

# Thoughtshots



A *thoughtshot* is simply what you are thinking and feeling. In a personal narrative, it is your reflections, thoughts, feelings, and opinions. In a third person narrative, it is what your characters are thinking and feeling.

How do I write a thoughtshot?

Pick a place when it makes sense to ask yourself, “What was I thinking or feeling at this moment?”

I felt...

I wondered...

I could not help but thinking...

I wished...

You can also ask, “What do I think and feel about that moment now?”