Start Date: Tuesday September 27th, 2022

Stokoe Elementary School

Running Rockets 2022.23

Dear Parents and Students,

*** ***Please fill out this permission slip and waiver.***

The Running Rockets will meet on Tuesday, Wednesday and Thursday mornings from 8:15-8:40. Parents are welcome to come and run with your child, but must sign in through the office to obtain a visitor's pass for the day. Students who run will be able to earn rewards. The rewards come at 25 mile interval or every 4th punch card completed. At each rewards interval, the student will receive a certificate of recognition at our monthly flag ceremony and will get a prize. This year, we will also be emailing information about running events organized by the city of Riverside. Should you choose to have your family participate in community-sponsored running events, your child will be able to earn running club credit on their punch cards for attending

STUDENT RULES AND EXPECTATIONS:

1. Be on time
2. Attend at least one weekly run.
3. Follow school rules: be respectful of one another, follow directions, and be a good listener

In order to create a positive and enriching experience for all of our students, these rules and expectations must be adhered to by all. Participating in running club is a privilege. Not abiding by these rules may result in removal from running club.

UNIFORM EXPECTATIONS:

Please make sure your child has comfortable clothes and running shoes.

You may want to provide a change of shoes because the field can be wet at times.

If you have questions, feel free to email Mrs. Lopez @ liliana.barcelo@alvordschools.org, Ms. Karzi @ dewa.karzi@alvordschools.org or Ms. Azhar @ khadija.azhar@alvordschools.org

Thank you for supporting your child's health and fitness!
- Mrs. Lopez, Ms. Karzi and Ms. Azhar

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