you think the things you are learning in school are going to be for you later in life?		
	(n=9,510)	
a. Very important	47.4%	(\pm 2.0)
b. Quite important	28.3%	(\pm 1.2)
c. Fairly important	16.4%	(\pm 1.1)
d. Slightly important	6.4%	(\pm 0.6)
e. Not at all important	1.5%	(\pm 0.3)
<i>Think back over the past year in school. How often did you:</i>		
209. Enjoy being in school?		
	(n=9,670)	
a. Never	5.6%	(\pm 0.7)
b. Seldom	5.7%	(\pm 0.5)
c. Sometimes	30.2%	(\pm 1.2)
d. Often	28.2%	(\pm 1.4)
e. Almost always	30.2%	(\pm 1.2)
210. Hate being in school?		
	(n=9,613)	
a. Never	23.6%	(\pm 1.3)
b. Seldom	27.3%	(\pm 1.9)
c. Sometimes	36.2%	(\pm 1.6)
d. Often	7.7%	(\pm 0.6)
e. Almost always	5.2%	(\pm 0.7)
211. Try to do your best work in school?		
	(n=9,609)	
a. Never	1.8%	(\pm 0.3)
b. Seldom	1.4%	(\pm 0.3)
c. Sometimes	5.2%	(\pm 0.7)
d. Often	17.5%	(\pm 0.9)
e. Almost always	74.1%	(\pm 1.4)

212. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?	Statewide % (±CI) (n=9,611)	
a. None	81.3%	(±1.4)
b. 1	9.5%	(±0.7)
c. 2	4.1%	(±0.5)
d. 3	2.4%	(±0.4)
e. 4-5	1.5%	(±0.3)
f. 6-10	0.8%	(±0.2)
g. 11 or more	0.4%	(±0.1)

Opportunities for Prosocial Involvement (Questions 213-217)

[Questions 213-217 appear only on the secondary version of the survey.]

Rewards for Prosocial Involvement (Questions 218-221)

218. My teacher(s) notices when I am doing a good job and lets me know about it.	(n=9,524)	
a. NO!	5.6%	(±0.6)
b. No	24.1%	(±1.5)
c. yes	53.2%	(±1.3)
d. YES!	17.1%	(±1.2)

219. The school lets my parents know when I have done something well.	(n=9,436)	
a. NO!	14.4%	(±1.1)
b. No	40.3%	(±1.8)
c. yes	33.5%	(±1.7)
d. YES!	11.8%	(±0.9)

220. I feel safe at my school.	(n=9,610)	
a. NO! ^{AC} /Definitely NOT true ^B	2.9%	(±0.6)
b. no ^{AC} /Mostly not true ^B	7.0%	(±0.8)
c. yes ^{AC} /Mostly true ^B	48.1%	(±1.9)
d. YES! ^{AC} /Definitely true ^B	42.0%	(±2.4)

221. My teachers praise me when I work hard in school.	(n=9,319)	
a. NO!	9.0%	(±0.9)
b. No	33.5%	(±1.6)
c. yes	46.4%	(±1.7)
d. YES!	11.1%	(±0.9)

Peer and Individual Domain

Perceived Risk of Drug Use (Questions 222-225)

How much do you think people risk harming themselves if they:

	Statewide % (\pm CI) (n=8,863)
222. Smoke one or more packs of cigarettes per day?	
a. No risk	6.4% (\pm 0.9)
b. Slight risk	5.1% (\pm 0.7)
c. Moderate risk	14.3% (\pm 0.9)
d. Great risk	63.3% (\pm 2.2)
e. Not sure	10.8% (\pm 1.0)
223. Try marijuana once or twice?	(n=8,794)
a. No risk	11.9% (\pm 1.4)
b. Slight risk	19.9% (\pm 1.0)
c. Moderate risk	23.3% (\pm 1.4)
d. Great risk	33.1% (\pm 1.7)
e. Not sure	11.9% (\pm 0.9)
224. Use marijuana regularly (at least once or twice a week)?	(n=8,765)
a. No risk	9.9% (\pm 1.3)
b. Slight risk	8.1% (\pm 0.9)
c. Moderate risk	18.8% (\pm 0.8)
d. Great risk	52.0% (\pm 2.6)
e. Not sure	11.1% (\pm 0.9)
225. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?	(n=8,744)
a. No risk	14.3% (\pm 1.2)
b. Slight risk	18.5% (\pm 1.2)
c. Moderate risk	24.2% (\pm 1.0)
d. Great risk	33.3% (\pm 1.8)
e. Not sure	9.7% (\pm 0.8)

Early Initiation of Drug Use (Questions 226-229)

[Questions 226-229 appear only on the secondary version of the survey.]

Favorable Attitudes Toward Drug Use (Questions 230-233)

How wrong do YOU think it is for someone your age to:

230. Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?

	(n=8,837)
a. Very wrong	86.3% (\pm 1.0)
b. Wrong	10.0% (\pm 0.8)
c. A little bit wrong	2.7% (\pm 0.4)
d. Not wrong at all	1.0% (\pm 0.2)

	Statewide % (±CI) (n=8,790)
231. Smoke cigarettes?	
a. Very wrong	90.5% (±1.0)
b. Wrong	7.4% (±0.7)
c. A little bit wrong	1.5% (±0.3)
d. Not wrong at all	0.7% (±0.2)
232. Use marijuana?	
	(n=8,750)
a. Very wrong	91.8% (±0.9)
b. Wrong	5.5% (±0.7)
c. A little bit wrong	1.6% (±0.3)
d. Not wrong at all	1.2% (±0.3)
233. Use LSD, cocaine, amphetamines, or another illegal drug?	
	(n=8,745)
a. Very wrong	95.3% (±0.6)
b. Wrong	3.1% (±0.5)
c. A little bit wrong	0.7% (±0.2)
d. Not wrong at all	0.9% (±0.2)

Friends Use Drugs (Questions 234-237)

[Questions 234-237 appear only on the secondary version of the survey.]

Interaction with Prosocial Peers (Questions 238-242)

[Questions 238-242 appear only on the secondary version of the survey.]

Belief in the Moral Order (Questions 243-246)

[Questions 243-246 appear only on the secondary version of the survey.]

Prosocial Involvement (Questions 247-249)

How many times in the past year (12 months) have you...

	(n=9,420)
247. Participated in clubs, organizations or activities at school?	
a. Never	26.8% (±2.3)
b. 1 or 2 times	30.0% (±1.3)
c. 3 to 5 times	17.6% (±1.1)
d. 6 to 9 times	7.8% (±0.8)
e. 10 to 19 times	5.9% (±0.7)
f. 20 to 29 times	3.3% (±0.5)
g. 30 to 39 times	2.0% (±0.3)
h. 40+ times	6.6% (±0.7)

	Statewide % (\pm CI) (n=9,366)	
248. Done extra work on your own for school?		
a. Never	23.3%	(\pm 1.8)
b. 1 or 2 times	31.8%	(\pm 1.1)
c. 3 to 5 times	17.2%	(\pm 0.8)
d. 6 to 9 times	9.7%	(\pm 0.8)
e. 10 to 19 times	7.4%	(\pm 0.7)
f. 20 to 29 times	3.8%	(\pm 0.6)
g. 30 to 39 times	1.9%	(\pm 0.3)
h. 40+ times	5.0%	(\pm 0.5)
249. Volunteered to do community service?		
	(n=9,324)	
a. Never	56.3%	(\pm 2.3)
b. 1 or 2 times	23.0%	(\pm 1.2)
c. 3 to 5 times	8.8%	(\pm 0.9)
d. 6 to 9 times	4.4%	(\pm 0.5)
e. 10 to 19 times	3.0%	(\pm 0.4)
f. 20 to 29 times	1.6%	(\pm 0.3)
g. 30 to 39 times	0.7%	(\pm 0.2)
h. 40+ times	2.2%	(\pm 0.4)

Social Skills (Questions 250-252)

[Questions 250-252 appear only on the secondary version of the survey.]

Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

Activities and Clubs 242

Alcohol

- Access 169
- Current use 31, 52-53
- Drinking and driving 114
- Lifetime use 18
- Perceived norms 174, 176, 230
- Perceived risks 225
- Prevention/intervention 71

Asthma 97-98

Bullying/Harassment 146

Demographics 2-4, 7

Family

- Food insecurity 78
- Military service 14

Fighting 121

Fitness

- Physical activity 88, 90-91
- Sedentary behavior 92-93

Health or Health Care

- Oral Health 101

Honesty 15

Marijuana

- Access 171
- Current use 32
- Lifetime use 19
- Perceived norms 173, 178, 232
- Perceived risks 223-224

Mental Health

- Help with mental health 138
- Suicide 134-135

Nutrition

- Breakfast 81
- Food insecurity 78
- Soda and Sugar Drinks 85-86

Other Drugs

- Access 172
- Current use 33-34
- Lifetime use 20, 25
- Perceived norms 233
- Prevention/intervention 71

Quality of Life 168

Safety-related Behaviors

- Swimming 108-109

School Climate

- Absence 212
- Achievement 204-205
- After-school activities 247
- Bullying/harassment 146
- Engagement 206-211, 218-219, 221
- Nutrition 86
- Physical activity 90-91
- Prevention/intervention 71
- Safety at 220
- Weapons at 119

Social and Emotional Learning 141-144

Substance Use Prevention 71

Texting and Driving 111

Tobacco and Electronic Cigarettes/Vaping

- Access 170
- Current use 26-27, 29
- Perceived norms 175, 231
- Perceived risks 222
- Secondhand smoke 37-38

Weapons 119, 177

Core Questions

"Core" questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

Activities

Participation in after school activities 96

Alcohol

Age when first drank alcohol 228
Binge drinking 52
Current alcohol drinking (past 30 days) 31
Levels of alcohol use 53
Lifetime alcohol use 18

Bullying

Been bullied (past 30 days) 146

Demographics

Age 1
Education level of mother 8
Food insecurity 79
Gender 3
Language spoken in home 6
Loss of home due to family finances 12
Race/Ethnicity 4
Where you live 11
Who you live with 10

Fighting

Physical fighting (past 12 months) 121

Gangs

Gang involvement 122
Gangs at school 123

Honesty

Honesty in completing survey 15

Marijuana

Age when first used marijuana 226
Current marijuana use (past 30 days) 32
Lifetime marijuana use 19

Mental Health

Bothered by anxiety 136
Bothered by worrying 137
Depression (past 12 months) 130
Person(s) turned to when depressed 139
Seriously considered attempting suicide 131

Other Drugs

Current painkiller use (past 30 days) 35

School Climate

Been bullied (past 30 days) 143
Enjoyed being in school (past 12 months) 209
Feel safe at school 220
Grades in school (past 12 months) 204
Participation in after school activities 96
Weapon carrying on school property (past 12 months) 118

Texting and Driving

Texting and driving (past 30 days) 112

Tobacco

Current cigarette smoking (past 30 days) 26

Weapons

Weapon carrying on school property (past 12 months) 118

For more information on which survey forms each question was on,
see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ