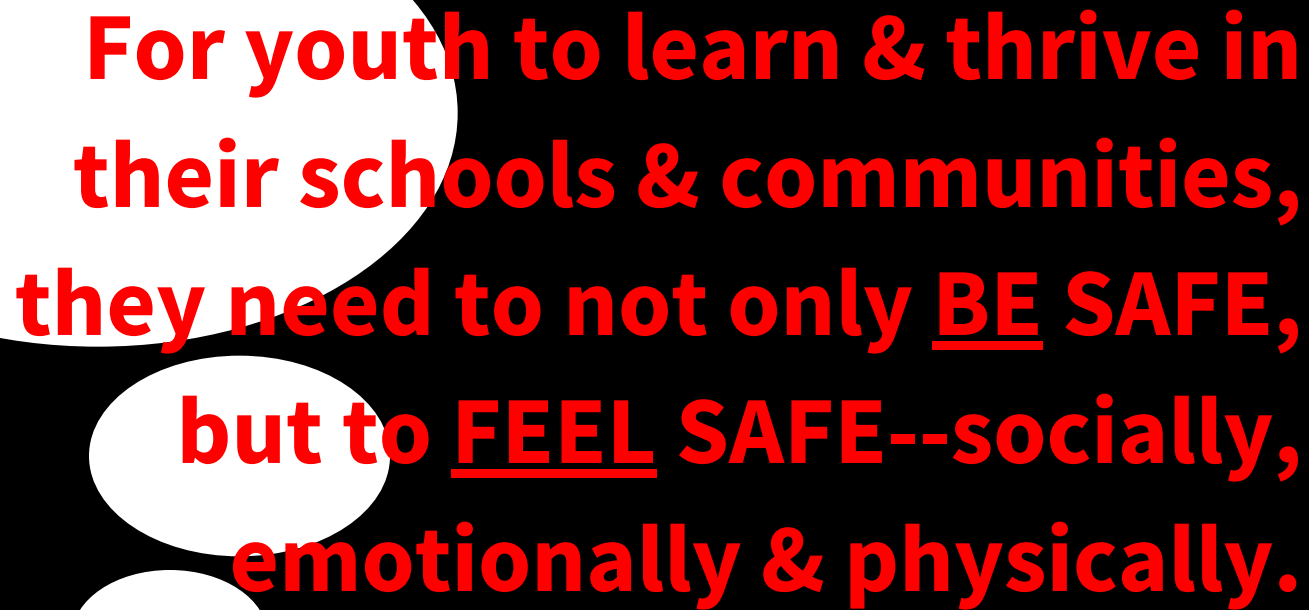


Bullying Prevention and Response

**ADM Community Schools'
focus:**

**“Working to create a social
environment of acceptance
and respecting individual
differences.”**



**For youth to learn & thrive in
their schools & communities,
they need to not only BE SAFE,
but to FEEL SAFE--socially,
emotionally & physically.**

Why does it matter? What can I do?

- <http://www.pacer.org/bullying/video/player.asp?video=68>



ADM MS Culture & Expectations

- ☐ Be inclusive
 - ☐ Involving others and welcoming them to be involved with you or your peer group.
- ☐ Be accepting of differences
- ☐ Be open-minded towards others
- ☐ Be supportive
- ☐ Be growth-minded
 - ☐ We can all work to improve our relationships...



**...but, this it's not always easy to step in.
Even adults struggle with this at times.**



Burger King ran a campaign in 2017 to test how willing people were to step in and to help a HS junior vs. how quickly they stepped forward to save a Whopper Jr. in a role play called “Bullying Junior”. You may be surprised at the response? Or, maybe not?!?

[Bullying Junior](#)

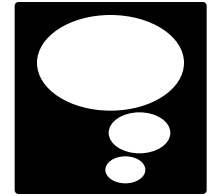


Bullying usually includes an “imbalance of power”

- ❑ Attack or intimidation with the intention to cause fear, distress, or harm that is either:
 - ❑ physical (e.g., hitting, punching), **Boys** are more likely than girls to be physically bullied by their peers.
 - ❑ verbal (e.g., name-calling, teasing), ****Primary means of bullying by both genders.**
 - ❑ psychological/relational (e.g., *pictures, social exclusion); **Girls** are more likely to use social exclusion as a means of bullying others.

****Often these are repeated attacks or intimidation between the same children over time (Farrington & Ttofi, 2010).**

The consequences of bullying



Legal Consequences-Juvenile Court

- Harassment-
 - Having an intent to intimidate, annoy or alarm someone!
- Assault-
 - Intentionally causing pain or injury to another person OR placing another person in fear of offensive physical contact or injury.

School Consequences

- Detention (1 or 2 hr.)
- Saturday School detention(s)
- 1 – 180 days In-school suspension
- 1 – 180 days Out-of-school suspension
- Recommendation to board for expulsion

What can I do to stop this...?



- Tell your parents or other trusted adults. They can help stop the bullying.
- If you are bullied at school, tell your teacher, school counselor, or principal. Telling is not tattling!
- Don't fight back.
- Don't try to bully those who bully you.
- Try not to show anger or fear. Students who bully like to see that they can upset you.
- Calmly tell the student to stop...or say nothing and then walk away.
- Use humor, if this is easy for you to do. (For example, if a student makes fun of your clothing, laugh and say, "Yeah, I think this shirt is kind of funny-looking, too.")

More ways to help yourself



- Try to avoid situations in which bullying is likely to happen. You may want to:
- Avoid areas of the school where there are not many students or teachers around.
- Make sure you aren't alone in the bathroom or locker room.
- Sit near the front of the bus (with friends when possible).
- Leave expensive things and lots of money at home — don't bring them to school.
- Sit with a group of friends at lunch.
- Take a different route through hallways or walk with friends or a teacher to your classes.

From the student perspective...

- <http://www.pacer.org/bullying/video/player.asp?video=69>

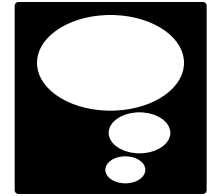


**We need your
help...**

**Please, get an adult
involved. We must know
about the problem in order
to help you!**



****There is a “harassment complaint”
form that you can fill out with your
Counselor, School Resource Officer
or Principal.**



STUDENT HARASSMENT COMPLAINT FORM

Name of complainant: _____

Position of complainant: _____

Date of complaint: _____

Name of alleged harasser: _____

Date and place of incident or incidents: _____

Description of misconduct: _____

Name of witnesses (if any): _____

Evidence of harassment, i.e., letters, photos, etc. (attach evidence if possible):

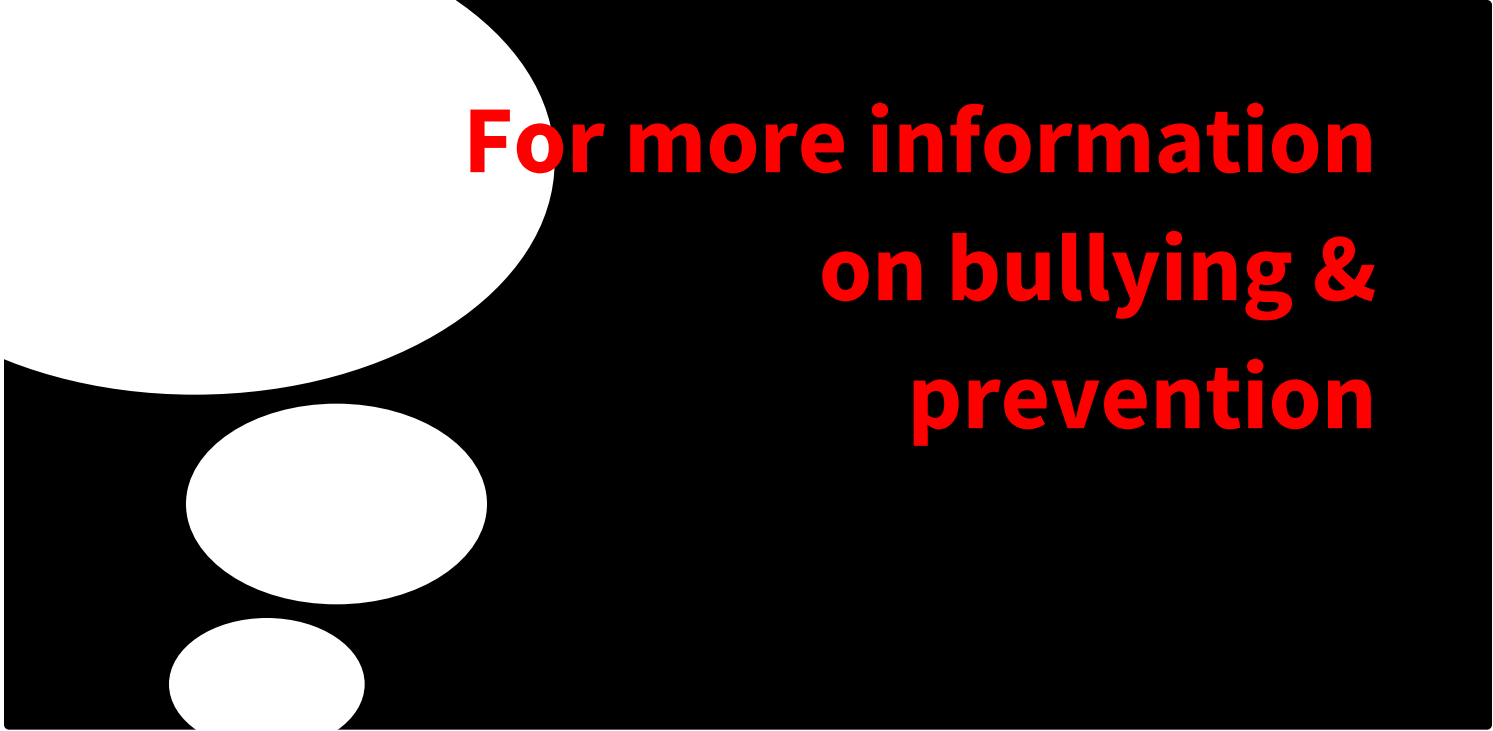
Any other information: _____

I agree that all of the information on this form is accurate and true to the best of my knowledge.

Signature _____

Date _____

Parents—what you can do to help!



**For more information
on bullying &
prevention**

Parents/Guardians

Click [**“What can parents or caregivers do about bullying??”**](#)
for some helpful tips regarding bully prevention.