HIB FAQ

QUESTION: How does bullying differ from other forms of conflict?

ANSWER:

Other Conflict/ Fighting *

Friends/equals/peers

Spontaneous/occasional

Accidental/not planned

No serious, lasting harm

Equal emotional reaction

Not for domination/control

Often a sense of remorse

May try to solve problem

Bullying *

Not friends/ Imbalance of power

Repeated over time

Intentional

Physical/emotional harm

Unequal emotional reaction

Seeking control/possession

No remorse-blames target

No effort to solve problem

^{*} Please remember that specifics will vary with each incident.