

Bainbridge Island School District

Highlights from the Healthy Youth Survey
(March 1, 2019)

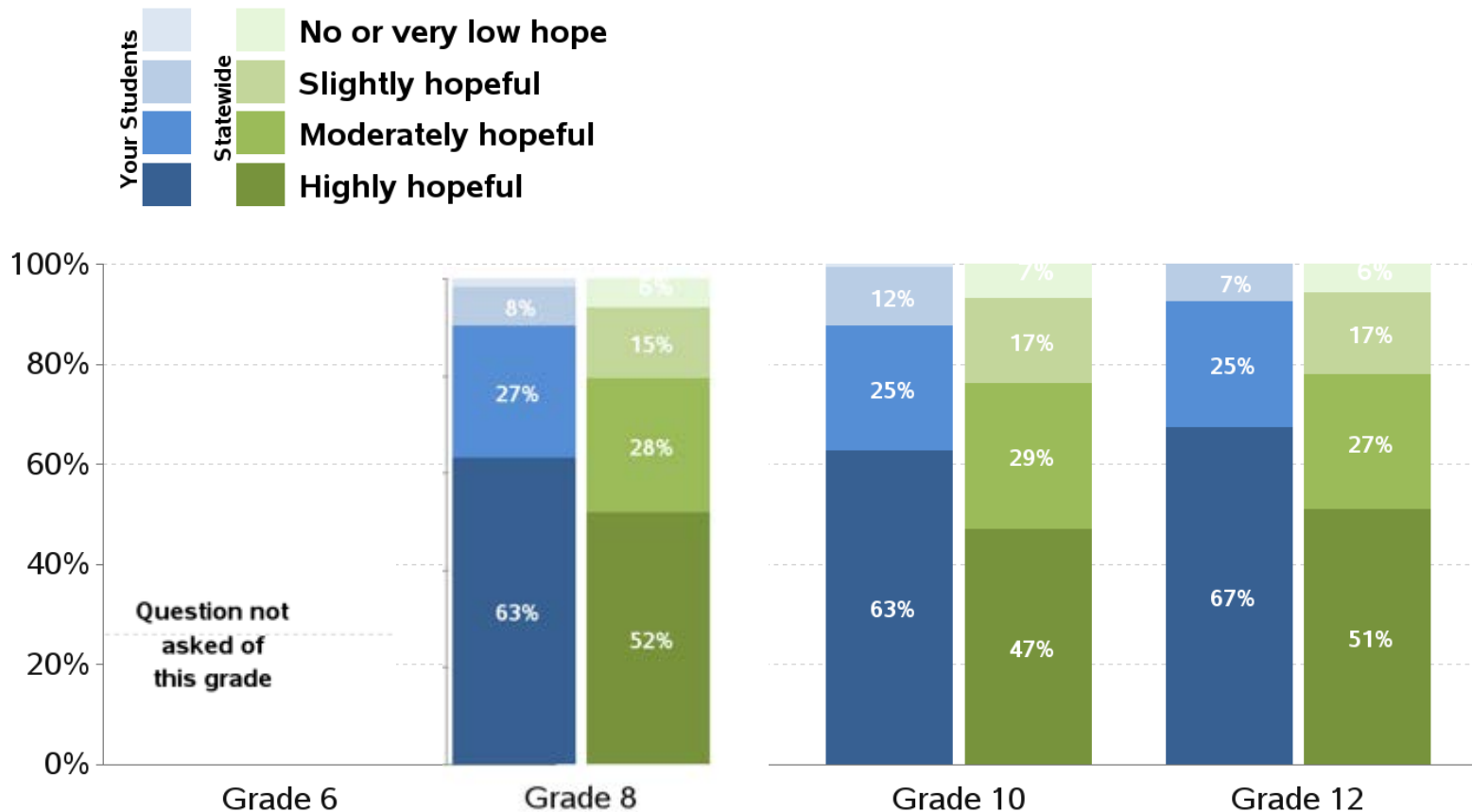
Student Participation

Bainbridge Island School District

- 248 (90%) of Grade 6 students
- 267 (87%) of Grade 8 students
- 325 (85%) of Grade 10 students
- 224 (68%) of Grade 12 students

Children's Hope Scale

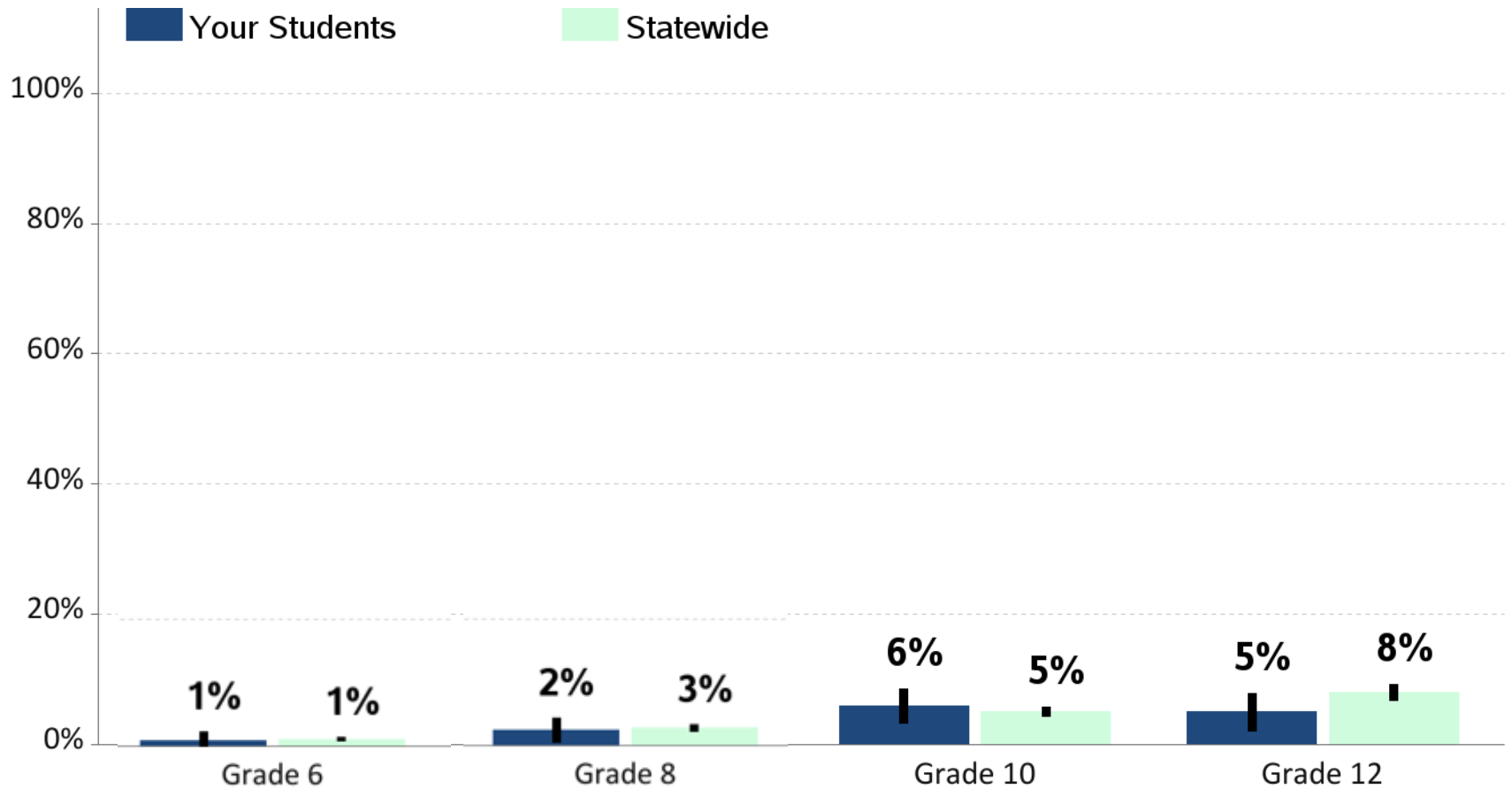
Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.



Unhealthy Behaviors

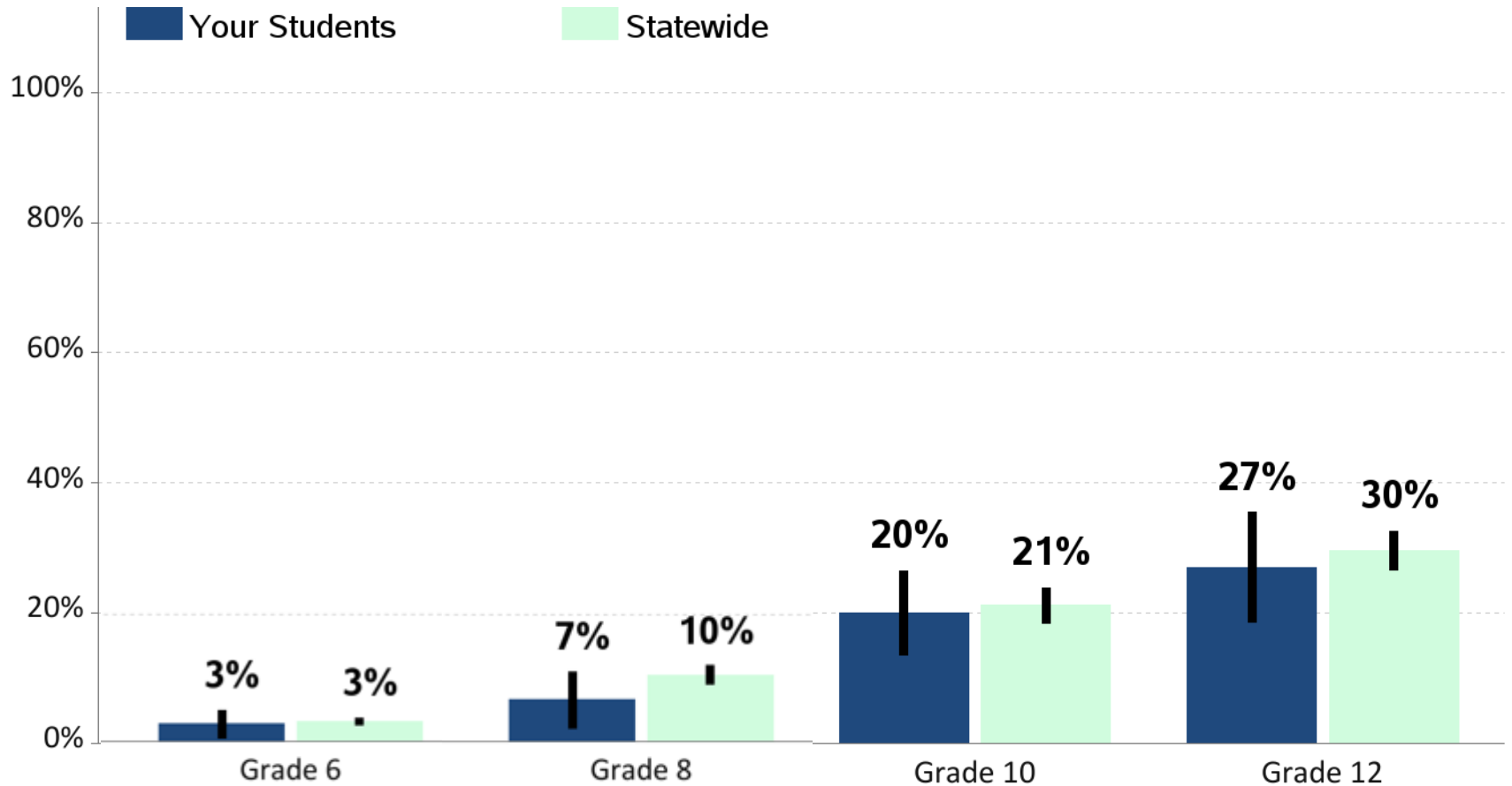
Current Cigarette Smoking

Percent of students who report smoking cigarettes
in the past 30 days



Current E-Cigarette Smoking or Vaping

Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days





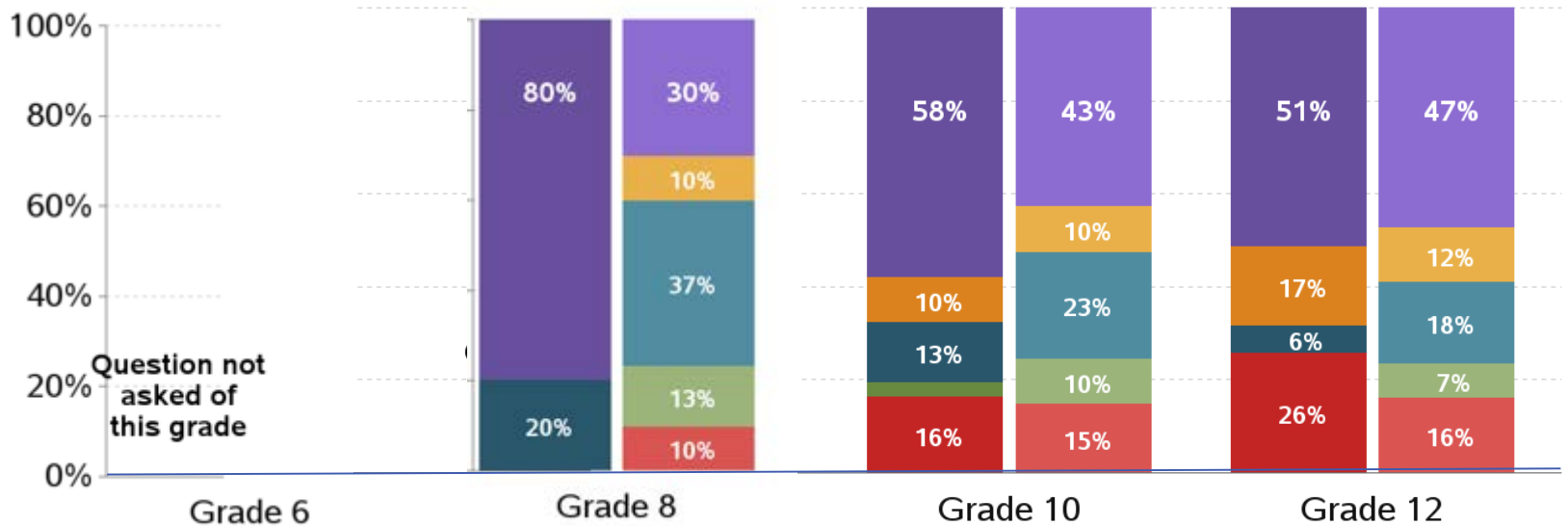
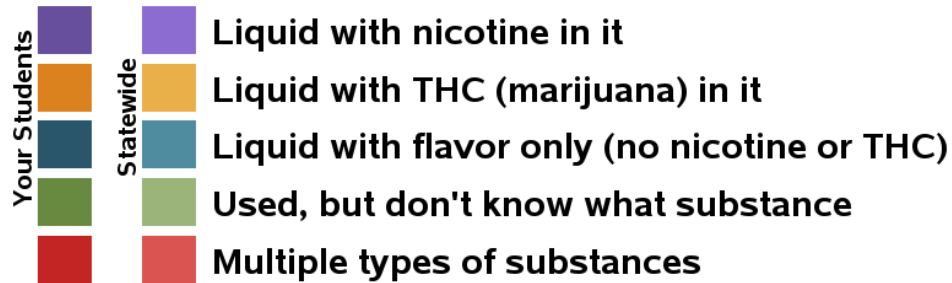
Lifetime Use E-Cigarette or Vaping BISD and State

Grade	2016	2018
8 th	3	7
	6	10
10 th	1	20
	13	21
12 th	7	27
	20	30

Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days

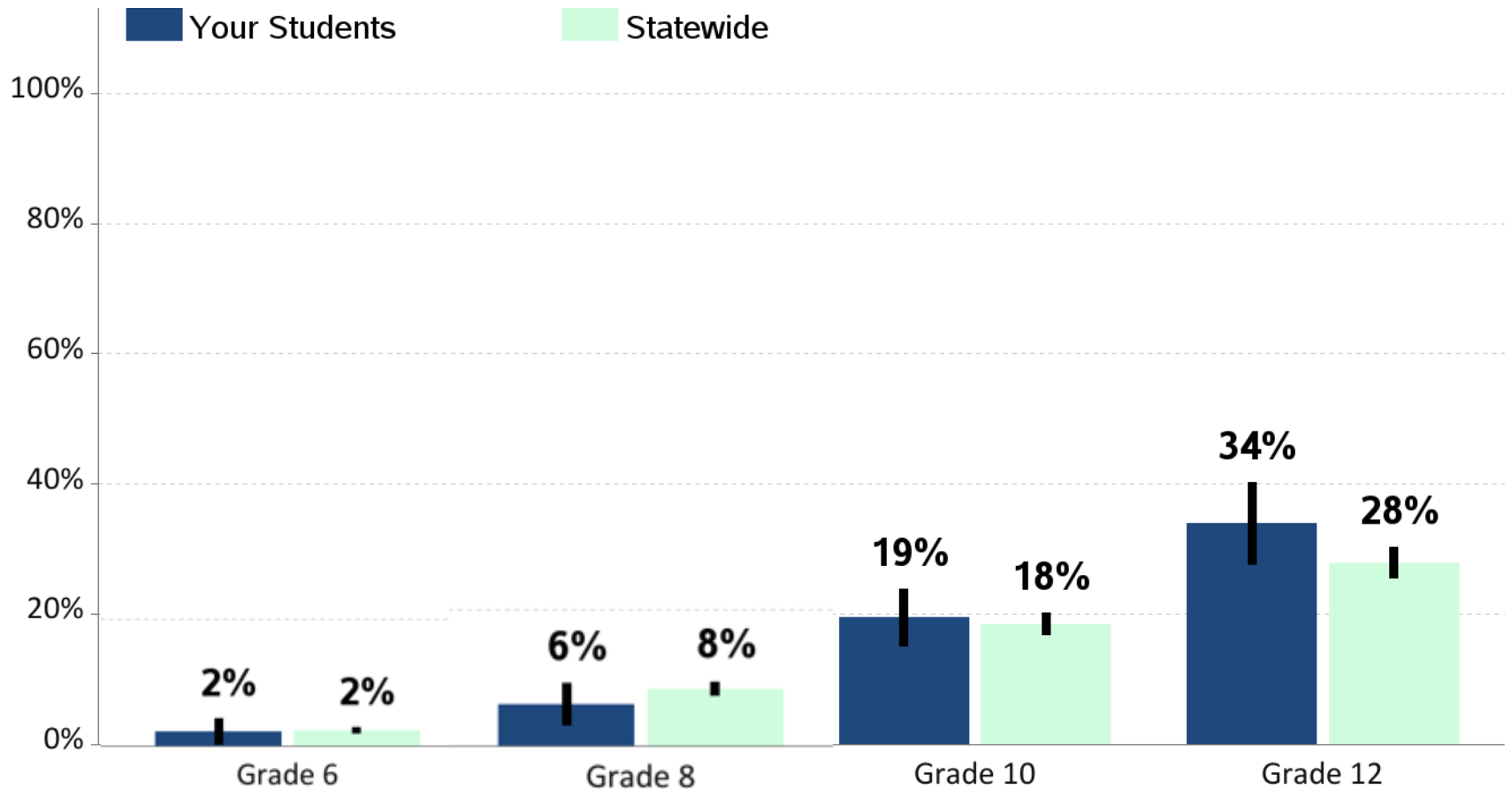
Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days

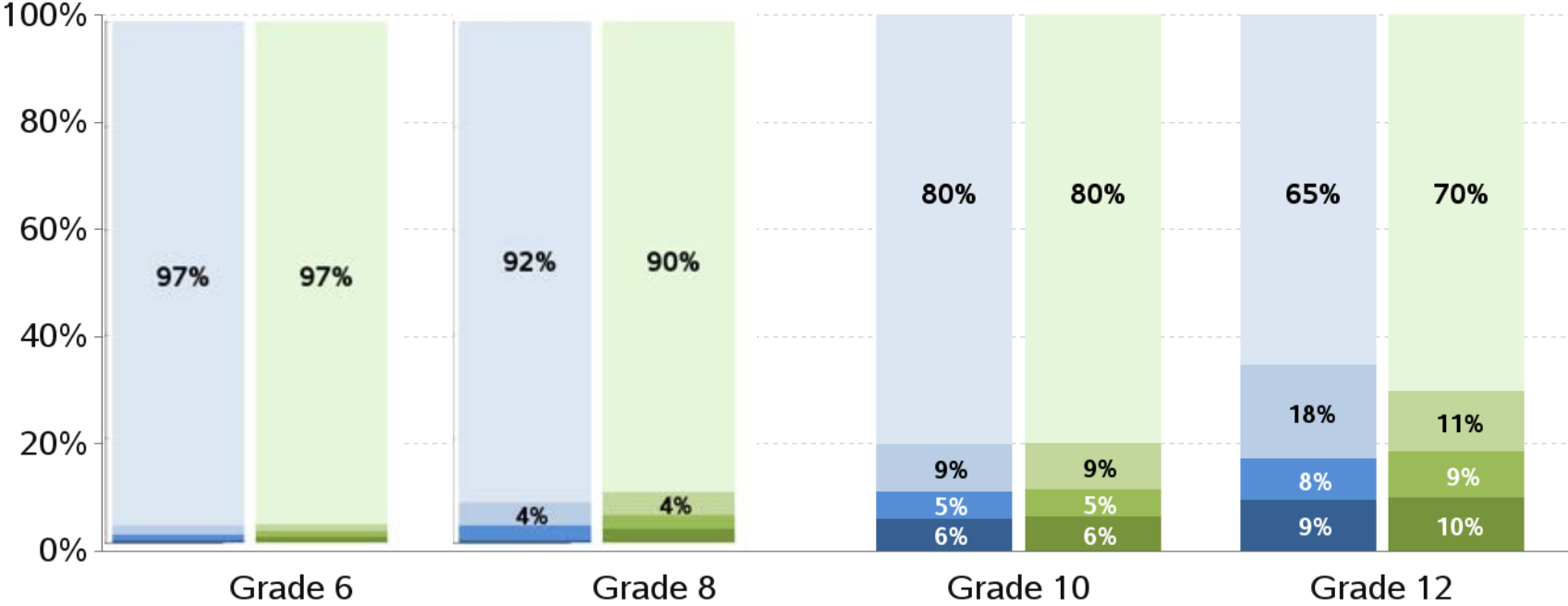
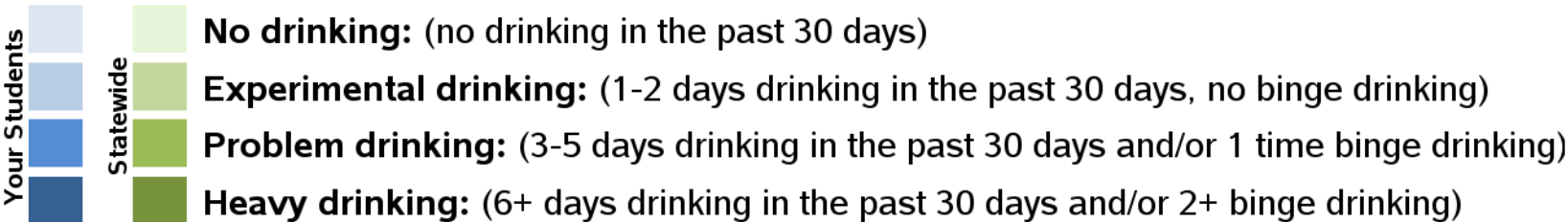


Current Alcohol Use

Percent of students who report having drunk a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor) in the past 30 days



Levels of Alcohol Use



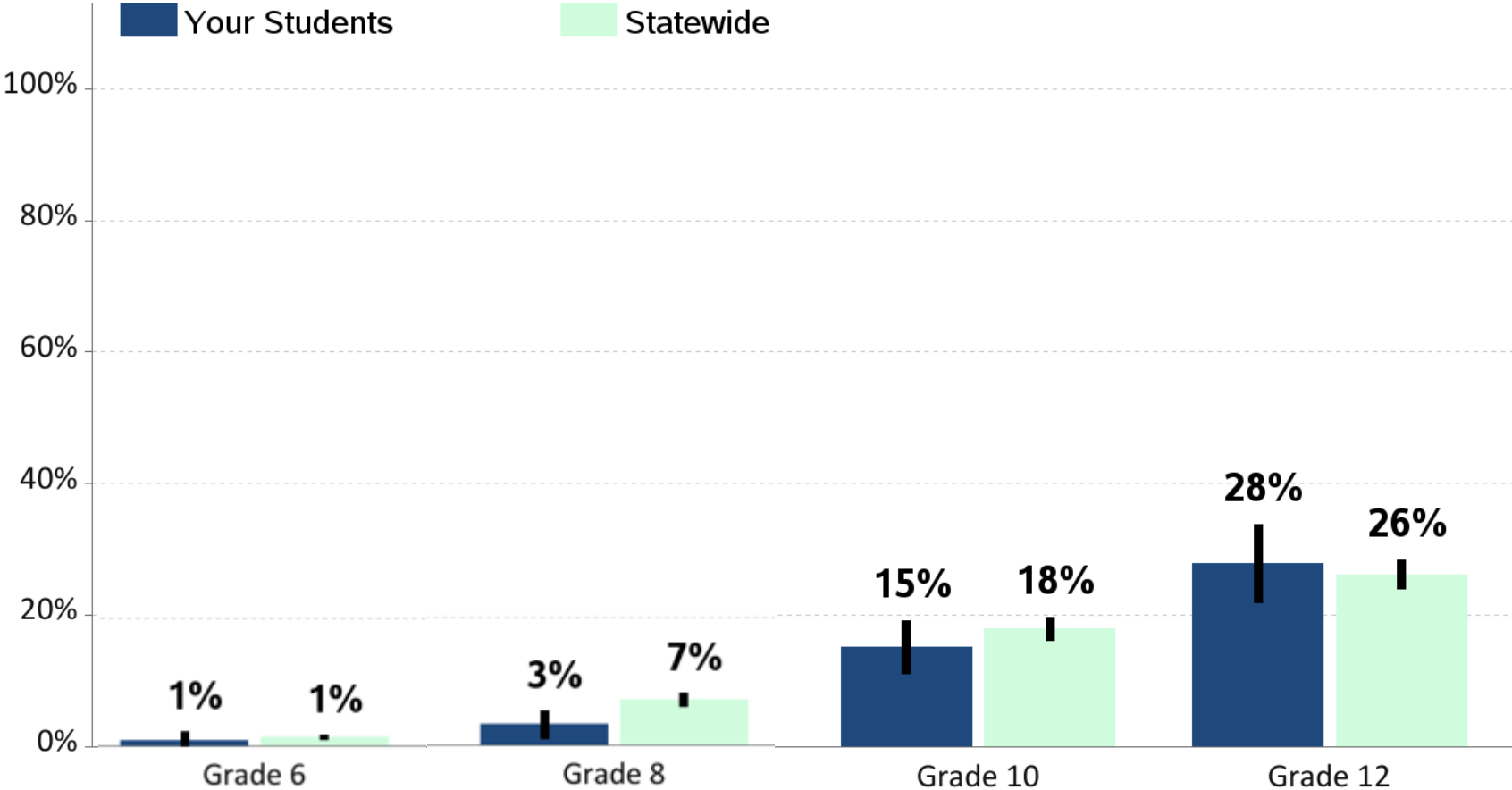


Lifetime Use Alcohol BISD and State

Grade	2008	2010	2012	2014	2016	2018
10th	50	62	54	43	39	48
	61	57	52	50	48	49
12th	76	72	75	76	56	62
	72	71	68	66	64	63

Current Marijuana Use

Percent of students who report using marijuana in the past 30 days





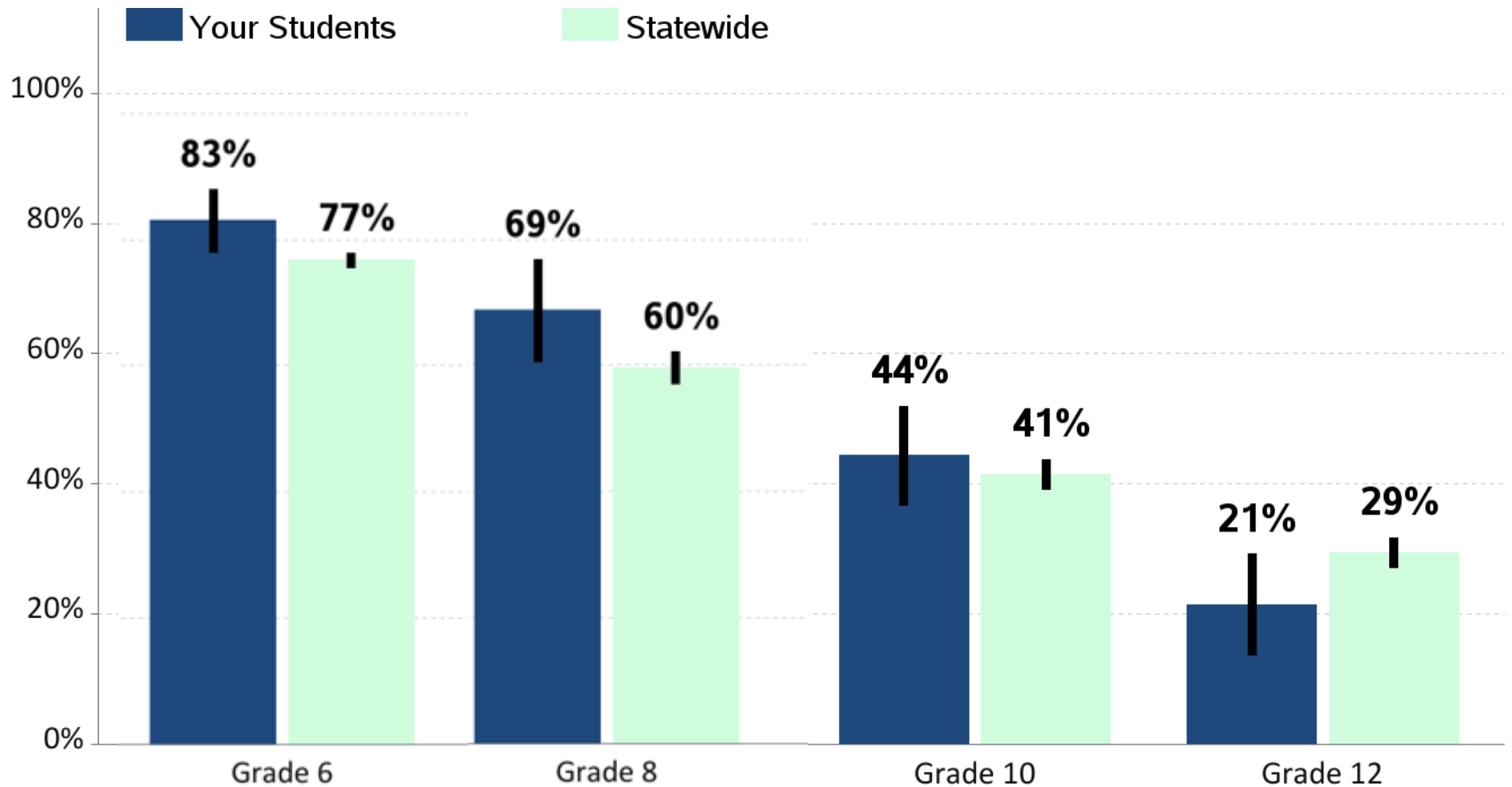
Lifetime Use Marijuana BISD and State

Grade	2008	2010	2012	2014	2016	2018
10th	16	27	27	24	18	25
	31	31	29	29	28	29
12th	49	45	51	48	38	42
	45	46	46	46	45	43

Student Perceptions

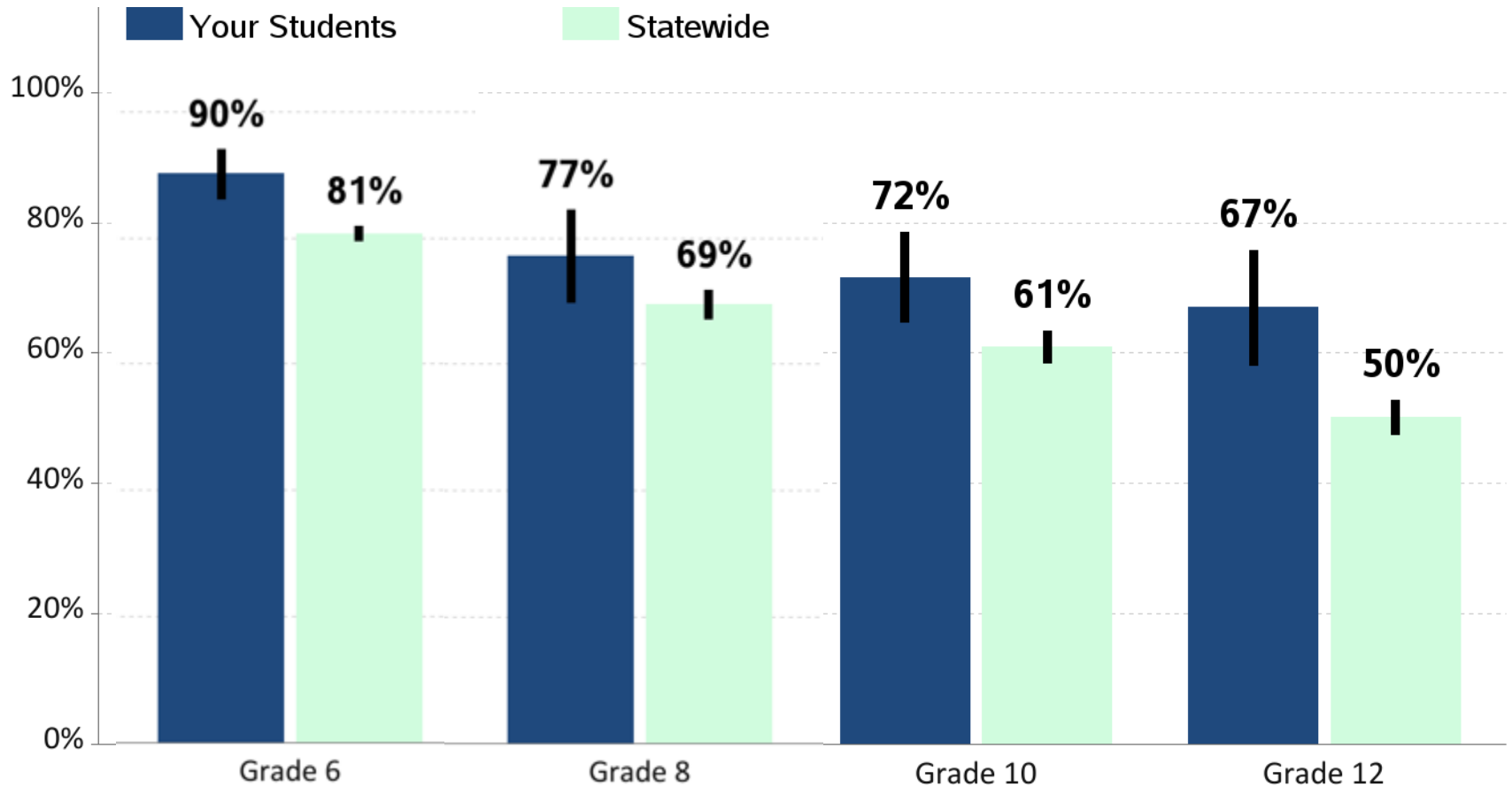
Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



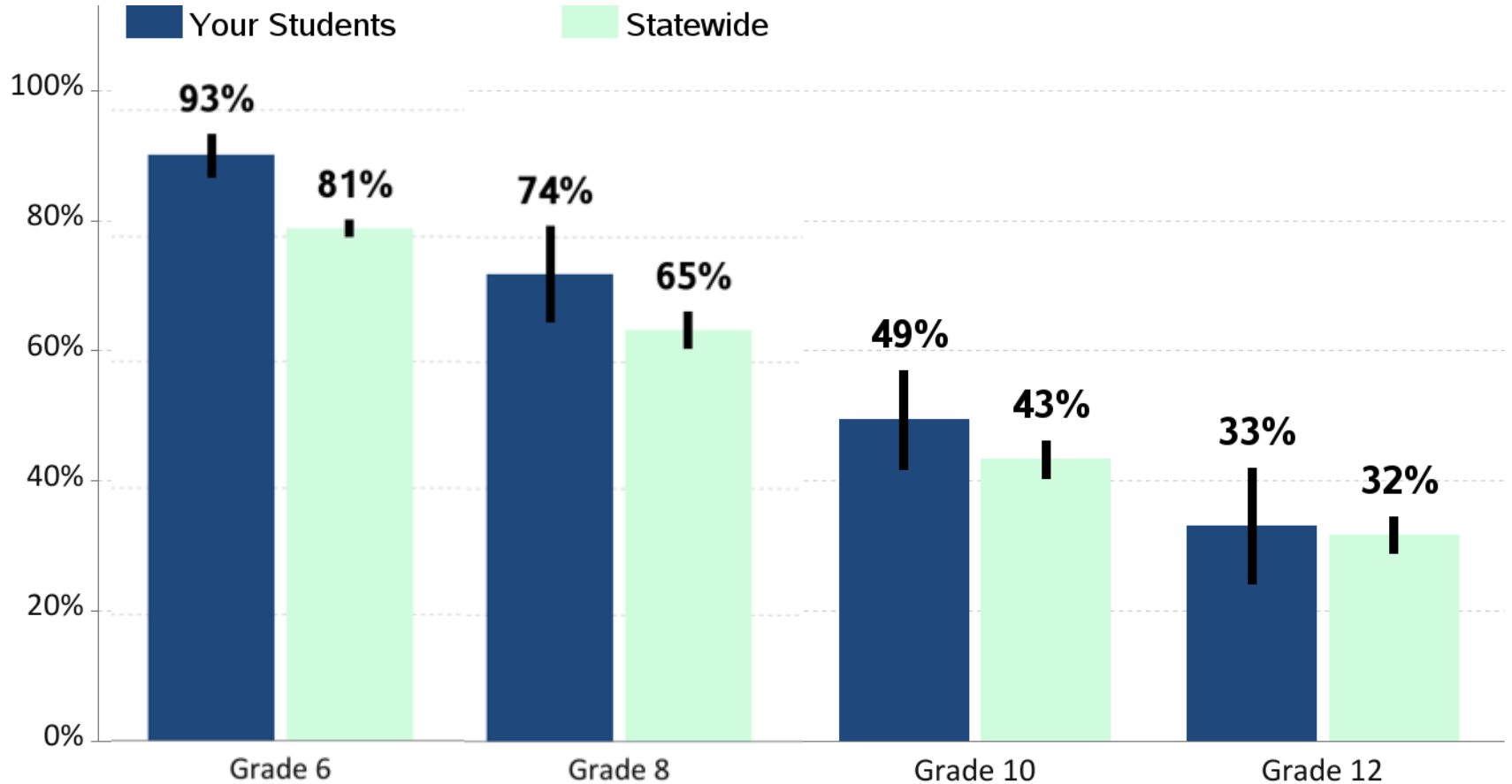
Perception of Neighborhood Norms - Smoking

Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"



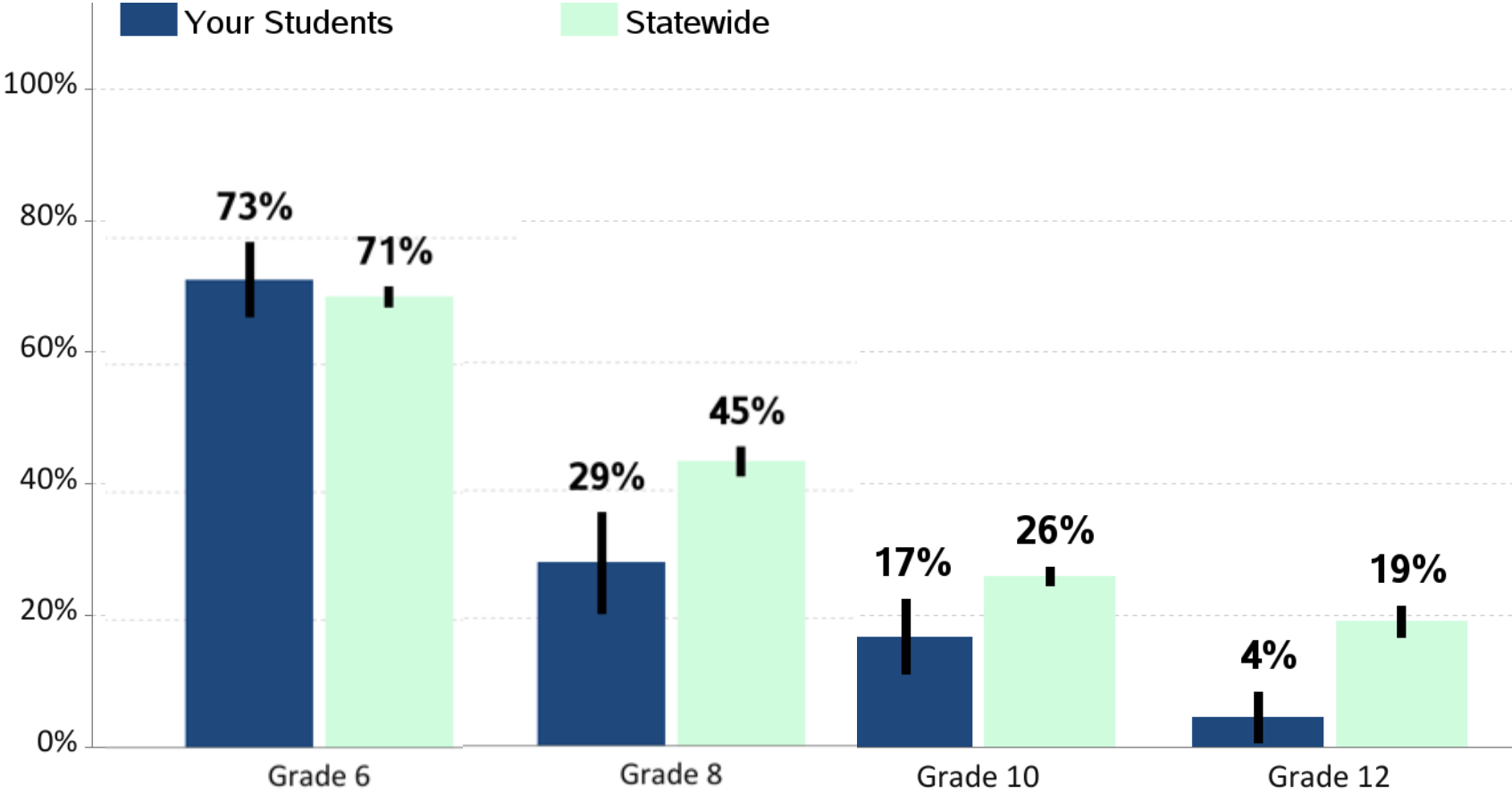
Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"



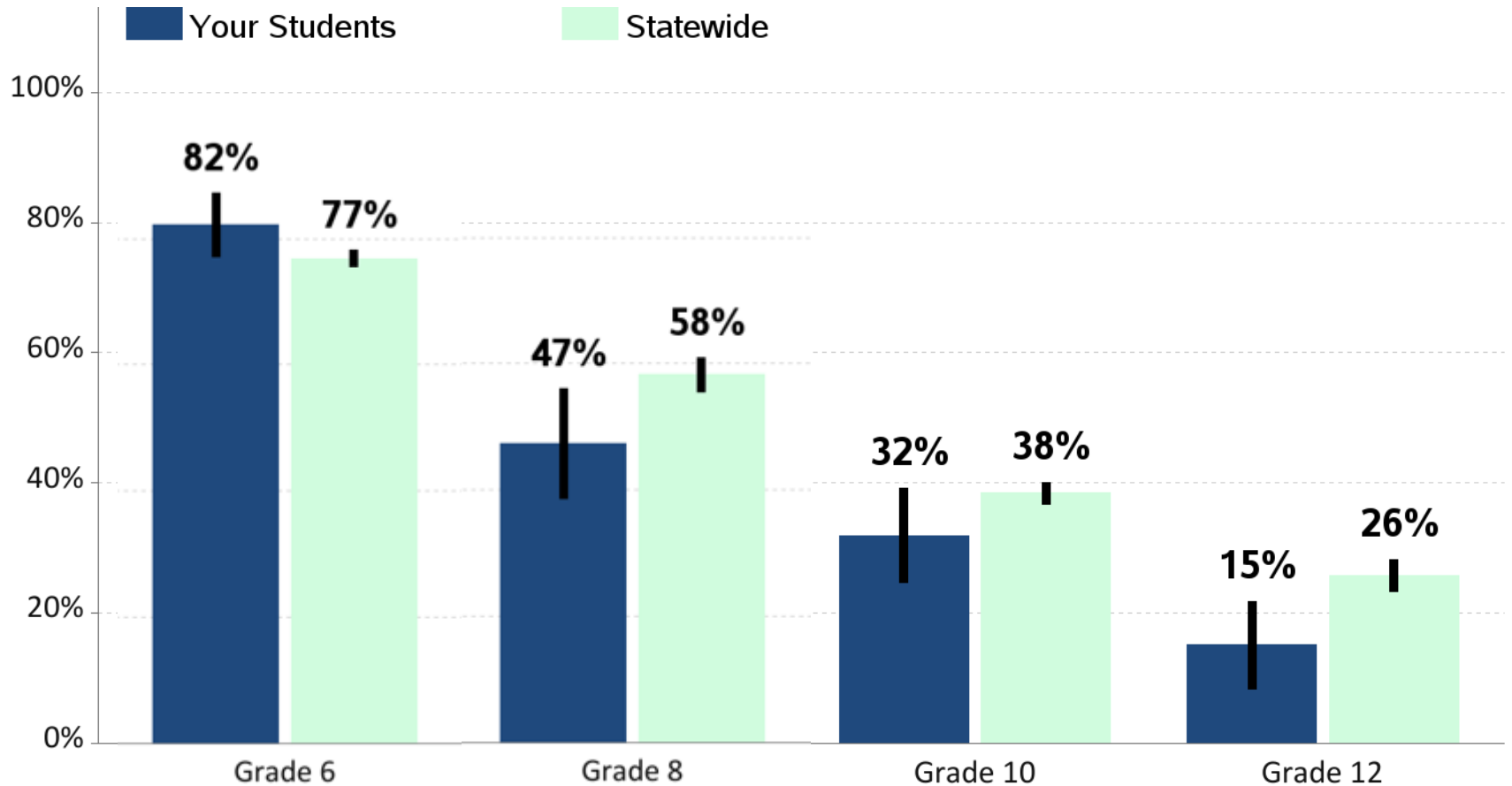
Perceived Availability of Alcohol

Percent of students who report alcohol would be "very hard" to get



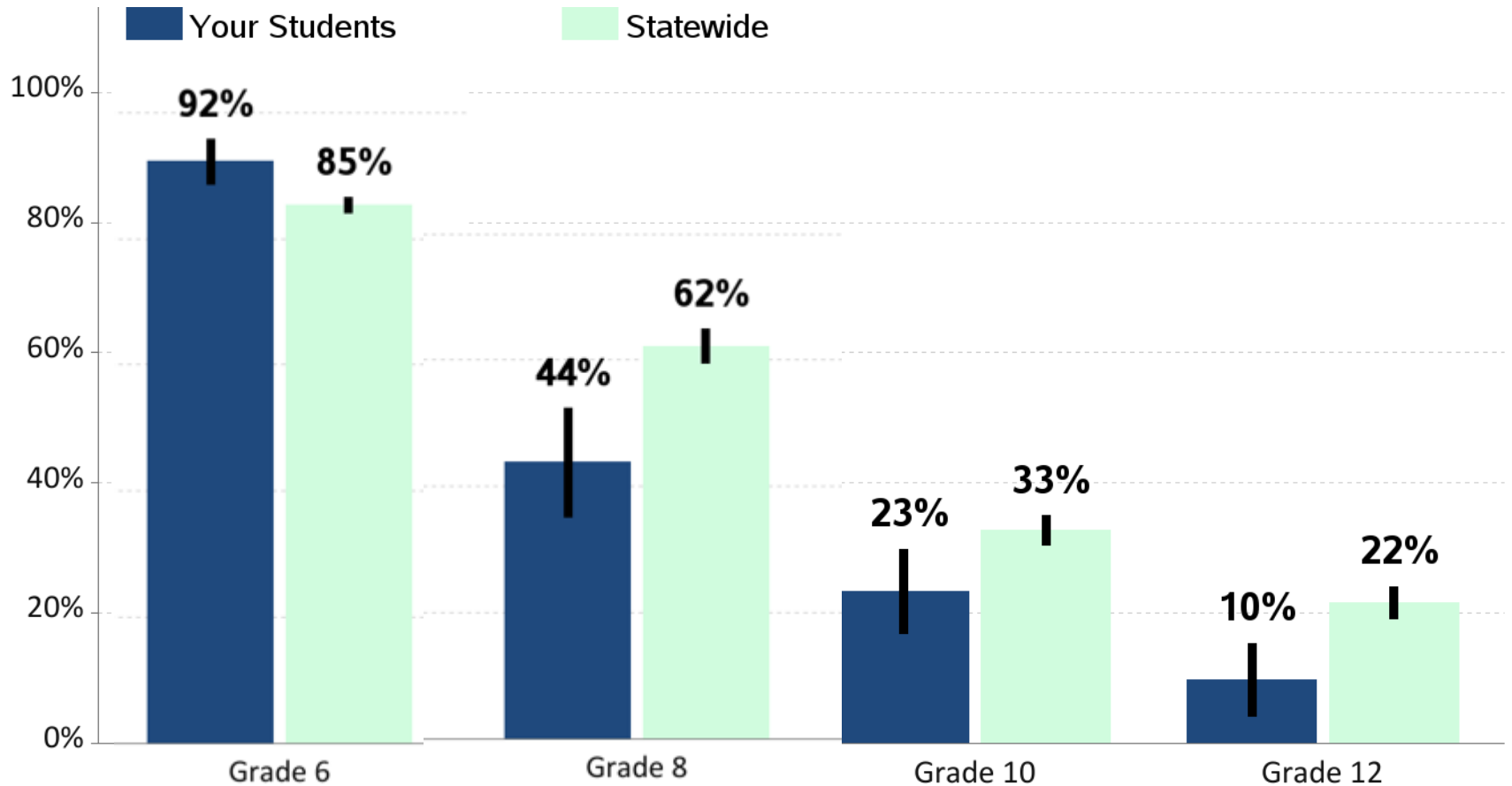
Perceived Availability of Cigarettes

Percent of students who report cigarettes would be "very hard" to get



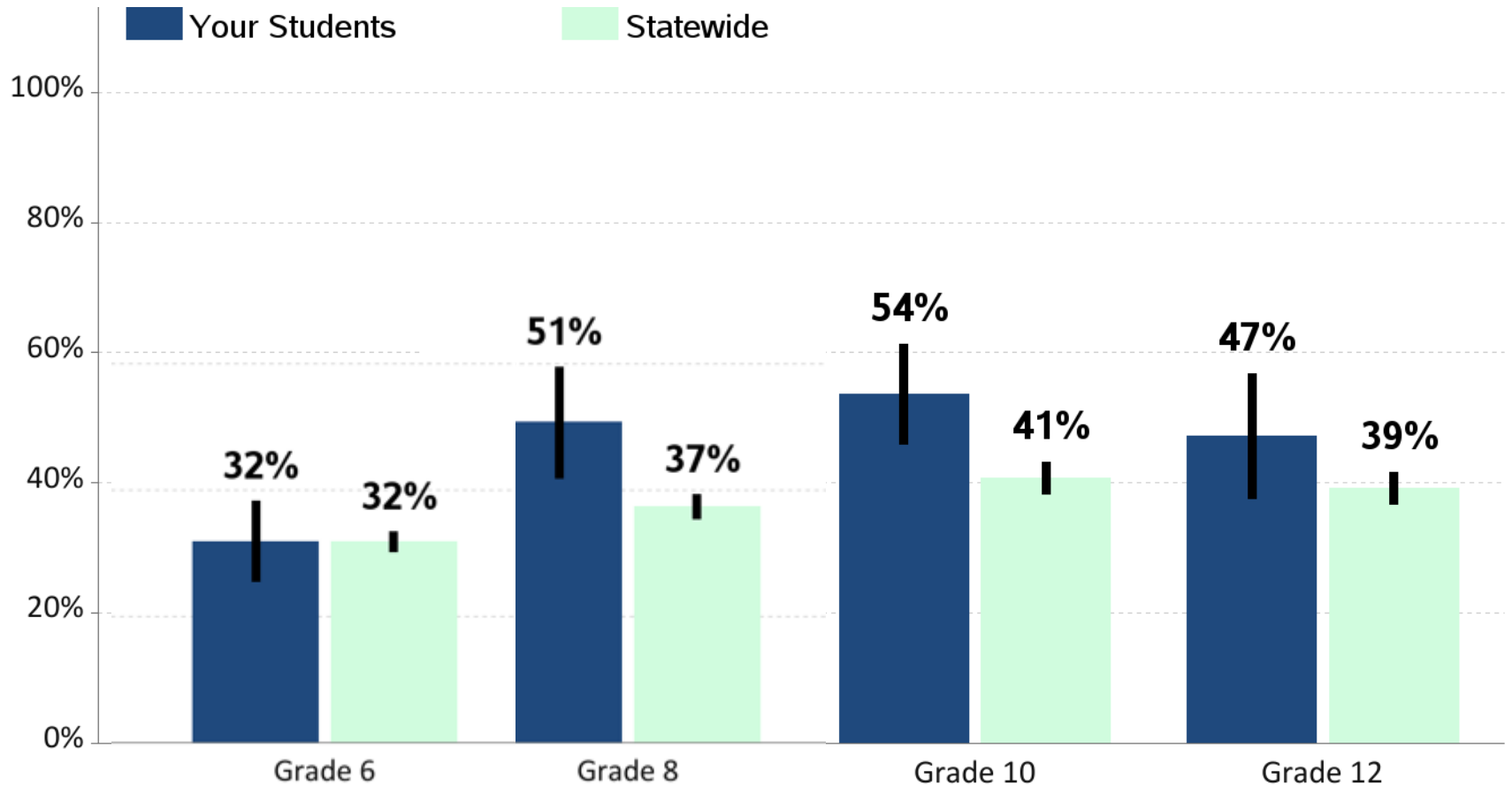
Perceived Availability of Marijuana

Percent of students who report marijuana would be "very hard" to get



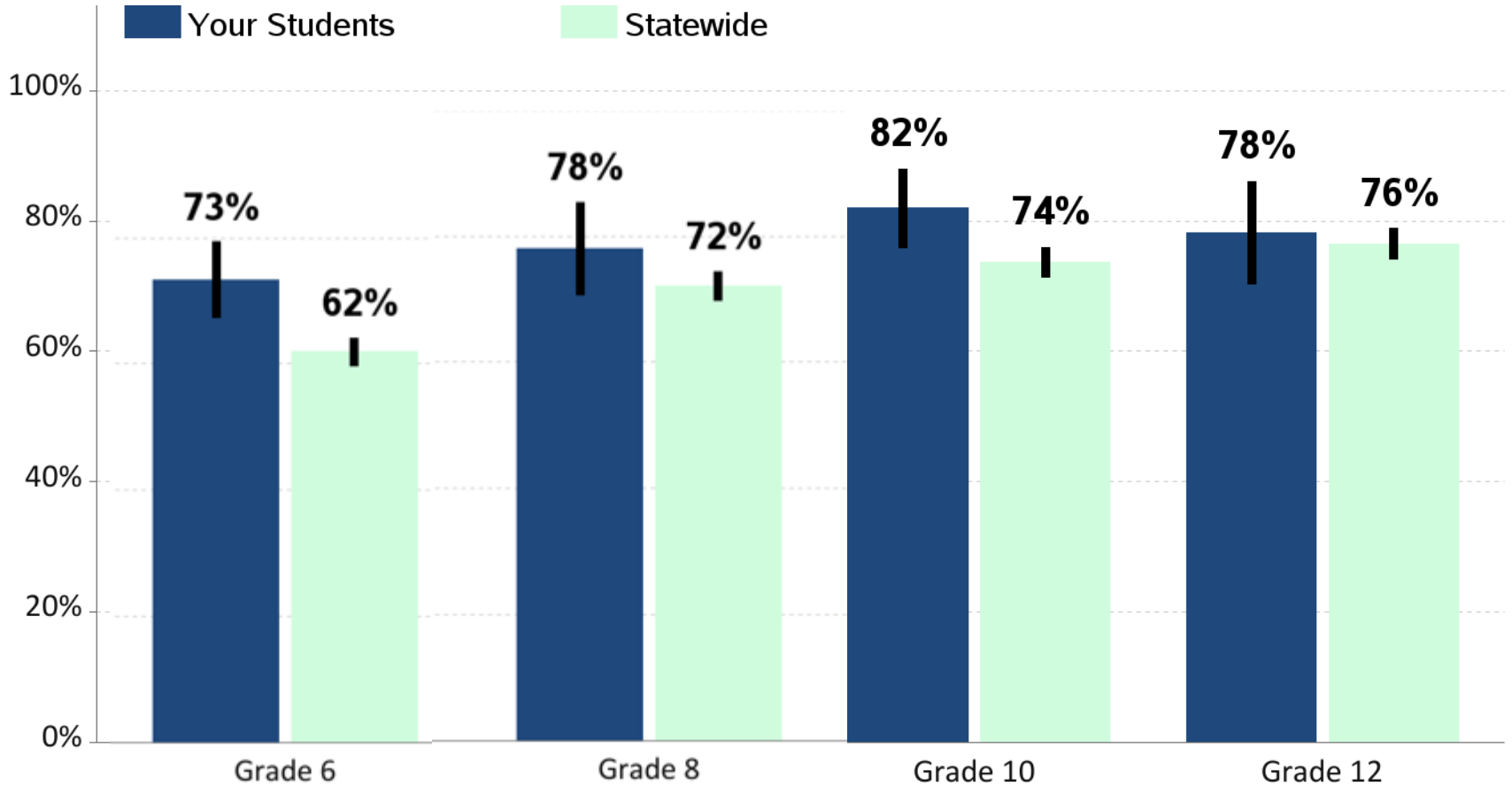
Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily



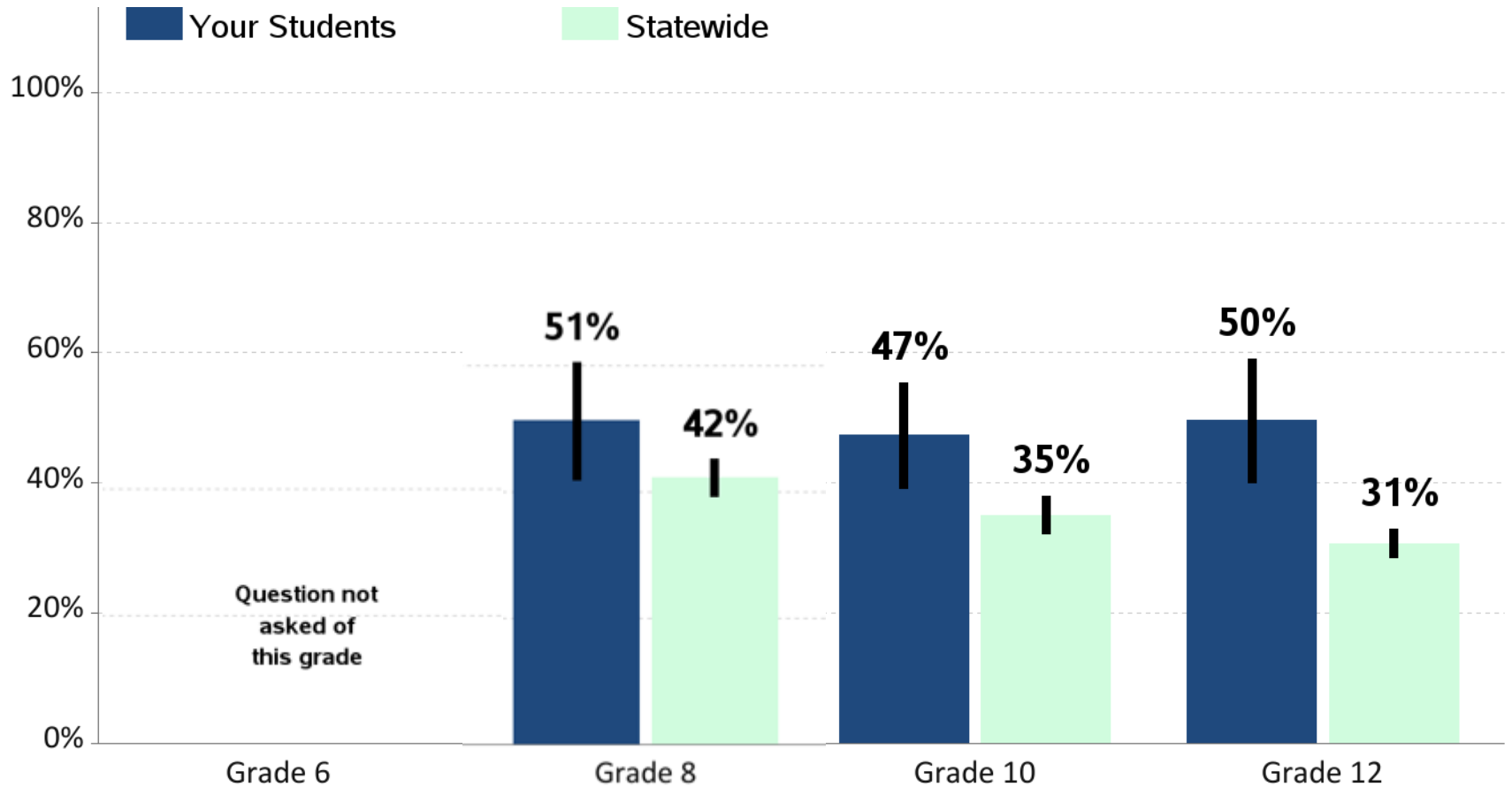
Perceived Risk of Regular Cigarette Smoking

Percent of students who report "great risk" of harm from smoking a pack or more a day



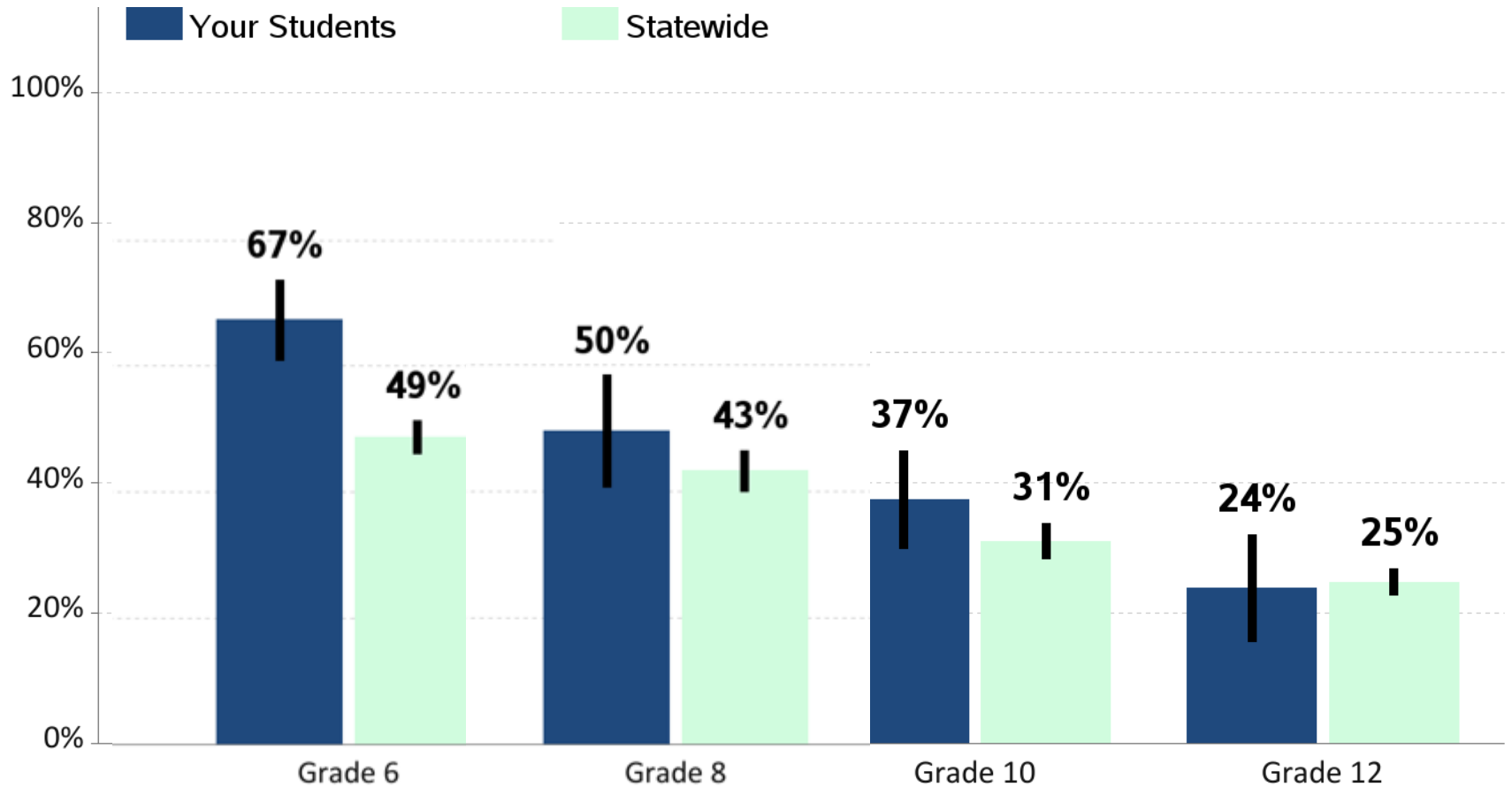
Perceived Risk of E-Cigarette Smoking or Vaping

Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)



Perceived Risk of Regular Marijuana Use

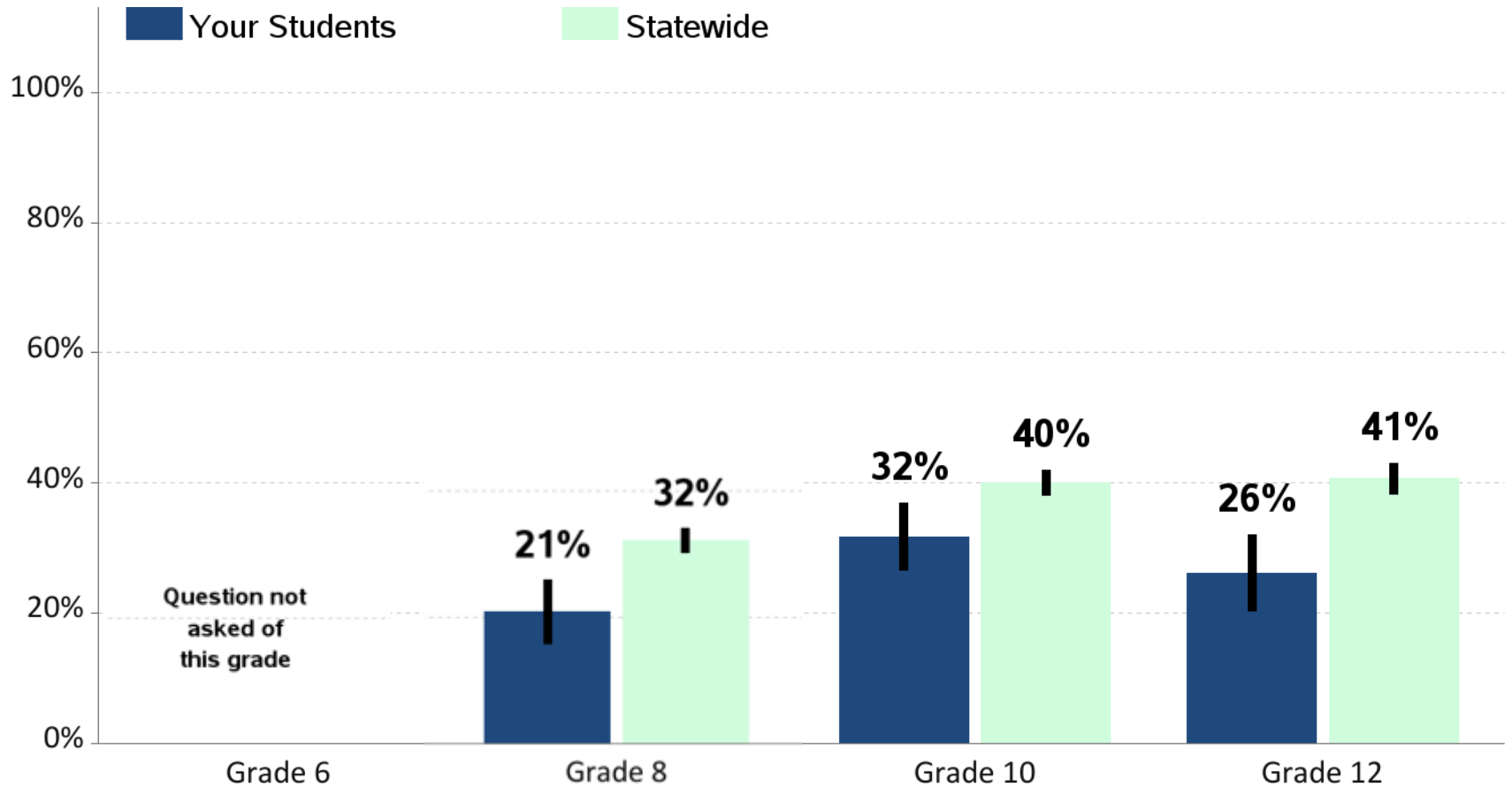
Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



Depression, Anxiety, Self-Harm

Depression

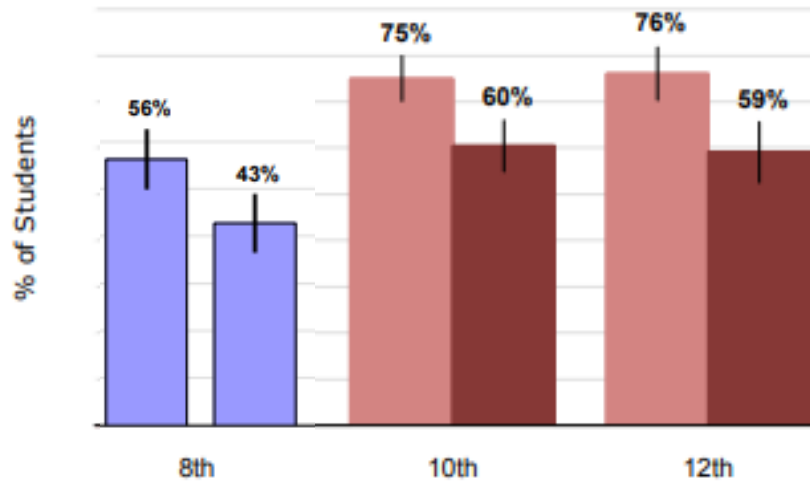
Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



Anxiety- Students who report feeling nervous, anxious or over the edge or not being able to stop or control worrying in the past 2 weeks.

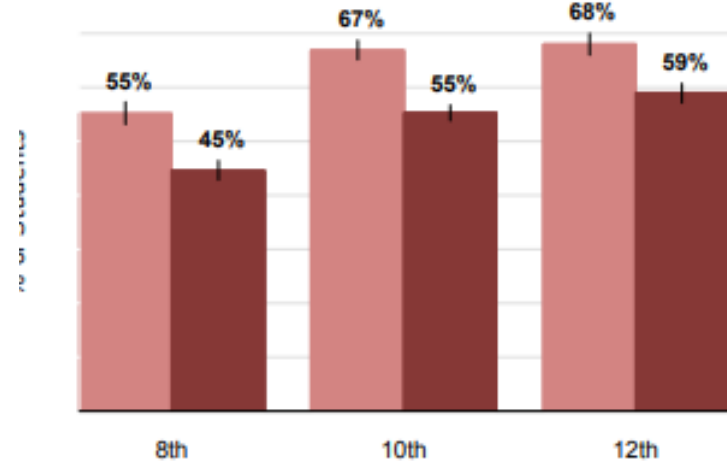
BISD

■ Anxious, nervous or on edge
■ Not able to stop or control worrying



State

■ Anxious, nervous or on edge
■ Not able to stop or control worrying



Anxiety- Students who report feeling nervous, anxious or over the edge or not being able to stop or control worrying in the past 2 weeks.

147. How often over the last 2 weeks, were you bothered by: Feeling nervous, anxious or on edge?

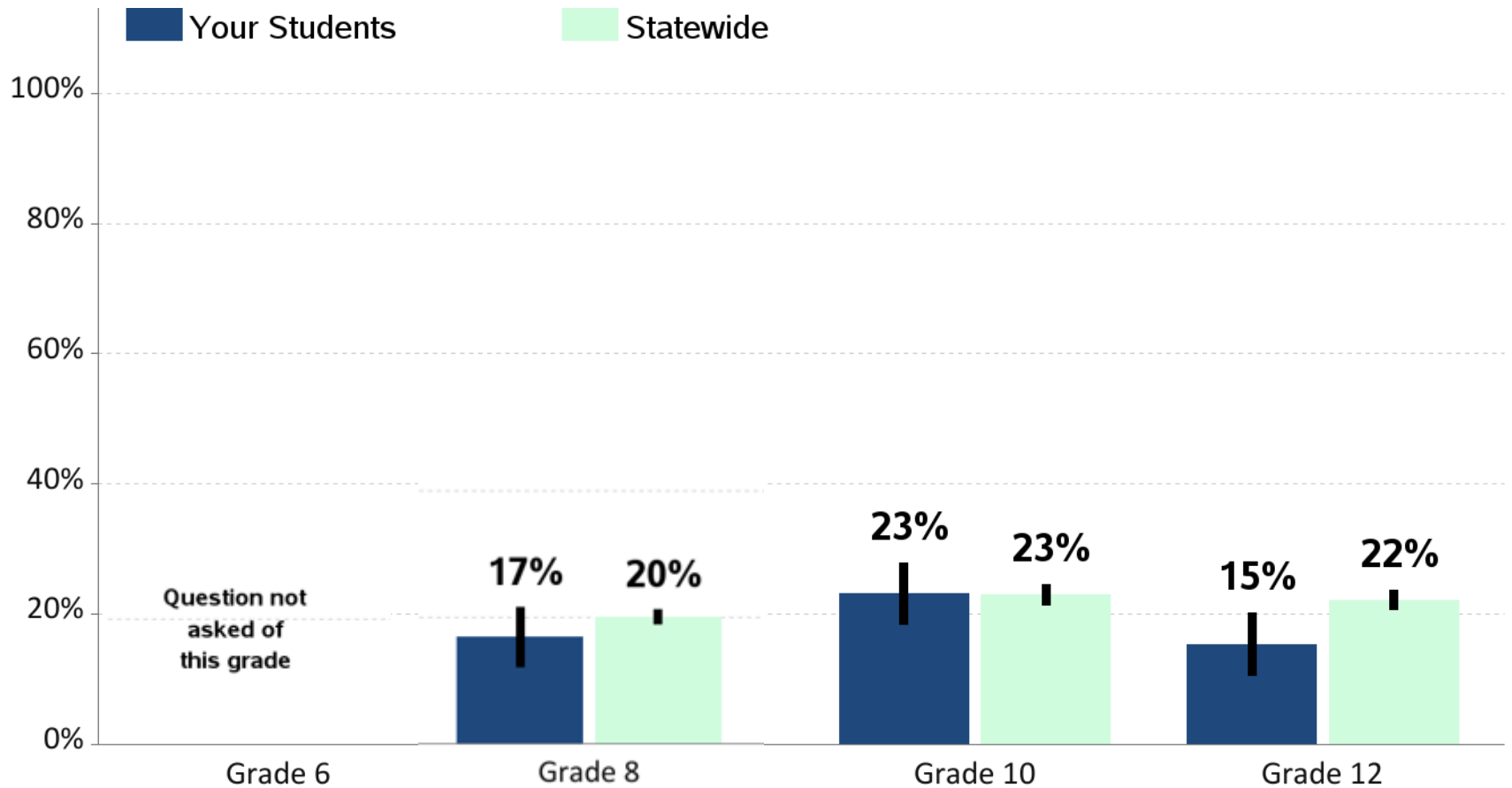
	(n=308)	(n=218)
a. Not at all	25.0% (±4.9)	23.9% (±5.7)
b. Several days	35.4% (±5.4)	39.4% (±6.5)
c. More than half the days	15.3% (±4.0)	11.0% (±4.2)
d. Nearly every day	24.4% (±4.8)	25.7% (±5.8)

148. How often over the last 2 weeks, were you bothered by: Not being able to stop or control worrying?

	(n=306)	(n=220)
a. Not at all	39.5% (±5.5)	40.9% (±6.5)
b. Several days	27.5% (±5.0)	31.4% (±6.2)
c. More than half the days	14.7% (±4.0)	9.5% (±3.9)
d. Nearly every day	18.3% (±4.4)	18.2% (±5.1)

Contemplation of Suicide

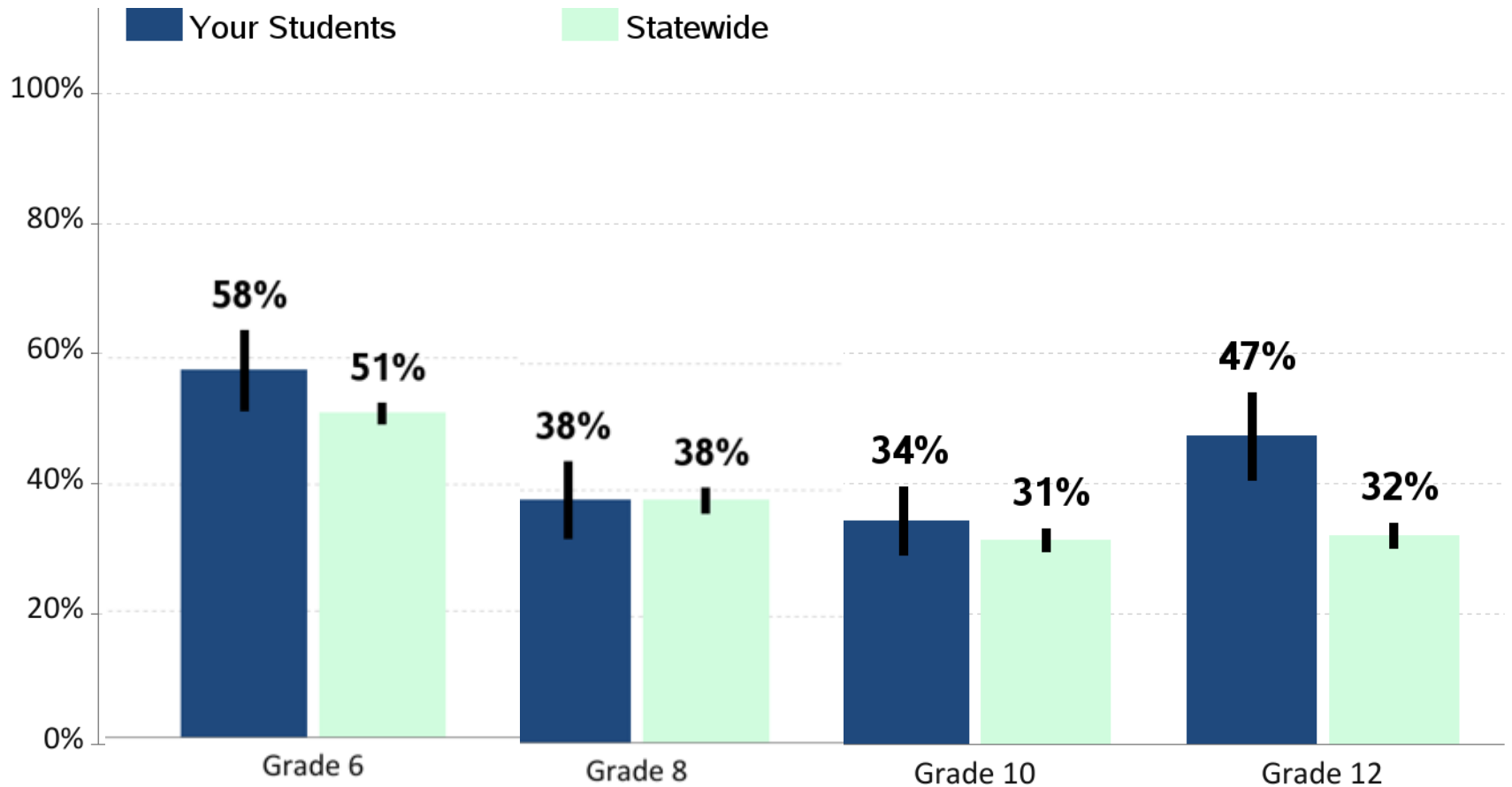
Percent of students who report having seriously considered suicide in the past year



Protective Factors

Enjoyment of School

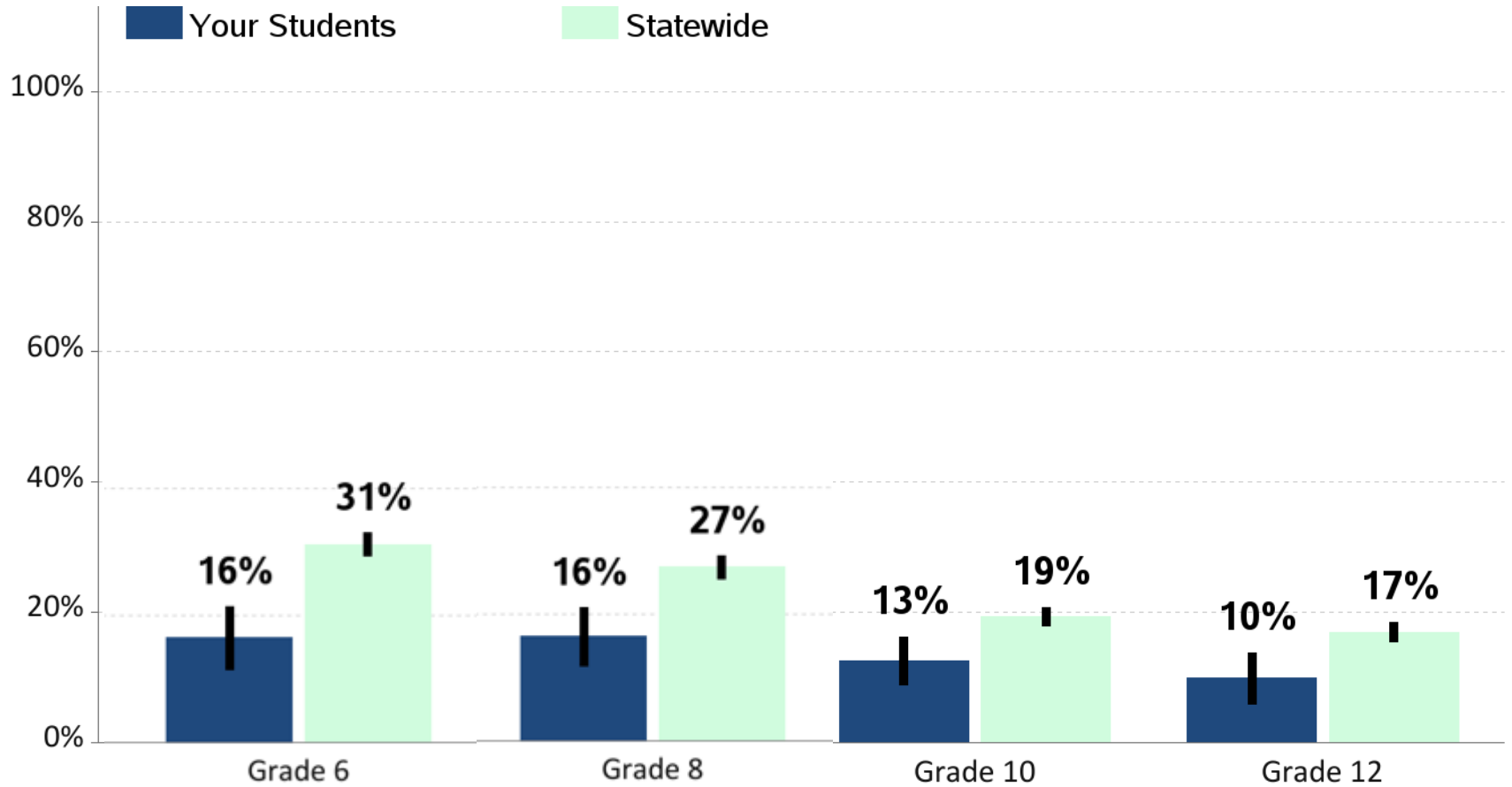
Percent of students who report "often" or "almost always" enjoying being at school in the past year



Bullying

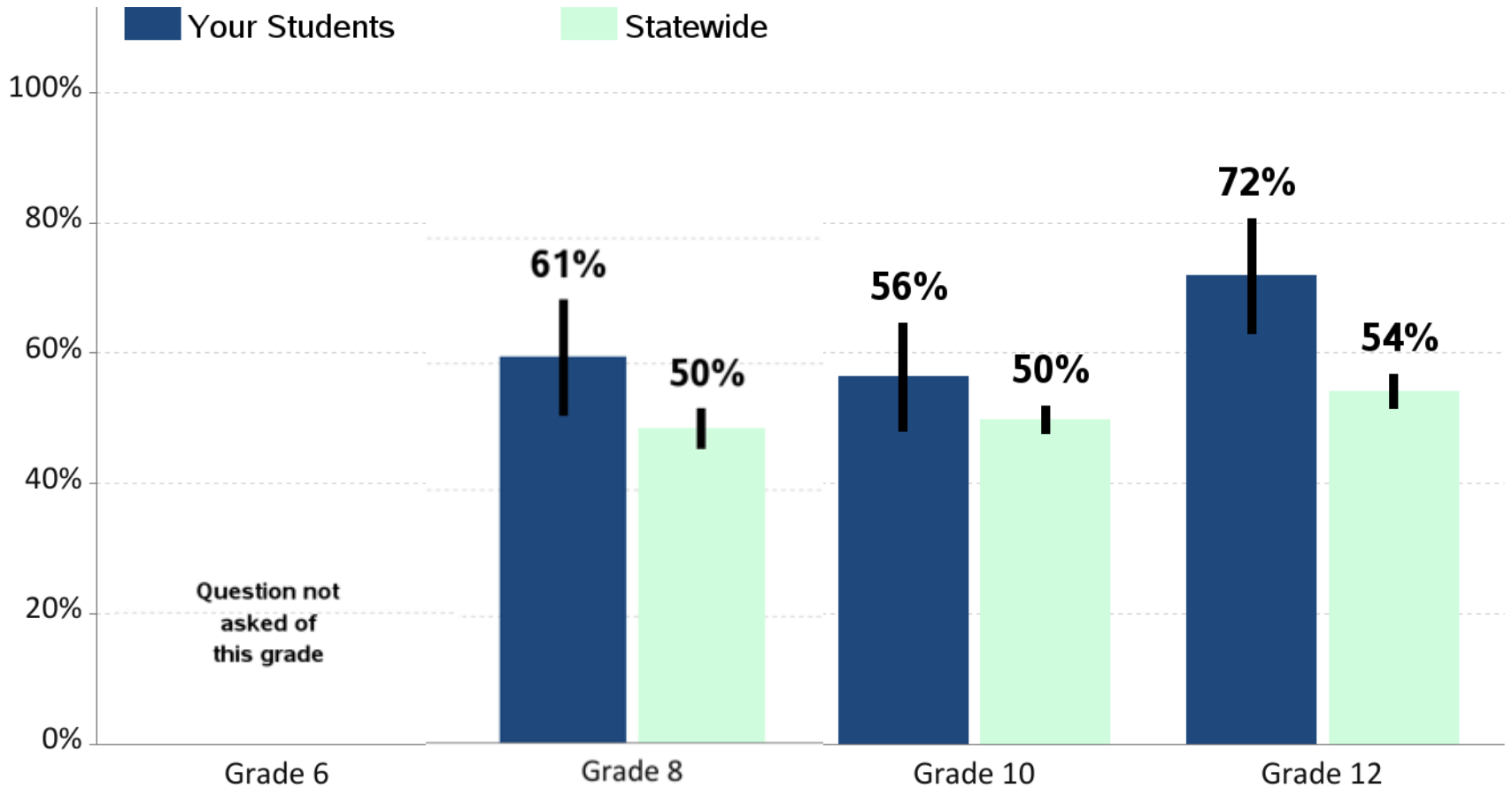
Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.



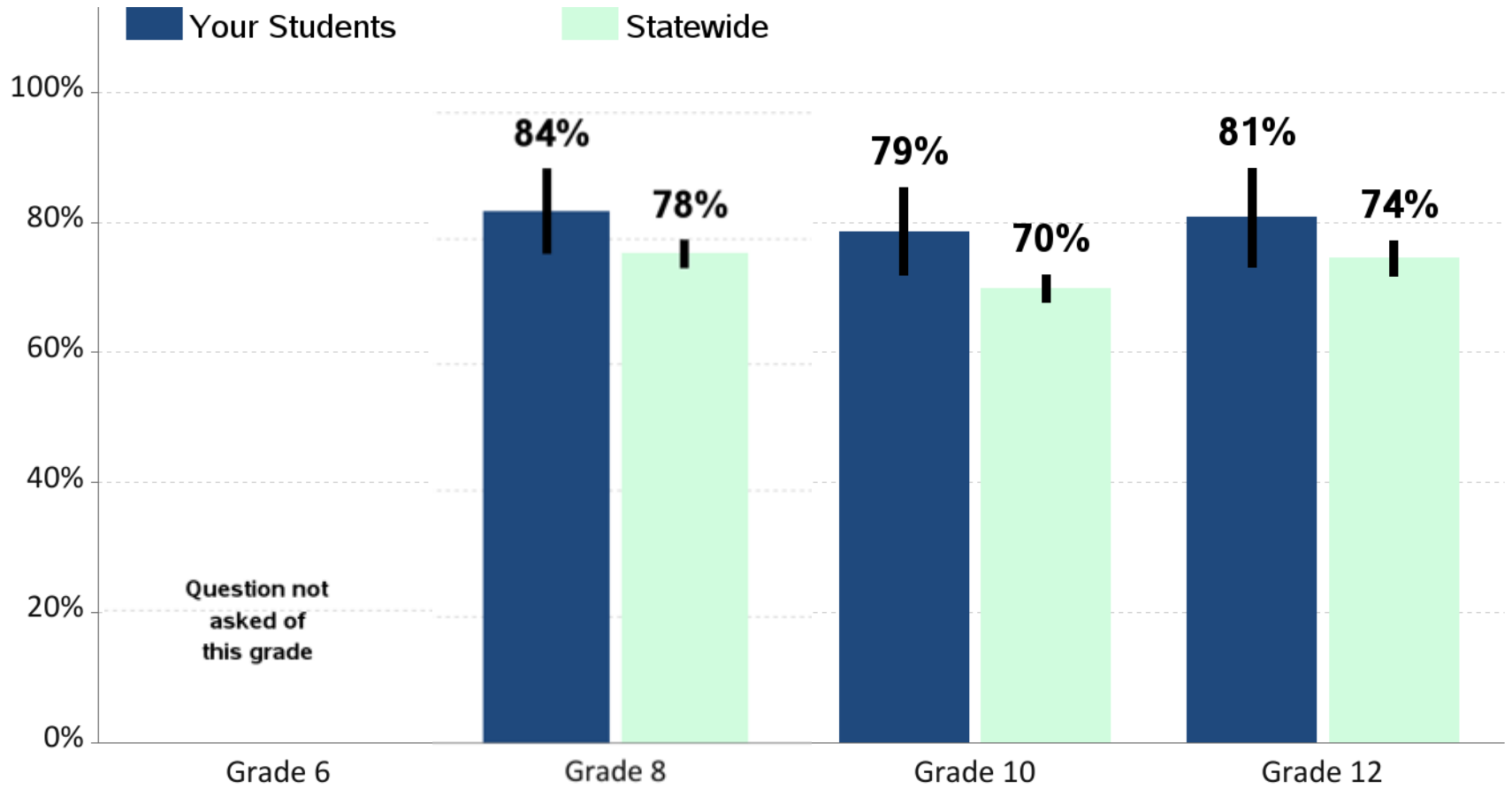
School Tries to Stop Bullying

Percent of students who report teachers or other adults at school “almost always” or “often” try to stop bullying



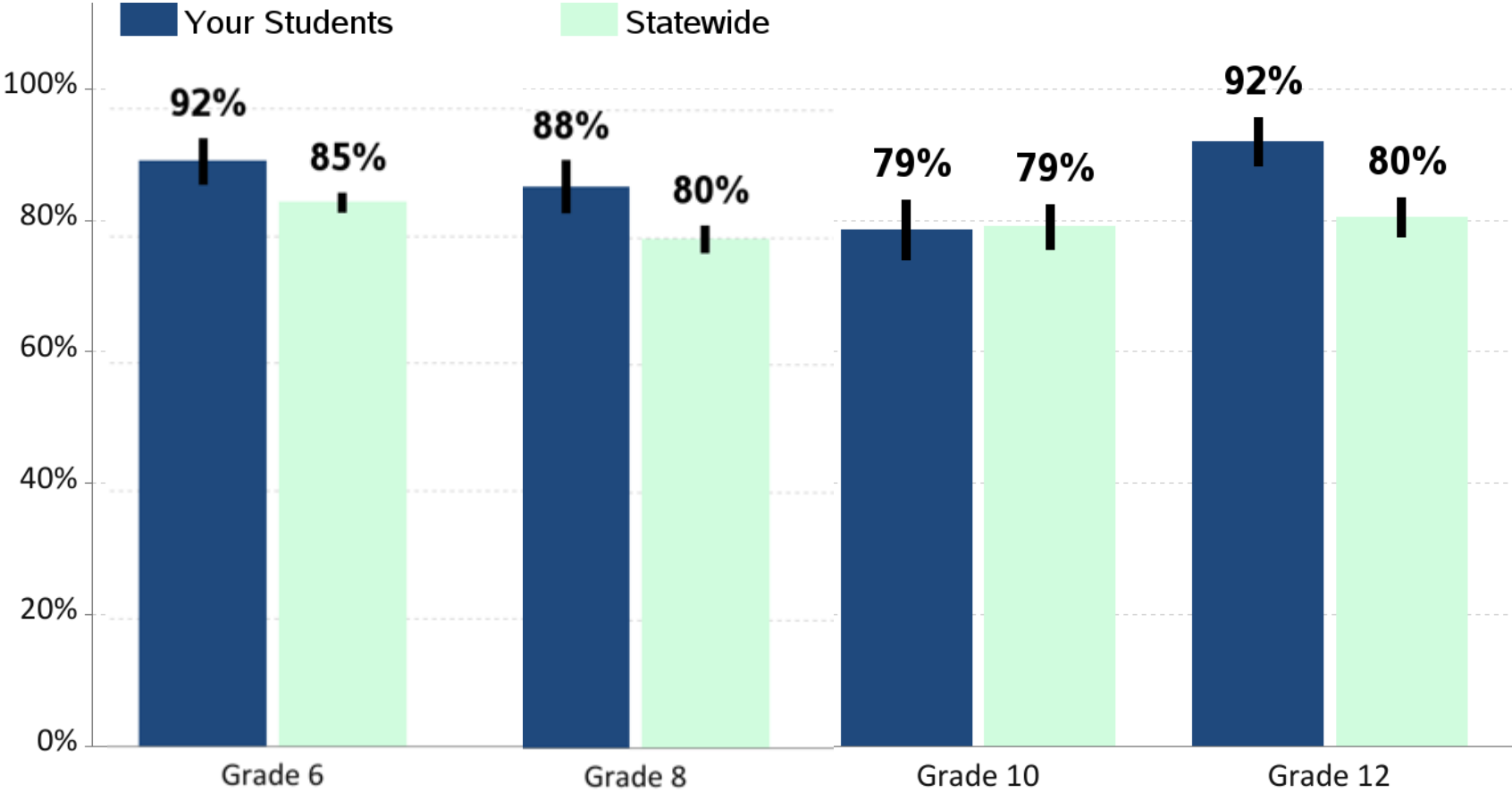
Students Know How to Report Bullying

Percent of students who report they know how to report bullying at school



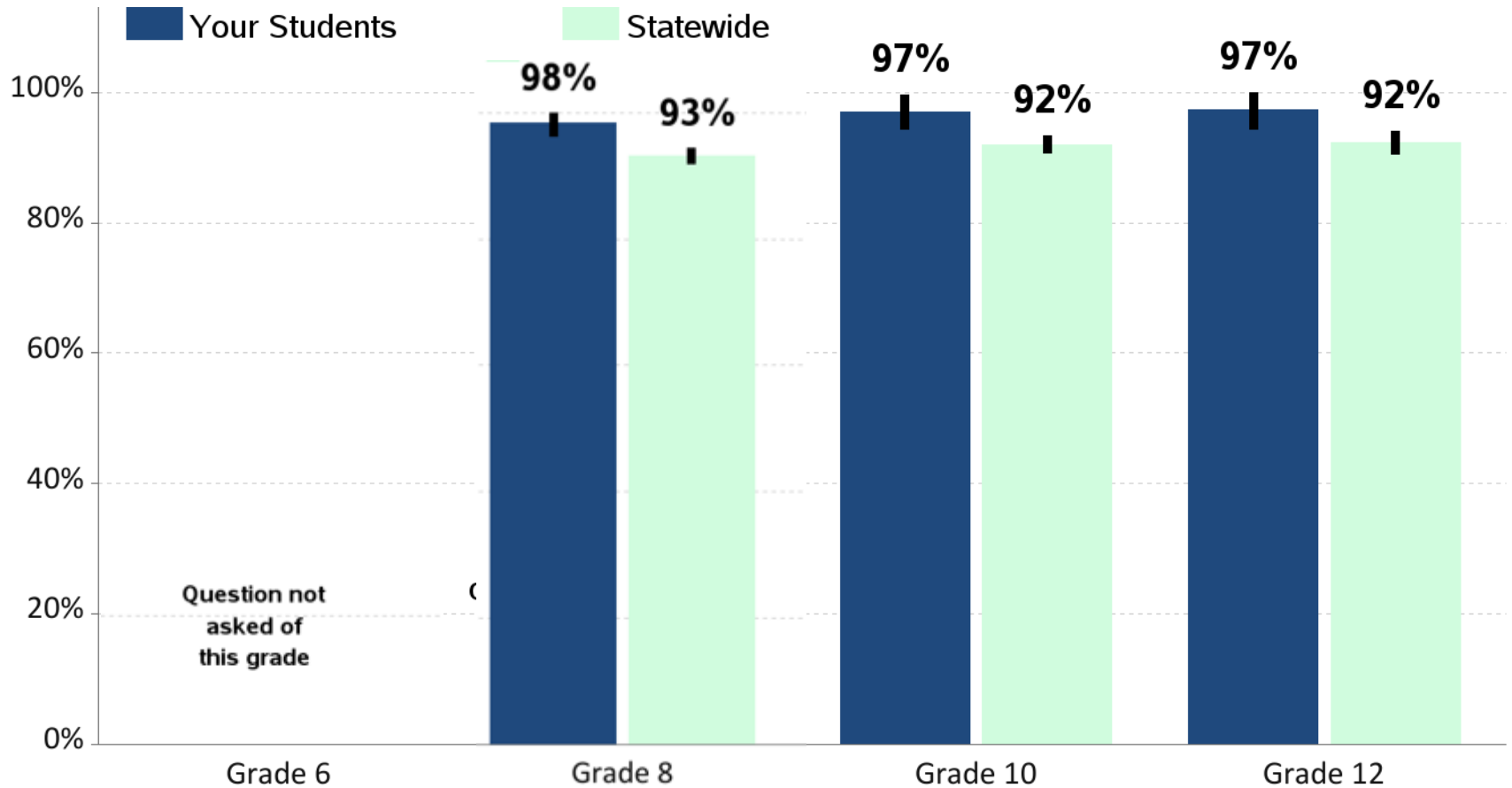
Feeling Safe at School

Percent of students who report that they feel safe at school



Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

